

# **School Health and Education Partnership**

Longwood University  
July 13-15, 2009



School  
**Health & Education**  
Partnership

Virginia Department of Education  
Office of Student Services

In Collaboration with the Virginia Department of Health

*The School Health and Education Partnership* promotes coordinated school health and the partnership that exists between school health educators and school health providers. This conference provides an opportunity for participants to learn together and support each other's roles in the school setting.

The conference is appropriate for teachers, instructional specialists, administrators, school nurses, health assistants, supervisors of health services, counselors, social workers, parents, community-based educators, and related positions.

**Teaching personnel** will receive a certificate of attendance for teacher recertification through their school divisions.

**Health educators** may apply for Certified Health Education Specialist (CHES) recertification credits. You must attend all sessions IN FULL to receive the 18 CHES Category I recertification credits. Sessions eligible for CHES credits are identified at the end of the session's description.

**School nurses and health care providers** will receive a certificate of attendance. CEUs will be offered for up to 18.5 hours, depending upon course selection and attendance. Participants must attend the entire session to be eligible for credit. The CEU fee of \$10 is payable at the time of check-out. CEUs will not be available after the conference.

CEUs are being offered by the Virginia Association of School Nurses. This continuing nursing education activity was approved by the Virginia Nurses' Association Continuing Education Approval Committee, an accredited approver by the American Nurses

Credentialing Center's Commission on Accreditation.

**All participants must be pre-registered.** There will be no on-site registration. The registration fee of \$85 covers conference materials; dormitory housing in ARC, Wheeler and Frazer Halls, **double** occupancy for three (3) nights; three (3) meals per day on Monday and Tuesday; and breakfast and lunch on Wednesday. Participants who commute or stay off-campus will receive lunch on the days of attendance. The \$85 registration fee applies to partial attendance or off-campus registration as well. A very limited number of private rooms are available at an additional fee. Please be aware the university has passed a tobacco-free policy effective June 1, 2008.

**Conference registration forms should be returned to** Mary Hall, P.O. Box 2120, 20<sup>th</sup> Floor, Richmond, VA 23218-2120, or [Mary.Hall@doe.virginia.gov](mailto:Mary.Hall@doe.virginia.gov) or 804-371-8796 (fax). Early registration (\$85) will be available through May 30, 2009. A \$25 late fee will be assessed for registrations received from May 31 through June 10, 2009. If participants cannot attend and fail to cancel by **June 10, 2009**, the registration fee will not be refunded. Another person may substitute for a participant who is unable to attend. Mary Hall should be notified of substitutions by July 1, 2009.

**Confirmation packets will be e-mailed** by June 15<sup>th</sup>. Please make sure that you provide an accurate and accessible **summer** e-mail address during registration. The campus map, university rules and regulations, and helpful tips for dormitory living will be included in your packet. Class confirmations will be available upon check-in. Check-in hours will

be 3 - 5 p.m. on Sunday, July 12, 2009, in the Lankford Student Center. Please note that dinner on Sunday is on your own. Early check-in for those taking the graduate course will be from Noon - 1 p.m. **We are only able to accommodate those registered for the graduate course at early check-in.**

Please note that Longwood University is not a barrier free environment. If you have any questions about access and/or accommodations, contact the Director of Disabilities Support Services, at 434-395-2392 or 800-828-1120 TT Relay.

Registration questions should be directed to Mary Hall, [Mary.Hall@doe.virginia.gov](mailto:Mary.Hall@doe.virginia.gov) or 804-786-5703.

Programmatic questions should be directed to Tia Campbell, [Tia.Campbell@doe.virginia.gov](mailto:Tia.Campbell@doe.virginia.gov) or 804-786-8671, or Caroline Fuller, [Caroline.Fuller@doe.virginia.gov](mailto:Caroline.Fuller@doe.virginia.gov) or 804-225-2431.

**Three graduate credit hours will be offered through Virginia Commonwealth University based upon participant interest.** The course will be offered Sunday-Tuesday evenings at a cost of \$625.65 for in-state residents and \$2,222.85 for out-of-state residents. Please contact Elaine Kitchen, 804-692-0194, or [Elaine.Kitchen@doe.virginia.gov](mailto:Elaine.Kitchen@doe.virginia.gov) by **May 30, 2009**, to register for the class or for more information. Participants will receive a confirmation number when they register that should be recorded on the attached registration page. Participants will be notified if there is not enough interest to hold the class.

Monday, July 13, 2009

7:30 a.m. – 8:30 a.m.

Breakfast

8:30 a.m. – 9:30 a.m.

General Session

**Keynote Address- Vulnerable Goth Teens: The Role of Schools in this Psychosocial High-risk Culture** - *Carolyn M. Rutledge, Ph.D., CFNP, Associate Professor, School of Nursing, Old Dominion University, Norfolk, VA; and Don Rimer, AA, Retired Detective, Virginia Beach Police Department and International Authority on Ritual Crime and the Occult.*

This session will provide a review of the Goth culture, risk factors for Goth teens, and methods school personnel can use in identifying and addressing the psychosocial needs of this group. A review of statistics in Virginia, case studies, signs to look for, and addressing student situations through a collaborative approach will be included.

**The participant may choose one (1) day-long session or three (3) breakout sessions.**

9:45 a.m. – 5:15 p.m.

Day-Long Sessions

- M01- **Understanding Human Sexuality Today** - *Family Life Education Trainers* - The content of this class will allow the participant to define human sexuality; explore attitudes and values regarding a range of sexuality topics; increase the participants' comfort with teaching about sexuality issues; increase the participants' knowledge of goals and philosophy of sexuality education; identify characteristics of sexually healthy adolescents; and identify age-appropriate classroom content for middle and high school students. *Family Life teachers who have never attended this conference are encouraged to select this class. CHES credits are available.*
- M02- **Preventing HIV** - *Family Life Education Trainers* - The content of this class will allow the participant to formulate a list of ground rules that will facilitate comfortable discussion of HIV/AIDS issues; describe the development of HIV from initial infection to AIDS, including ways HIV is transmitted; identify several behaviors that place adolescents at high risk for contracting HIV; identify their own personal attitudes and beliefs about HIV and discuss how those attitudes might affect their teaching styles; list four key content areas for teaching about HIV; and correctly identify behaviors that are low risk, high risk, and no risk for contracting HIV. **CHES credits are available.**
- M03- **Preventing Sexual Violence** - *Family Life Education Trainers* - The content of this class will allow the participant to state the incidence of sexual violence among girls and boys; describe the impact of sexual violence on a young person's sexual and psychological development; list at least two educational messages that promote the prevention of sexual violence; and identify five facts about sexual violence. **CHES credits are available.**
- M04- **Family Life and Special Education** - *Darrel Lang - Day One* - This highly interactive workshop considers as top priority the need to include special education students in human sexuality education programs. The workshop focuses on both the myths and misconceptions about students with disabilities as it relates to human sexuality education, as well as the history of exclusion and neglect that they have faced on this important topic. (This is a two day session offered Monday and Tuesday. *Participants must attend both days in order to receive continuing education credit.*) **CHES credits are available.**

9:45 a.m. – 11:45 a.m.

Breakout Sessions

- M05- **Marketing for School Nurses** - *Session Sponsored and Presented by the School Nurse Institute Partnership (SNIP)* - In the educational setting, the role of the school nurse is often not well understood. This session will help the school nurse to understand what she/he has to market, identify an area of need, identify allies and outline a plan of action. A panel of school nurses will share their experiences and lessons learned when advocating for school health programs and resources. This session is limited to 32 participants.
- M06- **Navigating the Legislative Information System** – *Tia Campbell, RN, MSN, NCSN, Virginia Department of Education* – This interactive session will be held in the computer lab so that participants can navigate the system to find laws and regulations that guide school health practice in Virginia. This session is limited to 45 participants.
- M07- **Student Assistance Programs** – *Jo Ann Burkholder – Safe and Drug-Free Schools Specialist, Virginia Department of Education* – The broad goals of Student Assistance Programs are to reduce affiliated students' behavioral and disciplinary violations and substance use habits, while improving school attendance and academic performance through referral to appropriate services.

- M08- **How Current Events Might Impact Normal Mental Health Development** – *Wayne Barry, Ed.D., Division of Special Education and Student Services, Virginia Department of Education* – Current events, such as unemployment, underemployment and job loss have a trickle down effect on students. This session will offer a rich discussion of what school personnel might expect to see in regard to student behavior changes, how the coordinated school health approach can be utilized to meet the needs of students and families, and appropriate community resources to suggest for families in need.
- M09- **Working with the Virginia Diabetes Medical Management Plan** - *Pamala Suter, RD, Children’s Hospital of the King’s Daughters; Linda Lawrence, RN, Hampton City Schools; Barbara Robinson, RN, Chesapeake Public Schools; Fran Gray, RN, Portsmouth Public Schools; Janice White, RN, Suffolk Public Schools* - Get a first-hand look at the newly adopted statewide diabetes form. This form and protocol were developed by school nurses, endocrinologists, diabetes educators, and other diabetes stakeholders and approved by the Virginia Diabetes Council as the official, recommended state form.
- M10- **Class Action--** *Bill Kincaid, Director of Virginia Rules Class Action Program* - Get information on a law related education program which teaches how Virginia law can affect students and how the basic system of laws works in our Commonwealth.

Noon – 1 p.m.

Lunch

1:15 p.m. – 3 p.m.

Breakout Sessions

- M11- **Child Abuse** – *Speaker TBD* - Teachers and nurses are mandatory reporters of suspected child abuse. This session will familiarize the participant with the legal statute requiring reporting, signs and symptoms of abuse and neglect, and the appropriate steps for reporting suspicions based upon the law and school division policy.
- M12- **Case Management & Care Plans** – *Sandy Shortridge, RN, MSN, FNPC, School Health Coordinator, Tazewell County Public Schools* – This session is geared to school nurses who are responsible for coordinating the health care services of students with medical needs during the school day. In addition, tips on writing individualized health care plans will be shared.
- M13- **The Role of School Personnel in Identifying Risk Factors for Students Dropping Out of School** - *Vivian Stith-Williams, Ph.D., Virginia Department of Education* - Participants will identify and discuss risk factors that contribute to students being at risk for dropping out of school. Strategies for student engagement that will contribute to student success will be discussed.
- M14- **Seizure Training for School Personnel (Part 1)** - *Kathy O’Hara, RN, Clinical Research Nurse, Comprehensive Epilepsy Institute, Virginia Commonwealth of Virginia* - This two-part session will prepare the participant to use the *Seizure Training for School Personnel* curriculum, developed by the Epilepsy Foundation and the National Association of School Nurses, to provide standardized education on seizure management in the school setting.
- M15- **Sickle Cell Disease and How it Might be Addressed in the School Setting** – *Jene Radcliffe-Shipman, BS, BSW, Program Manager, Virginia Sickle Cell Awareness Program, Virginia Department of Health* - Similar to other children with chronic illness, children with sickle cell disease are at increased risk for school absenteeism related to their illness. Unexpected episodes of pain, increased risk for stroke, and chronic anemia are just a sample of the factors complicating school performance. This workshop will give you a closer look at the physical and psychosocial complications of sickle cell disease and how they might be addressed in the school setting.
- M16- **Update from the Board of Nursing** – *Jay Douglas, RN, MSM, CSAC, Executive Director, Virginia Board of Nursing* - This session will provide the licensed nurse with an update on nursing practice, resources for practice, and the opportunity to ask questions about topics, such as scope of practice, nursing assessment, nursing supervision and delegation.
- M17- **Evaluating Family Life Teachers** – *Bonnie Conner-Gray* - This session will provide information on the characteristics and competencies needed to be a Family Life Teacher.

3:15 p.m. – 5 p.m.

Breakout Sessions

- M18- **Game On: The Ultimate Wellness Challenge** – *Jill Henderson, RD, LD, Southeast United Dairy Industry Association, Inc.* - This interactive session will prepare the participant to use the tool developed by the National Action for Kids to develop nutrition lessons, after-school activities, and back-to-school night games to combat the obesity issues faced by Americans today.

- M19- **Providing an Effective Health Care Response to Teen Dating Violence** – *Laurie Crawford, MPA, Medical Outreach Coordinator, Virginia Department of Health* - Dating violence is a critical health issue for adolescents. According to the Centers for Disease Control and Prevention, one in five high school girls has been physically or sexually abused by a dating partner. This session will provide participants with strategies for identifying, assessing, managing, and referring teens experiencing dating violence.
- M20- **Seizure Training for School Personnel Part 2** (Continuation of M14)
- M21- **What You Need to Know About Changes Affecting the FAMIS Programs** - *Beth Valdrighi, Marketing and Outreach Liaison for the FAMIS Program, Department of Medical Assistance Services* - The Child Health Insurance Program Reauthorization Act (CHIPRA) was signed into law by President Obama on February 4, 2009. The new legislation includes some important changes that affect the FAMIS, FAMIS Plus (children's Medicaid) and FAMIS MOMS programs. This presentation will help to explain what those changes are and how they directly impact Virginia.
- M22- **The Role of School Personnel in Identifying Risk Factors for Students Dropping Out of School** - (Repeat of M13)
- M23- **Using Technology in your FLE class: It is Easier Than You Think** - *Jeri Lloyd, M.S., Family Life Education Specialist, Loudoun County Public Schools* - Participants will explore the use of Promethean Boards as a tool for teaching FLE.
- M24- **Sickle Cell Disease and How it Might be Addressed in the School Setting** (Repeat of M15)

5:30 p.m. – 6:30 p.m.

Dinner

7:00 p.m.

Reception - Virginia Association of School Nurses

7:00 p.m. - 9:00 p.m.

Pool Open- Willett Hall

Tuesday, July 14, 2009

7:30 a.m. – 8:30 a.m.

Breakfast

8:30 a.m. – Noon and resuming from 3:00 p.m. – 5:30 p.m.

Day-Long Sessions

- T01- **Understanding Human Sexuality Today** (Repeat of M01) **CHES credits are available.**
- T02- **Family Life Education: The Early Years** – *Family Life Education Trainers* - The content of this class will allow the participant to identify at what age they can expect common behaviors related to sexuality development to emerge; develop a draft FLE lesson plan for children in elementary or middle school; name five facts related to young students' physical and emotional development; and process students' questions so as to take advantage of each teachable moment. **CHES credits are available.**
- T03- **Practicing Effective Teaching Strategies in Sexuality Education** - *Family Life Education Trainers* - The content of this class will allow the participant to list five characteristics of effective sexuality/FLE education programs; describe four strategies for creating a psychologically safe and comfortable learning environment in the classroom; distinguish between effective and ineffective teaching methods for sexuality/FLE education; and demonstrate increased comfort in answering sensitive/difficult questions. **CHES credits are available.**
- T04- **Dealing with Teen Pregnancy: A Focus on Fatherhood** - *Family Life Education Trainers* - The content of this class will allow the participant to list three or more factors that discourage involvement of young fathers with their children; understand that children benefit from increased involvement with their fathers; identify their personal attitudes and beliefs about young mothers and fathers; list five components of a programmatic approach for increasing responsible fatherhood; and list four program services that young parents need in order to be successful. **CHES credits are available.**
- T05- **Family Life Education and Special Education** - *Darrel Lang* - **Day two** - (This is a two day session offered Tuesday and Wednesday. Participants must attend both days in order to receive continuing education credit.) **CHES credits are available.**
- T06- **I'm a School Nurse - Now What?** - *Tia Campbell, RN, MSN, NCSN, School Health Specialist, VDOE; Janet Wright, RN, BSN, School Age Health Specialist, VDH; Patricia Amann, Ed.D., Division of Teacher Education and Licensure, Virginia Department of Education* - Topics of discussion will include school entrance requirements, special education basics, confidentiality, documentation and the scope and standards of school nursing practice. This class is a must for new school nurses!

- T07- **School Nurse Coordinators: Everything You Need to Know to Run a Comprehensive School Health Program** - *Gwen Smith, RN, MSN, Retired School Health Specialist, VDOE* - What is the role of the School Nurse Coordinator? What type of program do you have? What resources are available to set up and run a comprehensive school health program? Topics of discussion will include leadership, budgeting, and supervision and evaluation of school health employees. This class is a must for new school nurse coordinators!
- T08- **National Certified School Nurse Exam Preparation Course** - *Norma Bergey, RN, BSN, NCSN, Chesapeake Public Schools*- Certification in a specialty area of nursing provides professional recognition and personal satisfaction. This voluntary credential is formal recognition of a school nurse's qualifications. This course will provide the school nurse interested in sitting for the certification exam with skills to successfully take the test. This session is limited to 20 participants.
- T09- **Demonstrating the Value of School Nurses: How School Nurses Can Make an Impact** - *Martha Dewey Bergren, DNS, RN, NCSN, FNASN, Director of Research, National Association of School Nurses* - School nurses work very hard to ensure children are healthy and successful. Making a difference and translating what we do into evidence is not always easy. This interactive session will provide skills to ensure the best student outcomes and demonstrate the value of school nurses.
- T10- **Physical Assessment (Respiratory, Gastrointestinal, Neurological, & Musculoskeletal)** - *Lynn Goodloe, RN, MSN, VCU Health Systems, Division of Neurology; Elizebeth Morse, RN, CPNP, Department of Juvenile Justice, Mary Claire Ikenberry, RN, MS, VCU Health Systems, Division of Orthopedics; Nancy Thompson, MS, RN, CPNP, IBCLC, VCU Health Systems, Division of Pediatric Surgery* - Excellent physical assessment skills are needed for school nurses to meet the health care needs of students. This four-part, interactive session will review the respiratory, gastrointestinal, neurological, & musculoskeletal systems and common ailments that are presented in the school clinic. **Participants must bring their own stethoscope.** This session is limited to 60 participants.
- T11- **Welcome Back: Facilitating the School Experience for Childhood Cancer Survivors** - *Session provided by the Leukemia & Lymphoma Society, Virginia Chapter and VCU Pediatric Hematology/Oncology Hospital Education Program* - *Debra Abney, Patient Service Manager, Leukemia & Lymphoma Society, Richmond Chapter; Alma Morgan, M.Ed., Matt Bitsko, Ph.D., Gita Massey, MD, Robyn Dillon, LCSW, and Anne Mauck, PNP all of VCU Pediatric Hematology/Oncology Hospital Education Program* - Participants will explore the treatment and side effects of childhood cancers and the physical, cognitive, and emotional challenges that childhood cancer survivors face. Resources that support schools and strategies to help meet the students' short- and long-term educational needs will be addressed.
- T12- **School Health Advisory Boards and Staff Wellness** - *Speakers to be announced.* Participants will learn about local practices from a panel of School Health Advisory Members. **CHES credits are available.**
- T13- **Teen Dating Violence Curriculum Showcase** - This session will provide an introduction and training on five separate curricula that address teen dating violence issues. The curriculum focuses on helping youth recognize the difference between healthy, caring, and supportive relationships, and controlling, manipulative, and abusive dating relationships. Participants will receive a CD with a sample of the curricula, videos, and activities available electronically.

Noon – 3 p.m.

Resource Fair

Sponsored by the Virginia Association of School Nurses  
Lankford Student Center

5 p.m. – 6 p.m.

Dinner

6:30 p.m. – 8:30 p.m.

Resource Fair Continues

Wednesday, July 15, 2009

7:30 a.m. – 8:30 a.m.

Breakfast

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## ALL SCHOOL NURSES WILL BE ASSIGNED TO GENERAL SESSIONS

8:30 a.m. – 10:30 a.m.

General Session for School Nurses

**School Nurses Making a Difference: Do You Believe It?** - *Linda Wolfe, RN, MEd, NCSN, FNASN, NASN Past President* - The scope of practice of a school nurse is often not well understood. School nurses can become recognized as vital resources, once they recognize their own unique contributions to student success and find ways to quantify them. Developing standardized data sets and using common nomenclature positions nurses to be powerful change agents.

10:45 a.m. – 11:45 a.m.

General Session for School Nurses

**Nursing Practice Update** - *Bethany Geldmaker, PNP, Ph.D., Division of Child and Adolescent Health, Virginia Department of Health* - What's new in nursing? Do you know the latest trends? Are you still using outdated practices? Participants will receive a snapshot of "best practice" issues for nursing practice.

1:15 p.m. – 3:15 p.m.

General Session for School Nurses

**School Nurses Making a Difference: Can You Prove It?** - *Linda Wolfe, RN, M.Ed., NCSN, FNASN, NASN Past President* - As a member of the school team, school nurses are challenged to translate health data and analyze student information in a meaningful way for educators. School nurses believe that students with access to a full-time school nurse benefit both educationally and medically. Knowing what data sets we have, and what ones we need, positions nurses to objectively demonstrate student progress that complements test scores and graduation rates.

## Other participants may choose one (1) day-long session or two (2) breakout sessions.

8:30 a.m. – 3:15 p.m.

Day-Long Sessions

- W01- **Strengthening Parent Involvement in Family Life Education** - *Family Life Education Trainers* - The content of this class will allow the participant to identify their current attitudes toward parents as sexuality educators; state positive and respectful attitudes toward parents; identify three concerns that parents commonly express about sexuality education; express increased comfort about communicating with parents about sexuality education; describe an activity to assist parents in communicating with their children about sexuality issues; and identify at least three strategies parents can use to increase communication about sexuality with their children. **CHES credits are available.**
- W02- **Preventing Sexual Behaviors, Drug Use and HIV Infection** - *Family Life Education Trainers* - The content of this class will allow the participant to list at least three facts associated with alcohol and drug use and the risk of HIV infection; identify and explain how several drug-related behaviors place adolescents at high risk for contracting HIV infection; identify and recognize their own personal attitudes and beliefs about drugs and HIV infection; identify and explain how risk behaviors are associated with sexual behaviors; identify at least five preventive behaviors and how they can lower one's risk of contracting or spreading a sexually transmitted disease; and increase their readiness and skills to teach about alcohol and drug use and HIV infection. **CHES credits are available.**
- W03- **Managing Sensitive Issues** - *Family Life Education Trainers* - The content of this class will allow the participant to list issues or concerns deemed to be sensitive for classroom discussion; increase their willingness to analyze and formulate personal views on "sensitive" topics and to increase their comfort in teaching about these issues in the classroom; identify their perceptions of how their attitudes and beliefs might affect teaching styles; recognize the importance of addressing these "sensitive" issues in the classroom; effectively answer three or more questions about "sensitive" issues; and remain nonjudgmental in discussing different values and beliefs. **CHES are credits available.**

8:30 a.m. – Noon

Breakout Sessions

- W04- **Using the School Health Index** – *Fran Anthony Meyer, Ph.D., CHES, Educational Consultant* - Learn how educators, health services staff, parents, and community members can collaboratively create a healthier and safer school by using CDC's School Health Index (SHI) to stimulate change in schools! This workshop will include activities to practice skills to implement the SHI. **CHES credits are available.**
- W05- **Girls In Real Life Situations (G.I.R.L.S)** – *Erima Fobbs, MPH & Shannon Wright, B.S. Health Education* - In today's society, girls are often forced to grow up too quickly. Unfortunately, girls often begin struggling with issues relating to self-esteem, friendship, decision making, and isolation beginning in elementary school. Girls in Real-Life Situations (G.I.R.L.S.) is a proactive approach, developed by Julia Taylor, that is designed to give girls an opportunity to feel empowered, gain self-awareness, develop positive coping mechanisms, improve daily problem-solving skills, feel connected with other girls, and make healthy decisions as they grow.

Noon – 1 p.m.

Lunch

1:15 p.m. – 3:15 p.m.

Breakout Sessions

- W06- **Dealing with Difficult People** - *Dr. Muriel Azria- Evans, Ph.D., CFLE, Consultant* - This session will identify and describe several "difficult" personality types. The best ways to react to difficult personalities will be discussed with special attention given to practical techniques to use in a work environment.
- W07- **Safe Routes to School in Virginia** - *Stephanie Smith and Sarah Weisiger* - Learn about the amazing health benefits of simply walking and biking to school. Find out how to make "active transportation" to school work in your community.

## CLOSING SESSION

3:30 p.m. – 4:30 p.m.

General Session for All Participants

**Teens, Dating, and Respect** - *Robert Franklin, MS, Division of Injury and Violence Prevention, Virginia Department of Health* – This closing session will highlight the Choose Respect initiative. Choose Respect is designed to encourage positive action on the part of adolescents to form healthy, respectful relationships. The goals of Choose Respect are to provide effective messages for adolescents, parents, caregivers and teachers that encourage them to choose to treat themselves and others with respect, create opportunities for adolescents and parents to learn about positive relationship behaviors, and to increase adolescents' ability to recognize and prevent unhealthy, violent relationships. **CHES credits are available.**

4:30 p.m.

Adjourn

Evaluation Collection/ Certificate Distribution/ Check-out

Lankford Student Center

# School Health and Education Partnership

## July 13-15, 2009

Completed forms should be mailed to the address at the end of the registration form.

### I. General Information

Clearly type all information EXACTLY as you wish it to appear on your meeting badge.

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First Name	MI	Last Name	Degree
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Organization/School (As you would like it listed on your name badge.)

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Address

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City	State/Province	Zip	Daytime Telephone
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This address is:    Home    Business

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Summer E-mail Address (**Make sure this is an address you can access after June 15<sup>th</sup>**)

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Confirm Summer E-mail Address

Do you require special accommodations to fully participate in the meeting?    No    Yes (If yes, please list details of your special needs.) \_\_\_\_\_

### II. Employment Status

Select the option that best characterizes your position:

School Nurse                      Family Life Teacher                      School Health Educator

Division FLE Supervisor              Community Health Educator

Other (please explain): \_\_\_\_\_

### III. Registration Fees and Lodging

**Note: Longwood University has passed a tobacco-free policy, effective June 1, 2008.**

I will attend (check all that apply):    Monday    Tuesday    Wednesday

Choose one of the following registration options:

	Early Bird, before May 30, 2009	Late registration, May 31-June 10, 2009
On-campus, <b>DOUBLE occupancy</b> rooms (includes 3 meals Monday and Tuesday and breakfast and lunch only on Wednesday)  <b>Preferred Roommate:</b> <hr/>	\$85.00	\$110.00
On-campus, <b>SINGLE occupancy</b> room (includes 3 meals Monday and Tuesday and breakfast and lunch only on Wednesday). <i>Very limited quantity.</i> First-come, first-served. <b>(Please contact Mary Hall, 804-786-5703 for availability before choosing this option)</b>	\$85.00 plus \$36.00 per night	\$110.00 plus \$36.00 per night
Off-campus (includes lunch only each day. Participant is responsible for arranging/payment of off-campus lodging.)	\$85.00	\$110.00

#### IV. Continuing Credit Information

**Check all that apply:**    Nursing CEUs                    CHES                    Teacher recertification points

## V. Training Sessions

Please select your training session choices. If you are a first-time Family Life Education participant you must attend the *Understanding Human Sexuality Today* Workshop. **Spaces are limited.** Please type 1 for your first choice and 2 for your alternate choice *for each session.*

### Monday July 13, 2009

**The participant may choose one (1) day-long session or three (3) breakout sessions.**

9:45 a.m. – 5:15 p.m. Choose One Day-Long Sessions

- M01- **Understanding Human Sexuality Today**
- M02- **Preventing HIV**
- M03- **Preventing Sexual Violence**
- M04- **Family Life and Special Education - Day one - Participants must attend both days in order to receive continuing education credit.**

If you did not choose an all day session, please choose a breakout session in each time frame.

9:45 a.m. – 11:45 a.m. Breakout Sessions

- M05- **Marketing for School Nurses**
- M06- **Navigating the Legislative Information System**
- M07- **Student Assistance Programs**
- M08- **How Current Events Impact Normal Mental Health Development**
- M09- **Working with the Virginia Diabetes Medical Management Plan**
- M10 - **Class Action**

1:15 p.m. – 3 p.m. Breakout Sessions

- M11- **Child Abuse**
- M12- **Case Management & Care Plans**
- M13- **The Role of School Personnel in Identifying Risk Factors for Students Dropping Out of School**
- M14- **Seizure Training for School Personnel (Part 1)**
- M15- **Sickle Cell Disease and How it Might be Addressed in the School Setting**
- M16- **Update from the Board of Nursing**
- M17- **Evaluating Family Life Teachers**

3:15 p.m. – 5 p.m. Breakout Sessions

- M18- **Game On: the Ultimate Wellness Challenge**
- M19- **Providing an Effective Health Care Response to Teen Dating Violence**
- M20- **Seizure Training for School Personnel Part 2 (Continuation of M14)**
- M21- **What You Need to Know About Changes Affecting the FAMIS Programs**
- M22- **The Role of School Personnel in Identifying Risk Factors for Students Dropping Out of School - (Repeat of M13)**
- M23- **Using Technology in your FLE class: It is Easier Than You Think**
- M24- **Sickle Cell Disease and How it Might be Addressed in the School Setting (Repeat of M15)**

## Tuesday, July 14, 2009

**The participant may choose one (1) day-long session**

- \_\_\_\_\_ T01- **Understanding Human Sexuality Today** (Repeat of M01)
- \_\_\_\_\_ T02- **Family Life Education: The Early Years**
- \_\_\_\_\_ T03- **Practicing Effective Teaching Strategies in Sexuality Education**
- \_\_\_\_\_ T04- **Dealing with Teen Pregnancy: A Focus on Fatherhood**
- \_\_\_\_\_ T05- **Family Life Education and Special Education - Day two - Participants must attend both days in order to receive continuing education credit.**
- \_\_\_\_\_ T06- **I'm a School Nurse - Now What?**
- \_\_\_\_\_ T07- **School Nurse Coordinators: Everything You Need to Know to Run a Comprehensive School Health Program**
- \_\_\_\_\_ T08- **National Certified School Nurse Exam Preparation Course**
- \_\_\_\_\_ T09- **Proving Our Worth as School Nurses: How School Nurses Impact Academic Achievement**
- \_\_\_\_\_ T10- **Physical Assessment (Respiratory, Gastrointestinal, Neurological, & Musculoskeletal)**  
Participants must bring their own stethoscope.
- \_\_\_\_\_ T11- **Welcome Back: Facilitating the School Experience for Childhood Cancer Survivors**
- \_\_\_\_\_ T12- **School Health Advisory Boards and Staff Wellness**
- \_\_\_\_\_ T13- **Teen Dating Violence Curriculum Showcase**

## Wednesday, July 15, 2009

**ALL SCHOOL NURSES WILL BE ASSIGNED TO GENERAL SESSIONS**

(School Nurses Making a Difference: Do You Believe It?, Nursing Practice Update,  
School Nurses Making a Difference: Can You Prove It?)

**Other participants may choose one (1) day-long session or two (2) breakout sessions.**

8:30 a.m. – 3:15 p.m. Day-Long Sessions

- \_\_\_\_\_ W01- **Strengthening Parent Involvement in Family Life Education**
- \_\_\_\_\_ W02- **Preventing Sexual Behaviors, Drug Use and HIV Infection**
- \_\_\_\_\_ W03- **Managing Sensitive Issues**

8:30 a.m. – Noon Breakout Sessions

- \_\_\_\_\_ W04- **Using the School Health Index**
- \_\_\_\_\_ W05- **Girls In Real Life Situations**

1:15 p.m. – 3:15 p.m. Breakout Sessions

- \_\_\_\_\_ W06- **Dealing with Difficult People**
- \_\_\_\_\_ W07- **Safe Routes to School**

## **VI. Graduate Credit**

\_\_\_\_\_ Please list your confirmation number

**Three graduate credit hours will be offered through Virginia Commonwealth University based upon participant interest.** This course will be offered Sunday-Tuesday evenings at a cost of \$625.65 for in-state residents and \$2,222.85 for out-of-state residents. Please contact Elaine Kitchen, 804-692-0194 or [Elaine.Kitchen@doe.virginia.gov](mailto:Elaine.Kitchen@doe.virginia.gov) by **May 30, 2009**, for more information or to register for the class. You will be given a confirmation number to list here on the registration brochure when you register. Participants will be notified if there is not enough interest to hold the class. (Payment for this class will be handled by the course professor. Do not include course fees with your registration fee.)

### **Complete form and mail to:**

**Mary Hall**

**Virginia Department of Education**

**P.O. Box 2120, 20<sup>th</sup> Floor**

**Richmond, VA 23218-2120**

**Your check must accompany your registration form and must be made payable to the *Treasurer of Virginia*. There will be a \$25 return check fee.**

**Please direct program or registration questions to:**

**Caroline Fuller**

**[Caroline.Fuller@doe.virginia.gov](mailto:Caroline.Fuller@doe.virginia.gov)**

**804-225-2431, or**

**Mary Hall**

**[Mary.Hall@doe.virginia.gov](mailto:Mary.Hall@doe.virginia.gov)**

**804-786-5703**