

Examples of Nonfederal Resource Partners for Obtaining, Preparing or Distributing Fruits and Vegetables

- Local farmers may be a source for purchasing fruits and vegetables.
- Local produce companies or grocery stores may be able to supply pre-cut, ready-to-eat fruit and vegetable trays. The program permits purchasing these "value-added" items to save on labor costs and even permits payment of a delivery fee, if necessary.
- Culinary and/or life skills students may be able to assist with the preparation of fruits and vegetables.
- Selected students from each classroom or from the general student body may be able to assist with the distribution of fruits and vegetables.
- Parent/Teacher association volunteers or other school association members may help prepare or distribute fruits and vegetables.

Examples of Nonfederal Resource Partners to Provide Nutrition Education

- Virginia Cooperative Extension Agents may be able to provide nutrition education lessons, gardening activities or assist with the presentation of nutrition education topics.
- Local dietitians may be able to provide nutrition lessons to classrooms.
- Local fruit and vegetable bureaus, e.g., Apple Marketing Board, may be able to assist in providing classroom presentations, assemblies and education materials.
- Local farmers may be able to provide classroom presentations, gardening activities, tours, etc.
- Local produce companies or grocery stores may provide guest speakers or chefs, education materials, classroom discussions, assemblies, etc.
- Peers can provide effective nutrition messages. Students may take turns broadcasting announcements via closed circuit TV about the nutrition benefits and history of the fruit or vegetable of the day while the fruit/vegetable snack is being distributed.
- Local chefs or other culinary professionals may be willing to volunteer to do a cooking demonstration or lesson.
- Classroom teachers and instructional support staff may be able to develop and present nutrition education topics that support and correlate with grade level appropriate subject matter.