



CACFP At-risk Afterschool Meals: Fueling the Future

21st CCLC Coordinators' Academy
Richmond VA
October 4, 2016





A Threat to the Commonwealth

- 1 in 6 Virginia children struggle with hunger
- Hunger hurts our educational outcomes
- Hunger hurts our economic competitiveness
- Hunger **hurts**

Good News: There are solutions

“Utilizing the Commonwealth’s vast resources, we must seek to eliminate childhood hunger.”

– Governor Terry McAuliffe



The Power of Public/Private Partnerships

- First Lady of Virginia, Dorothy McAuliffe, is working with No Kid Hungry to leverage community, state, and federal resources to end child hunger in the Commonwealth
- No Kid Hungry is a campaign led by national anti-hunger organization Share Our Strength

The tools we need to end child hunger are available to us, but we need to INVEST in leveraging these tools to reach more children in need.

Breaking Down Barriers

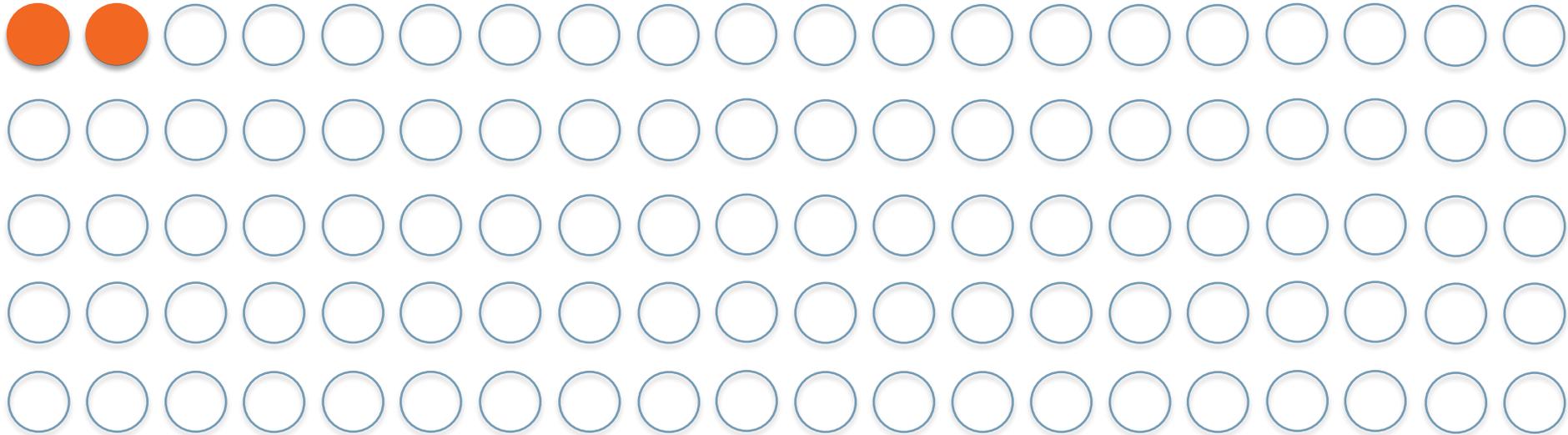
- Virginia No Kid Hungry works with local partners to increase participation in:
 - Breakfast After the Bell
 - Community Eligibility
 - Summer Meals
 - Afterschool Meals



“Kids can’t be hungry to learn if they’re just plain hungry.”

– First Lady of Virginia Dorothy McAuliffe

In Virginia, for every 100 school lunches served to kids in need...



There are just 2 afterschool meals served.

The Need for Afterschool Meals

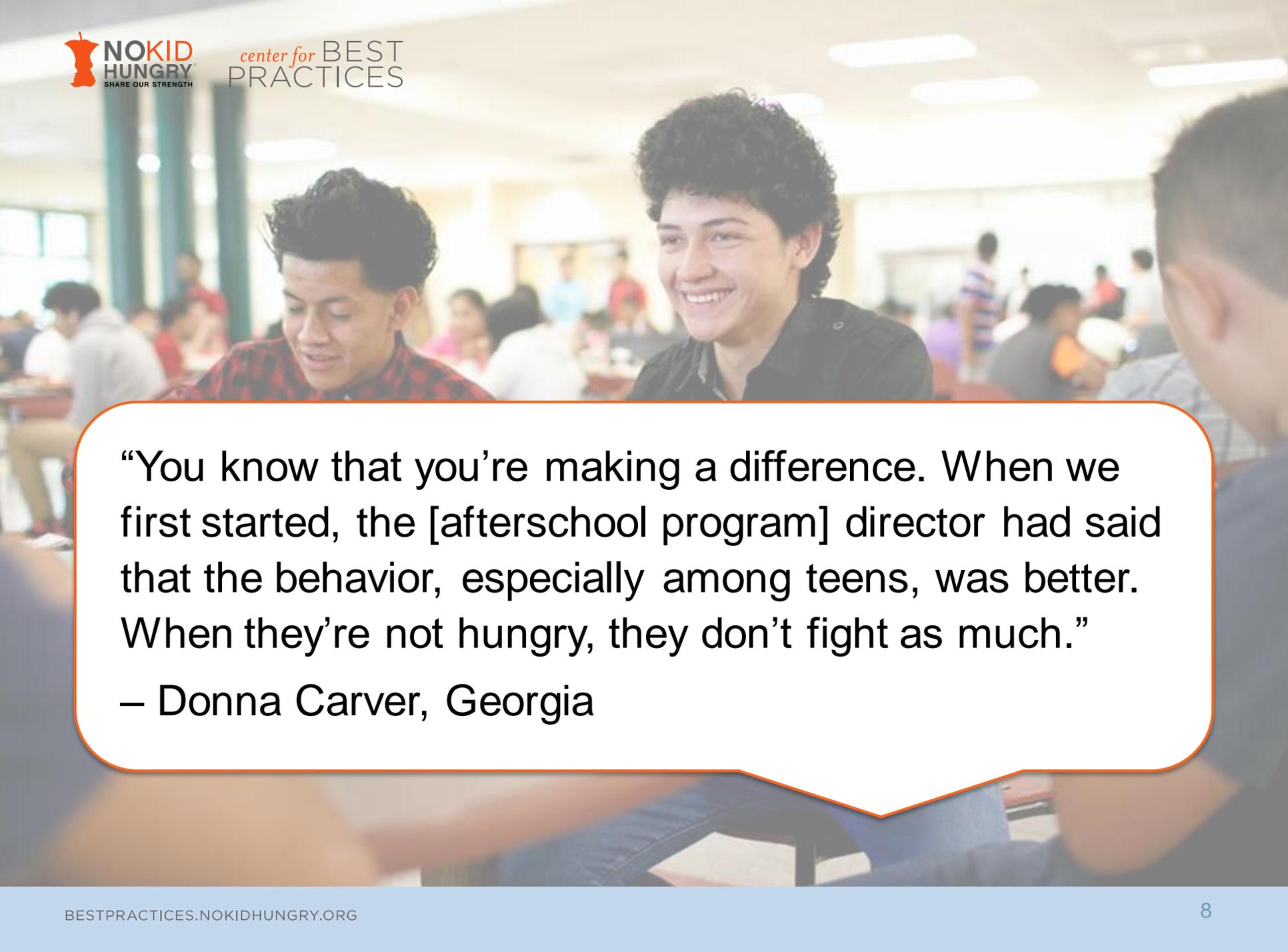


Based on a 2013 survey of low-income parents conducted by APCO Insights.
<https://bestpractices.nokidhungry.org/afterschool/afterschool-meals-survey-findings>

21st CCLC Participation in Virginia

- Approximately 57 of 115 sites are eligible for CACFP and have not participated prior to this school year
- Approximately 25 school divisions offer meals or snacks to 21st CCLC through CACFP
- Our goal is enroll every site in the program before the end of the calendar year.



A photograph of two young men in a school cafeteria. The man on the right is smiling broadly, looking towards the man on the left. The background is a busy cafeteria with other students and tables.

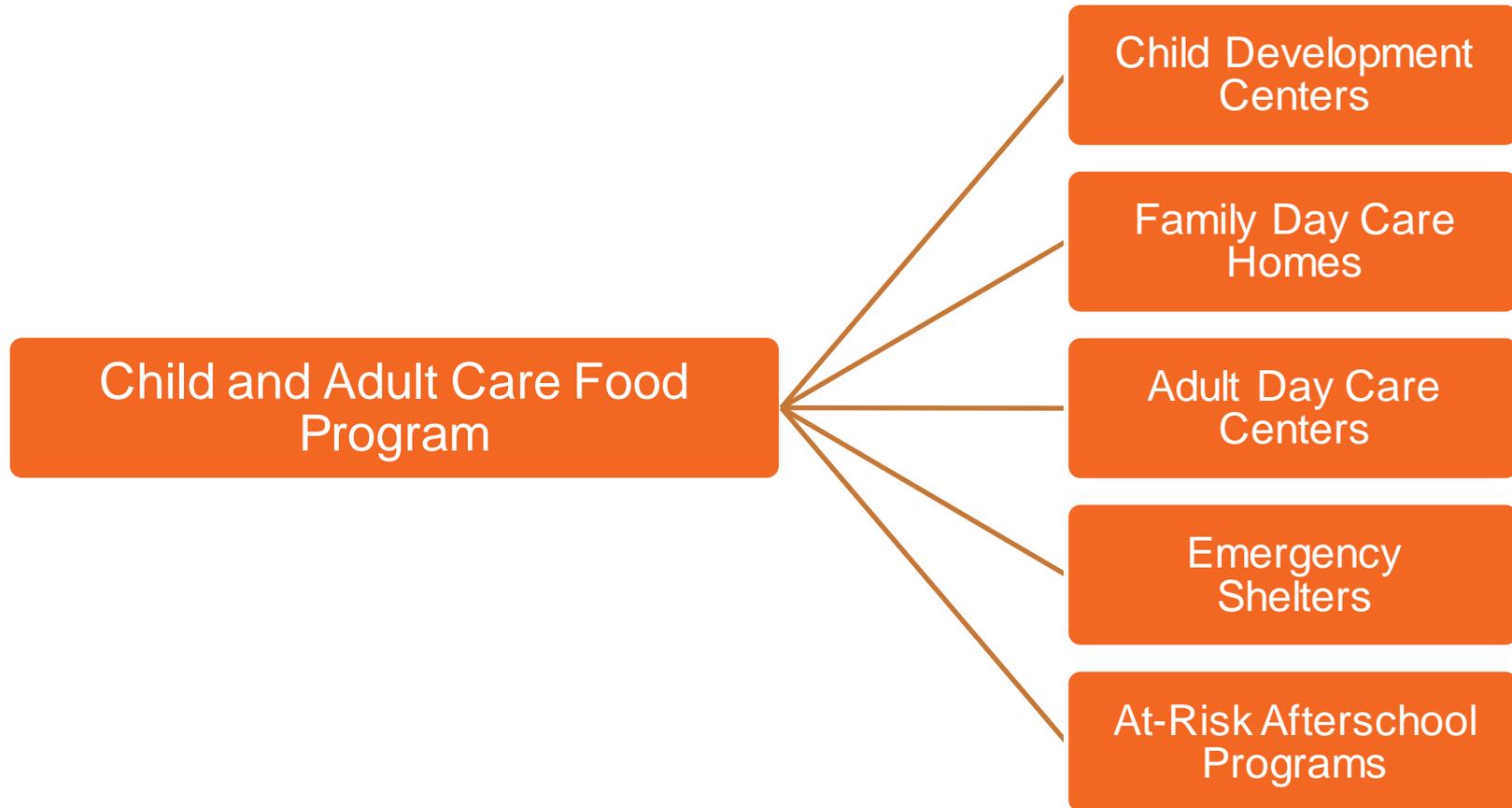
“You know that you’re making a difference. When we first started, the [afterschool program] director had said that the behavior, especially among teens, was better. When they’re not hungry, they don’t fight as much.”

– Donna Carver, Georgia

The Child and Adult Care Food Program (CACFP) At-Risk Afterschool Meals Program

A Brief Overview

The Child and Adult Care Food Program



Child Nutrition Programs in Virginia

US Congress

USDA Food & Nutrition Service

VDH

VDOE

SFSP

CACFP

Afterschool
Meals

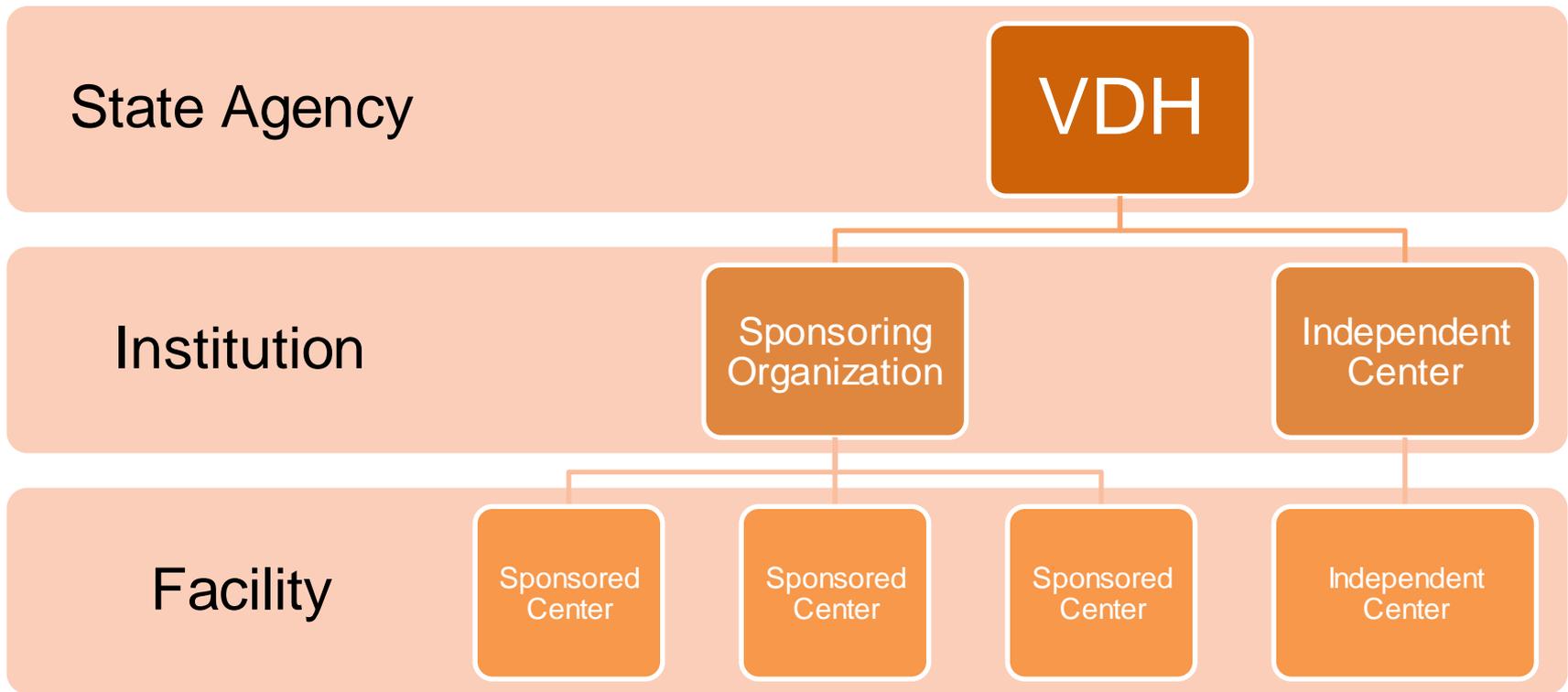
Afterschool
Snacks

SBP

NSLP

Afterschool
Snacks

CACFP Institution Types



Center = Child Development Center, Outside-School-Hours Care Center, Afterschool Program, Emergency Shelter, or Adult Day Care Center

CACFP Afterschool Meals Program Facilities

Meets applicable licensing or health and safety standards – waived for schools

Located in attendance zone of school where $\geq 50\%$ are eligible for free or reduced-price meals

Provides regularly scheduled educational or enrichment activities in a supervised setting

Educational & Enrichment Programming



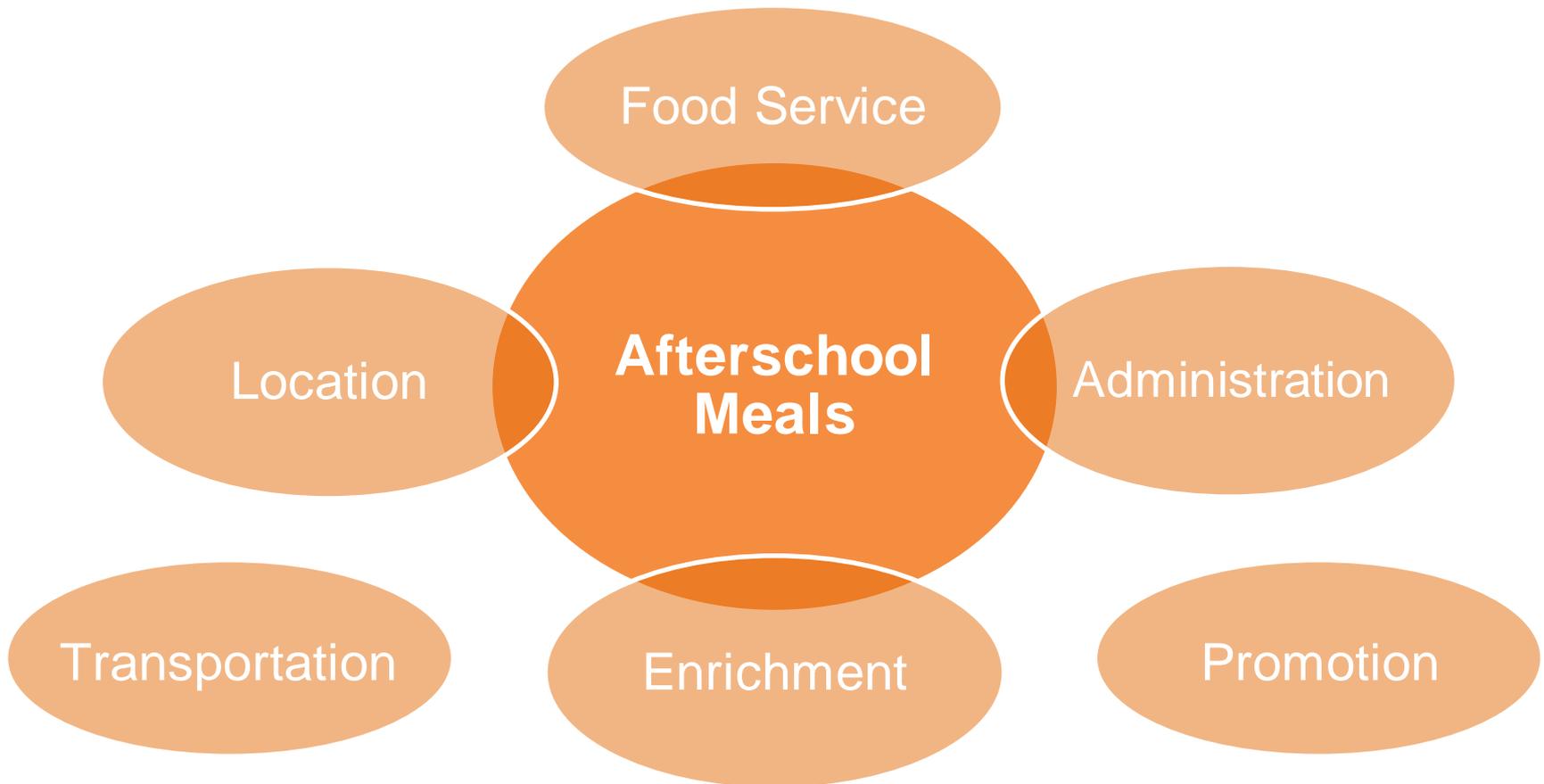


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Partnerships in the Afterschool Meals Program

Opportunities to Share Strength

Areas for Partnership



Locations

- School
- Childcare center
- Community- or faith-based
 - Boys & Girls Club
 - YMCA
- Government
 - Libraries
 - Parks and rec centers
 - Housing authority communities



Enrichment

- Afterschool Alliance
- School-based extracurriculars
- 21st Century Community Learning Centers
- YMCA
- Libraries
- Parks and rec centers



Administration

- School food authority / school district
- Summer Meals sponsors
- CACFP childcare sponsors



Food Service

- Food service management company
- Catering company
- Food bank
- Summer Meals sponsor
- School food authority
- University
- Hospital
- Culinary school
- Local restaurant



Additional Partners

- Local government
- Social service agencies
- Local/regional transit authority
- Mobility managers
- United Way
- Salvation Army
- Catholic Charities



Afterschool Meals Program in Schools

- Schools as Nutrition Hubs
 - Children already there
 - Trusted by families
 - Have expertise and facilities
 - Connects to mission to educate



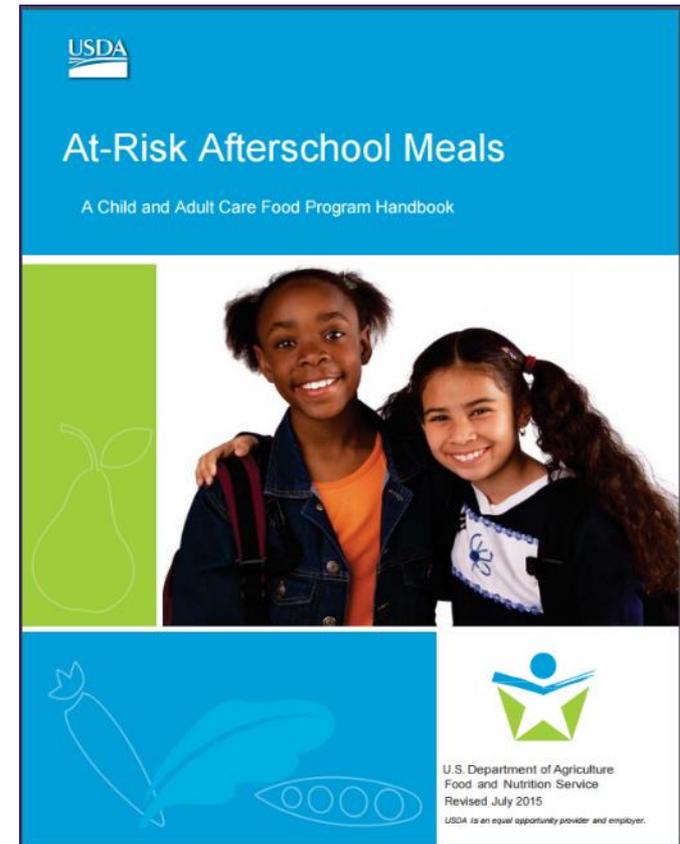


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Getting Started: Lay the Groundwork

Learn the Basics

- Talk to VDH
- Talk to No Kid Hungry Virginia
- Learn the requirements
- Contact a successful district



Assess the Need and Interest

It's been wonderful. Even in district that's 45% free or reduced-price eligible, there are still kids that need this after school."

– Sharon Glosson, Texas

Assess Internal Factors

- Procurement and contract requirements
- Kitchen equipment and storage
- Food service labor



Convene Stakeholders

“Check with all of your key stakeholders, especially the principal, custodian, and teachers who are there after school. They need to be informed, and they need to be involved in developing standard operating procedures. You have to be a part of the team before getting started.”

– Robert Lewis, California



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Getting Started: Plan for Implementation

Determine Sponsorship Model

- Schools only
- Schools and community sites
- Partner with a sponsor
- Serve as a vendor



Select Service Model

- Central kitchen and satellite vs. cooking at each location
- NSLP vs. CACFP meal patterns
- Offer Versus Serve (OVS) vs. complete meals
- Unitized meals vs. serving line
- Hot vs. cold meals, or a combination of both



“Super Snacks”

- Meet supper requirements
- Minimum required portion for some or all components





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Making It Better: Implementing Best Practices

Tailoring the Program

- **When** meals are served
 - Must be after the final school bell
 - Must occur during regular hours of operation
 - No Federal requirements regarding meal time, order, or spacing
- **Where** meals are served
 - No requirement to be in cafeteria
 - Groups may eat separately
- **Who** receives meals
 - Athletes may eat through a broader program
 - No requirement to participate in activities

Take your afterschool meals program from good to great...



Encourage all activity students to eat

Coaches and activity leaders promote the program



Allow all students to eat, regardless of participation in activities

Advertise meal effectively

Serve meal at the bell

School administrators support the program



Offer service alternatives

Allow meal to be transported to activities

Consider transportation

Improve variety, choice, and/or quality of food



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Resources

Center for Best Practices Resources



Research: Parent Survey and Innovation Pilot Tests



Events: National Summer Meals Summit and Webinars



Funding: Child Nutrition Program Grant Opportunities



Tips: Program Excellence Resources and Guides



Cooking Matters and Cooking Matters at the Store

School Nutrition Foundation Partnership



THREE MEALS A DAY: A WIN-WIN-WIN

A Guide to Starting and Improving Your Afterschool Meals Program

Center for Best Practices Website

<https://bestpractices.nokidhungry.org/afterschool-snacks-meals>
<https://bestpractices.nokidhungry.org/events>

The screenshot shows the website's header with the logo and navigation links: Home, About, and Events. A search bar and a 'Subscribe' button are also visible. The main navigation menu includes: SCHOOL BREAKFAST, SUMMER MEALS, AFTERSCHOOL, EARLY CHILDHOOD, SNAP, FOOD SKILLS EDUCATION, and SPONSOR CENTER. The 'AFTERSCHOOL' link is circled in blue. Below the navigation is a 'View the State of Hunger Map' button. The main heading is 'Afterschool Snacks & Meals'. On the left, there is a sidebar with links: AFTERSCHOOL MEALS HOME, AFTERSCHOOL MEALS OUTREACH TOOLKIT, NO KID HUNGRY SCHOOL CALCULATOR, INNOVATIONS IN AFTERSCHOOL MEALS, AFTERSCHOOL MEALS SURVEY FINDINGS, AFTERSCHOOL MEALS PROGRAM POLICY, ABOUT CACFP AFTERSCHOOL MEALS, and AFTERSCHOOL MEAL PROGRAM ASSESSMENT TOOL. The main content area features a photo of a child writing and text describing the At-Risk Afterschool Meals Program. On the right, there is a 'Resources' section with 'Reports/Case Studies' and 'Guides/Toolkits'.

Resources

Reports/Case Studies

- Afterschool Snacks & Meals History and Trends
- Serving Maryland's Children: The Afterschool Meal Program
- The Importance of Afterschool and Summer Learning Programs in African-American and Latino Communities [View More](#)

Guides/Toolkits

- Afterschool Meals-SFSP Comparison
- Streamlining and Cross-Promoting CACFP and SFSP
- Afterschool Meals Promotion - Sample Text for Umbrella Model [View More](#)

No Kid Hungry Virginia Grant Opportunities

- Grants are available to support afterschool meal expansion
- Grant funds may go toward start-up costs and outreach materials
- Go to <http://grants.nokidhungry.org> and use code **VACACFP2016** to apply



STATE AGENCY ASSISTANCE

- Conduct a pre-operational review
- Application training
 - Classroom and distance learning opportunities
- New sponsor training
 - Classroom and distance learning opportunities
- Assigned a liaison for technical assistance

Breakouts

- In small groups, discuss:
 - How do you currently provide food? Do you have concerns about current quality or quantity?
 - If you are not receiving reimbursement through CACFP, why not? What are your primary concerns and potential barriers?
 - How can we best support you?



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Contact Information

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THANK YOU

