



## PRE-K ONLINE RESOURCES

### GENERAL RESOURCES

- [CaseI](#) - Social-emotional learning resources
- [#GoOpenVA](#) - Virginia's home for Open Educational Resources (OER)
- [NASET](#) - National Education of Special Education Teachers resources for teachers
- [PBL Works](#) - Framework for project-based learning and samples
- [Understanding by Design](#) - Universal design for learning guidelines and samples
- [WIDA](#) - Teaching multilingual learners online

### EARLY CHILDHOOD

- [Colorín Colorado- The Preschool Years](#)- Collection of articles for educators and families, including [“Ready for Kindergarten!”](#)
- [Conversations with Children, Asking Questions That Stretch Children's Thinking](#) - Provides suggestions for intentionally stretching conversations with young children.
- [Executive Function & Self-Regulation](#)- Video overview of these critical mental processes.
- [GoNoodle®](#)- Free movement and mindfulness videos for children (appropriate for older preschoolers). [GoNoodle 101: An Intro for Families](#)
- [#GoOpenVA](#) - Virginia's home for Open Educational Resources (OER)
- [Interest-Based Learning: Following Children's Lead](#)- Head Start resource on strategies to engage children in learning by following the lead of the child.
- [Learning Language Every Day: Activities for Families + Spanish version](#)
- NAEYC articles on [Play](#)- Why Play is Important and Play in Action- including [10 Things Every Parent Should Know About Play](#) and [Five Essentials to Meaningful Play](#).
- [Serve and Return](#)- How-to video on the 5 simple steps of enhancing interactions with children and engaging in more responsive relationships.
- [5 Steps for Brain-Building Serve and Return pdf + Spanish version](#)
- [The Basics](#): Five simple tips for parents on how to engage with their child and support their learning and development. [Overview video](#) provided on the homepage.
- [The CLASS at Home](#) - Resource developed by Teachstone, designed to help parents learn how to better support quality interactions.
- [PBS KIDS Daily Newsletter](#)- Free resource from [PBS KIDS®](#). Provides daily activities and tips to parents covering emotions and self-awareness, social skills, character, literacy, math, science, and arts content.
- [Reading Rockets](#)- At-home activities to support emergent and young readers; go to “For Parents, Teachers, and Others” tab (see [“For Preschool Teachers and Childcare Providers”](#)).
- [Center on Technology and Disability Tots-N-Tech](#)- Provides articles and information related to using technology with young children.
- Virginia Kindergarten Readiness Program (VKRP) public website. Find the Fall Family Resource Packet under resources for families (Spanish version available). Resources outline ways parents can help ready their child for kindergarten. Guidance is offered for the four readiness domains of social skills, math, self-regulation, and literacy (accessible from the “FOR PARENTS” tab of the [PALS website](#); see [Monthly Literacy Activity](#) and [Pre-K and K PALS Activities](#)).
- Virtual field trips: [San Diego Zoo](#) live cams; Birch [Birch Aquarium's Kelp Cam](#); [San Diego Safari Park](#), including the Butterfly Jungle

### OTHER FREE RESOURCES FOR AT-HOME LEARNING AND FAMILY ENGAGEMENT:

- [ABCYA®](#) provides free access to preschool learning games covering letters, numbers, problem-solving (strategy) and other preschool skills.
- [Starfall®](#)- Interactive prekindergarten language arts, math, and music activities.
- [Vroom](#) offers free, easy-to-use learning tips for children 5 and under delivered daily directly to your phone. Parents can sign up for free. The website offers additional downloadable tools to support brain-development. Watch [“Brain Builder” overview video](#).
- [Khan Academy Kids®](#)- Educational app providing families of children ages 2-7 access to thousands of activities and books. Focused content includes math, reading, social-emotional learning, creative projects, and more.
- Also, refer to the Office of [Early Childhood COVID-19 Frequently Asked Questions](#) [Word] document for a list of free resources for families that are helpful towards facilitating learning at home during school closures.
- See [COVID-19 PTA Resources](#) for families, PTA leaders, and educators. A curated list of resources on social and emotional support, learning at home, and healthy habits.