

Governor's Youth Development Academy 2015

Region III

Participating Divisions~

King William County Public Schools

Middlesex County Public Schools

King & Queen County Public Schools

The Town of West Point Public Schools

Bridging Communities Regional Career and Technical Center



Dr. Sheila Carr, KWCPs, Grant Writer

Terry Bailey, KWCPs, Grant Writer

Kimberly Waite, MCPS, Director

Fiscal Agent: King William County Public Schools

Please visit us at~ <https://www.youtube.com/watch?v=LWkSSSEmDX0>

Introduction

The Governor's Youth Development Academy 2014-2015 Region III participating counties of King William, King and Queen, the Town of West Point, and Middlesex, are located in a rural area nestled among several waterways of the Chesapeake Bay watershed-the Rappahannock River, The Mattaponi River, the Pamunkey River, and several of its tributaries. Each county has one high school with similar demographics and a variety of educational options including: Bridging Communities Regional Career and Technical Center, The Chesapeake Bay Governor's School, CTE classes, Teachers for Tomorrow, and opportunities for AP and Dual Enrollment credit at each division's home school. Adult and Student Leaders represented each division and the distribution of student participants was based upon division population size.

Purpose and Theme

The theme of the Youth Development Academy (YDA) was "The student at the top of the mountain did not FaLL there". Participants included ninth and tenth graders from each division with the distribution as follows: King William County; 18, Middlesex County: 12, West Point: 10, King & Queen: 10. Student participants were identified as those who have the potential to succeed in a rigorous course of study and go onto college but have obstacles that may inhibit their progress and may be at-risk for dropping out of high school. The criteria for student participants was developed by the Adult Leaders from each division and included the following~

- Academic Performance- C average or better
- Attendance- Meets school attendance requirements
- Behavior- No excessive behavior issues
- Array of strengths and weaknesses
- Cross section of students to be included. Be mindful of socioeconomic background and disabilities in Notes section at bottom of page.
- Teacher Nomination via e-mails in school will be sent to School Leaders and then nominations will be reviewed by administrators.

Please see criteria sheet in Addendum.

Organization and Planning

Initial Planning Committee

Dr. Sheila Carr, Director of Special Programs, King William County Public School
Mrs. Terry Bailey, Director of Curriculum/Assessment, King William County Public Schools
Dr. Stephen Trexler, Director of Bridging Communities: Regional Career & Technical Center
Dr. Michael Cromarti, Assistant Superintendent of Middlesex County Public Schools
Dr. Kim Allen, Director of Curriculum & Instruction, King & Queen County Public Schools

Mrs. Linda H. Minor, Director of Instruction. West Point Public Schools

Youth Development Adult Staff

Mrs. Kimberly Waite, Youth Development Academy Director, MCPS
Ms. Beaton Healy, Youth Development Academy Coordinator, MCPS
Mrs. Jennifer Perry, Youth Development Academy Adult Leader, KWCP
Ms. Kristen Truax, Youth Development Academy Adult Leader, KWCP
Mrs. Renee Johnson, Youth Development Academy Adult Leader, WPCS
Mrs. Danielle Norris, Youth Development Academy Adult Leader, MCPS
Lt. Colonel John Lydon, Youth Development Academy Adult Leader, KQCP

Youth Development Student Staff

King William County-4 students
Middlesex County-2 students
Town of West Point-2 students
King & Queen-2students

Planning Time (day, hours) prior to June Academy

November 11, 2014

December 17, 2014

January 9, 2015

March 23, 2015

June 17, 2015

Please see meeting minutes in Addendum

Staff Roles and Responsibilities

- Kimberly Waite, Academy Director: Responsible for organization of trainings, logistics of the academy, field studies, overseeing the counselors and speakers. The Director worked in advance of the academy to set the agenda, finalize the objective and content, and to communicate with staff, students, and division directors.
- Beaton Healy, Academy Coordinator: Assisted Kimberly Waite with responsibilities.
- Jennifer Perry, Kristen Truax, John Lydon, Danielle Norris, Renee Johnson-YDA Adult Leaders: Responsible for facilitating groups of students in curriculum focused on the six pillars of the program-financial literacy, college and career readiness, community service, character education and leadership, civics and citizenship, and preventative health. Assisted in the development and organization of related activities.

Administration and Logistics

Selection of Location

The initial staff meeting was held at The Bridging Communities Technical and Career Center in New Kent. Staff workshops and the June Academy were held primarily at Rappahannock Community College (RCC) Glens Campus and St. Clare Walker School in Middlesex County. RCC generously donated use of their facility which accommodated our large group's various needs for workshops, labs, and lecture halls as

well providing students the opportunity to learn in a college setting. St. Clare Walker generously allowed use of their auditorium for the Rachel's Challenge presentation and also hosted the Closing Ceremonies.

Transportation of Students

Each school division provided transportation for students to and from the academy each day. In addition, divisions also provided transportation for field trips.

Meals

Students were provided with lunch and snacks, when appropriate, for field outings and the June Academy.

Communication

Each division Adult Youth Leader communicated with division principals and assistant principals regarding trainings, field outings, and the June Academy. Parents and students were contacted through mailings, phone calls, and personal contact. After the closing ceremonies, a link to the overview video of the program was posted on You Tube and given to administrators, parents, and students. The link is <https://www.youtube.com/watch?v=LWkSSSEmDX0>.

Curriculum /Content Development and Delivery

The Adult and Students leaders developed the curriculum and selected field outings and activities to meet the six pillars of the program as well as incorporate the mission statement "The student on top of the mountain did not FALL there". Teams were arranged in mentoring groups with 10 students from various divisions. Two student leaders representing from different divisions served as the mentors. Adult Youth Leaders provided additional support. Mentoring and small group time, journal reflection activities, and goal setting challenges were also part of the curriculum design. The content was delivered by speakers, content experts, and teachers through workshops, seminars, and field outings. See June Academy schedule and overview in Addendum.

Support Material and Activities

Supporting materials and activities were developed and gathered from YDA personal teaching resources/experiences or were provided by our community partners. The Virginia Center for Inclusive Communities provided training workshops for our Adult and Student Leaders.

Methods of Finding Resources

Each school division was supportive in providing transportation at a reduced or free cost for students to and from YDA and our field outings. Rappahannock Community College provided the physical location and waived all of the costs. Several speakers and community partners provided their services for free. An itemized budget is included in the addendum.

Planned Field Outings and Purpose

Laser Tag-team building and bonding time for Mentor Groups

Christopher Newport University-college visit to learn about the admissions process and program offerings

Earth Day 5K Race-community service project

Tidewater Performance and Fitness Center-mental and physical well-being program

Go Apes Rope Course-personal challenge, fitness, and team time
Rappahannock Community College-to learn about community college resources and programs

Closing Ceremonies

On the last day of the Academy, students, parents, and administrators were invited to attend the Closing Ceremonies. Mentor groups each presented a different pillar of the program and shared what they learned in the Academy. The ceremony also included a video program highlighting different learning and field activities during the Academy. Students shared their thoughts and what they learned in interview segments on the video.

Evaluation

Students completed an interest survey and an evaluation. Please refer to the Addendum for copies of both. All of the students who responded to the evaluation indicated that they felt that YDA was a positive and beneficial experience. Many noted that they enjoyed the interaction with students outside their own division. Several responded that they felt YDA help them set future goals with respect to their college and career plans. Several noted that they felt they would like to take on leadership positions in their school and, for the first time, thought of themselves as leaders. They also mentioned that they would like more leadership training and support to do so. Some also said they would like to start a community service project at their school.

Follow-up for Student Participants in the Upcoming School Year

Since there are no funds for follow-up, mentor groups will meet for follow-up with individual divisions and not as a regional group. The Adult Youth Leader along with the two student leaders from each division will be responsible for follow-up with participating students from their school over the course of the next school year. This is a different configuration than groupings during the YDA program but will still allow students to meet together with leaders and student participants to ensure students are continuing with their goals and receiving support. If the Regional Grant is continued in the following year, we will encourage past participants to continue their involvement as student leaders for new student participants.

Addendum

Opening Leader Presentation

Meeting Minutes-11/14; 12/7; 1/8; 3/23; 6/17

Student Criteria Sheet

Student Participation Letter

Student Medical Information

Student Code of Conduct

Student Media Release

June Academy Schedule

June Academy Opening Presentation

Student Interest Sheet

Student Evaluation

YDA Budget

Governor's Youth Development Academy

Region III

King William County, King and Queen County, West
Point, Middlesex County, and Bridging Communities
Career and Technical Center

2014-2015

Goals and Objectives

To help participating students~

- Develop personal life skills to positively affect success at home, school, and work.
- Build relationships with peers.
- Identify mentors to support students through-out the school year.
- Provide leadership opportunities.
- Inform students about postsecondary opportunities and careers.

How are Students Selected to Participate

Students selected by:

- Academic performance
- Attendance
- Behavior in school
- Students possess an array of strengths and weaknesses
- Students with disabilities included
- Variety of socioeconomic backgrounds
- 50 9th & 10th grade students selected (proportionate to size of each division)

Curriculum/Content Development & Delivery

Focus: Life Skills & Post-Secondary Education

- Civics – The Laws & You
- Financial Literacy – Financial & Personal Well Being
- Community Service - Community Stewardship (Youth as Engaged Citizens)
- Preventative Health – Healthier Life/Healthier YOU
- Character Education – Responsibility & Accountability
- Leadership – College & Career Preparation

Format

- 5 Leadership training days, 5 Activity days throughout academic year & 5 day Academy in June of 2015.
- Instruction from community leaders from varying sectors and professions
- Large group and smaller team activities
- Numerous Activities to engage students

Theme

The student / youth on top of the mountain did not FALL there!



Brainstorming Activities

- Civics
- Financial Literacy
- Community Service
- Preventative Health
- Character Education
- Leadership-College and Career Preparation
- Field Outings
- Bonding Activities
- Share Fare / Testimonials

Nuts and Bolts

- Dates
 - Leadership Planning Days
 - 5 Academic Activity Days
 - 5 Day Academy
 - Student Leaders selected
 - Student participants selected
- Division Representative Responsibilities
 - Transportation Arrangements
 - Permission Slips (including medical history)
 - Liaison
 - Follow-up
 - Community Partners
- Finances \$
 - forms to complete
 - Pay dates: January 31, 2015 and June 30, 2015

Governor's Youth Development Academy

Meeting Minutes

November 14, 2014- 9:30-2:30

I. Welcome and Introductions

- -Quick Informal Introductions
 - Kim Waite- Gifted Education Coordinator- Middlesex County
 - Beaton Healy- 3rd Grade Teacher – Middlesex County
 - Danielle Norris- High School English Teacher- Middlesex County
 - Terry Bailey- Director of Instruction- King William County
 - Kristin Truax- Middle School Counselor- King William County
 - Jen Perry- High School Counselor- King William County
 - Kim Allen- Director of Instruction- King and Queen County
 - Renee Johnson- High School Counselor- West Point

II. Opening Remarks- Dr. Trexler, Director of Bridging Communities

- Programs at Bridging Communities -Governor's STEM Academy and Career and Technical School
 - 11th and 12th Graders- Dual Enrollment Classes
- Dr. Trexler spoke to the Challenges of a Regional Program-
 - Common Vision and Common Purpose is extremely important.
 - Commitment to Process- Planning and Implementation Phases
 - Create Identity and Culture- Team Building among Student Participants

III. Division Briefings

- Middlesex- smaller population- about 90 students per grade- mostly Caucasian followed by African American

- Bridging Communities, Governor's School, AP Classes, Teachers for Tomorrow, CTE Courses, No number on students going to college, knows retention after first year is a concern, ESL and Gifted Programs
- King William- Caucasian is highest population followed by African Americans
 - Bridging Communities, Governor's School, Cyber Security Program, Richmond Technical Center, 70% of population go to 4 year/2 year, Dual Enrollment, ESL and Gifted Programs
- West Point- 275 High School students- 17% Minority, 75 of Tuition Students
 - 40-49% college bound, Drama Exchange, Sports, Academically Inclined, ESL and Gifted Programs
- King and Queen- 248 students, 8th-12th at High School
 - AP and dual enrollment classes, CTE courses, Bridging Communities, Governor's School, Online Foreign Language

IV. Grant Fulfillment

- Mrs. Waite and Mrs. Bailey- Power Point Guided Discussion
- 50 9th and 10th graders- must be a cross section of our population based on various academic and social criteria
- Numbers of student participants – 18 King William, 12 Middlesex, 10 King and Queen, 10 West Point
- 2 groups of students: Leaders and Participants- continue to discuss and brainstorm the criteria for each of these groups
- Student Leaders- Juniors- male and female leader- paid position- 2 from each division and 4 from King William
- 6 Focus Areas: Civics, Financial Literacy, Community Service, Preventative Health, Character Education, Leadership
- 5 leadership training days, 5 activity days with participants, 5 day summer camp in June
- Theme- The student/ youth on top of the mountain did not FALL there.

- Evaluation through Student Testimonials, Parent Night, and Documentation of the Program, Reflective Journals for Students

V. Student Selections

- Students Leaders will be left up to the Divisions- College or High School Student. These students must be able to follow up over the next year.
- Criteria for Student Participants
 - Academic Performance- C average or better
 - Attendance- Meets school attendance requirements
 - Behavior- No excessive behavior issues
 - Array of strengths and weaknesses
 - Cross section of students to be included. Be mindful of socioeconomic background and disabilities in Notes section at bottom of page.
 - Teacher Nomination via e-mails in school will be sent to School Leaders
 - School Leaders will meet with Administrators to review nominations and use Criteria Sheet.

VI. Dates

- Planning Day with School and Student Leaders- December 17
- Planning Day- June 17
- Summer Camp- June 22-26

VII. Brainstorming Sessions

- Recorded Ideas for each of the 6 Focus Areas on Chart Paper

VIII. Nuts and Bolts

- Division Leaders will be responsible for student transportation to a central location.
- Division Leaders are getting permission per division rules for Student Leaders to attend December 17 meeting.

Student Leaders should bring financial paperwork to the meeting.

- Permission and Medical Forms will be made for Student Participants before the first Activity Days.
- For the next meeting Division Leaders, will be sent an email detailing items to bring, including a list of student participators and information on possible camp activities.

Governor's Youth Development Academy
Wednesday, December 17, 2015
9:30 am-2:00 pm
RCC Glenns Campus, Room G112
Minutes

The student/youth on top of the mountain did not FALL there!



I. Introductions:

Adult Leaders:

Kim Waite- Director, Middlesex County

Beaton Healy- Coordinator, Middlesex County

Terry Bailey- King William

Dr. Kim Allen- King and Queen

Jennifer Perry- King William

Kristen Truax- King William

Renee Johnson- West Point

Danielle Norris- Middlesex

Lt. Col. John Lydon- King and Queen

Student Leaders:

Sarah Croxton and Deonti Friday- King and Queen

Jazmine Foster, Taylar Downey, Quinn Sherman, Devin Berry-Tulker- King William

Ally Tomiko and Joshua Smith- West Point

Kenneth Reed and Katie Blake- Middlesex

II. Overview of YDA Program

Mrs. Waite discussed the grant specifications, including topics to be covered and the days required.

III. Expectations of Student Leaders

Full Participation- Planning and Activity Days, Follow-up Days

Mentoring and setting examples for student participants

IV. Seven Habits of Highly Effective Leadership- Beaton Healy

- a. Presentation- Introduction to the 7 Habits with video and book.
- b. Team building activity- Students worked in pairs to explain habits and then presented their ideas to the whole group.

V. Update from Adult Leaders

- a. Student selection process

All divisions have nominated student participants and are in the process of informing families.

- b. Activity planning reports

Review Goals and Theme

Video of Governor's Academy- Examples

Discussed Ideas for each topic:

1. Civics:

- Forensics Presentation for June Academy. Richmond Department willing to come and present.

2. Financial Literacy:

-Students want Budget and Planning workshop.

-Glenn Sturm does a Budgeting Workshop- Mrs. Norris will contact.

3. Community Service:

-Earth Day 5 K by Earth Craft (nonprofit) is on April 18.

Welcome our participation as Volunteers and Runners. Also, willing to send a speaker to June Academy.

-Student Suggestions- Roadside Clean Up/ Habitat for Humanity

4. Preventative Health:

-Cooking Healthy Meals through Bridging Communities

-Student Suggestion- Incorporating Music

-Wellness Center- Take Classes/ Talk about Health and Nutrition/ Yoga

-Ropes Course

-Mental Health/ Stress/ Time Management

5. Character Education:

- Rachel's Challenge- Willing to come speak about leadership skills and making a positive impact and bullying- \$2,500- shared video explaining program.

-Virginia Inclusive Communities-could customize a program for us.

-Student Suggestions- Inclusion of All Students

6. College/Career Training:

-Campus Visits/Campus with a Sporting Event- During Basketball Season or Spring Training

7. Field Outings

-Military Bases- AP Hill- obstacle course

-Ft. Lee- Museums, culinary school, transportation school

-Ft. Eustis

-Apprentice School

-Triple C- Would come to us to do a Spring Kickoff then would Follow- up with day or overnight trip in June.

VI. LUNCH-provided

VII. Planning for Spring /Summer

a. Training days and topics (1-2 days)

-January 9- Training Day

-March 23, 24, 25- Tentative training for 5 K

-June 18- Training Day

b. Activity days (5-6 days)

-February 3- Team Building/Jumpstart, Laser tag, or Ropes

-February 25- College Visit

-April 1- Wellness Day

-April 18- Earth Day 5K

-Summer Camp- June 19 and 23-26

VIII. Nuts and Bolts

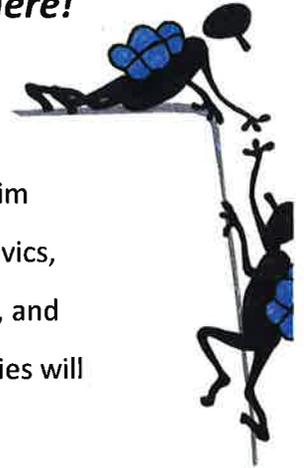
- a. Paper work for finance office-Payments to Adult and Student leaders will be disbursed in two installments, January 31, 2015 and June 30, 2015.
- b. Forms-medical, media, etc.-Mrs. Waite will email copies to Adult Student Leaders
- c. Student selection letter-Mrs. Waite will email a template and leaders can adapt as necessary
- d. T-shirts- Bring Sizes to next session. Graphic Design Class in King William may be able to design the shirt.

IX. Next Date

-Training Session- January 9 at RCC Glenns Campus. Mrs. Waite will confirm and send details by email.

Governor's Youth Development Academy
Monday, March 23, 2015
9:30 am-2:00 pm
Cook's Corner
Minutes

The student/youth on top of the mountain did not FALL there!



I. Welcome and Update

Kim Waite opened the meeting and welcomed back adult and student leaders. Kim reminded leaders that the YDA program revolves around our 6 pillars of focus: Civics, Financial Literacy, Community Service, Preventative Health, Character Education, and Leadership for College and Career Readiness. All YDA outings and mentor activities will serve to help participants develop in those areas.

Lt. Col. Lydon informed us that our group was bumped from our excursion to AP Hill on Wednesday, April 1st due to training exercises and preparation for troops deploying to Afghanistan. Fortunately, we were able to reschedule our CNU visitation for April 1st and maintain our schedule. Lt. Col Lydon and his staff will present military options as part of our career and college information during our June Academy. Adult Leaders will adjust the transportation and permission arrangements for our rescheduled visit to CNU. Beaton Healy will follow up with any additional information to Adult Leaders.

II. Leadership Training with Stuart Raper and Chelsea O'Brien- EarthCraft VA

Stuart and Chelsea shared about Earthcraft, the work, and mission of their organization. They went over details for YDA's partnership and participation in the upcoming community service project, The EarthDay 5K, on Saturday, April 18th in Richmond. YDA Adult and Student Leaders will be serving as volunteers in various capacities while our student participants demonstrate their support by walking or running the race. Each team will accumulate points for their team while they participate in the day's event. At the end of

the event, the team showing the highest participation and team spirit will receive an incentive (still to be decided, please send ideas to Kim).

After the presentation, student leaders divided into their teams and prepared questions and goals for the CNU visit with their team members. Jennifer Perry offered to put together a sheet on college information that student leaders can distribute to students. Student Leaders received journals for each team member to use for recording their goals and experiences throughout their time at YDA. Student Leaders also discussed ways they can promote team spirit and comradery during the EarthDay race. Student Leaders will query team members and let Kim Waite know if there are any supplies their group would like to show their display of team spirit. While Student Leaders met, Adult Leaders hammered out details for the race.

It was agreed that each school division will be responsible for transporting their students to and from the race. We will all meet at Chimborazo Park, Richmond, VA at 8:45am on Saturday, April 18th in race attire. Beginning at 9:00am, Lt. Col. Lydon, Jazmine Foster, and Taylar Downey will man the Packet Pick-up station and at the close of their station will join the rest of the group at the start line to walk the course. Kristen Truax and Deonti Friday will man the Onsite Registration and, at the close of their station, will join the rest of the group at the start line to run. The rest of the participants, student and adult leaders will prepare by making posters and signs to demonstrate their team spirit until they report to their stations or the race begins. Adult and student volunteers will report to the following stations around 10:00am:

Water Station-Jennifer Perry and 2-4 student volunteers

Course Assistants-Danielle Norris, Renee Johnson and 4 volunteers, note: we will only man stations on the trail, not on the intersections

End of the Course Race Supporter-Beaton Healy

Kim Waite, Kristen Truax, John Lydon and remaining student leaders and participants will all walk or run the race. YDA will provide walkie talkies for all adult leaders so we can maintain communication throughout the course of the event. As teams finish the race, they will join

their team members and cheer the rest of the racers/walkers until all finish. YDA will provide lunch for all leaders and participants. We will stay for the awards ceremony and then buses should pick up students and leaders at 12:45pm. We will finish the race at Libby Hill Park but as parking and traffic may be tricky, it is suggested that we meet at the nearby Farm Fresh parking lot to load buses. Adult Leaders should get a contact number for the bus driver in case you need to arrange an alternate meeting place.

Adult Leaders should send Kristen Truax the first and last names of all walkers/racers. Send Kim Waite the names of any students who for health or other reasons will serve as a volunteer, approximately 1 per division. Kristen Truax will check to see if students under 18 need to have a waiver and if so, we will send the waivers to Adult Leaders to distribute to their students and return on our April 1st outing.

III. Lunch (provided)

IV. Role of the Mentor

Kim reminded student leaders that a key component to the success of this program is their role as mentor to the mentees on their team. She challenged them to think of ways they can stay connected with their mentees especially when events and contact is intermittent. Some suggested using Instagram, facebook, and other social media as a means of staying in touch between events. Ally Tomiko offered to set up a facebook page for YDA. Student Leaders can share the facebook page with participants on the next outing. Danielle Norris shared an app "Remind" that she used to keep in touch and send messages to groups of people. She suggested it as way Adult Leaders can send messages or reminders to their division participants and student leaders can use it as a way to do so with their team members as well.

V. June Academy

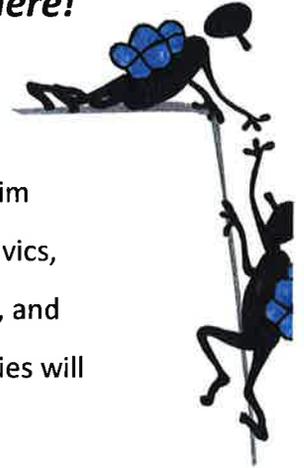
For the remainder of the time, leaders discussed the schedule for the June Academy. We agreed on the following schedule, times and locations:

- a. Wednesday, June 17th-Adult and Student Leadership Training @ Bridging Communities from 9:00am -12:30pm. Lunch included.
- b. Thursday, June 18th-Forensics Workshop/EarthCraft Workshop; time with Mentor Groups@Bridging Communities 9:00am-2:00pm. Lunch Included.
- c. Friday, June 19th –Mental and Physical Wellness Day-Newport News-depart from Bridging Communities at 9:00am, return to BC at 4:00pm. Lunch Included.
- d. Monday, June 22nd-Financial Literacy Workshop/ Military Presentation; Mentor Groups@Bridging Communities, 9:00am-2:00pm. Lunch Included.
- e. Tuesday, June 23rd-Rachel's Challenge, Workshop and Video Interviews with Participants @King and Queen (to be confirmed) 9:00am-2:00pm. Lunch Included.
- f. Wednesday, June 24th-Go Ape (Williamsburg) depart from Bridging Communities at 9:00am and return at 4:00pm.
- g. Thursday, June 25th-Closing Ceremony and Reception @ King and Queen (to be confirmed) 4:00pm-5:30pm. Families invited. Students provide own transportation.

Lt. Col. Lydon will confirm that we can meet on King and Queen and use their facility on Tuesday, June 23rd and Thursday, June 25th. Kim Waite will make a copy of schedule to distribute to students on our outing to CNU on Wednesday, April 1st. Adult Leaders should also send Kim the number of participants that they have who are 15 and under on June 24, 2015 so we can determine how many chaperones we will need for our GoApe outing. The meeting was adjourned.

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Cook's Corner
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For the remainder of the time, leaders discussed the schedule for the June Academy. We agreed on the following schedule, times and locations:

- a. Wednesday, June 17th-Adult and Student Leadership Training @ Bridging Communities from 9:00am -12:30pm. Lunch included.
- b. Thursday, June 18th-Forensics Workshop/EarthCraft Workshop; time with Mentor Groups@Bridging Communities 9:00am-2:00pm. Lunch Included.
- c. Friday, June 19th –Mental and Physical Wellness Day-Newport News-depart from Bridging Communities at 9:00am, return to BC at 4:00pm. Lunch Included.
- d. Monday, June 22nd-Financial Literacy Workshop/ Military Presentation; Mentor Groups@Bridging Communities, 9:00am-2:00pm. Lunch Included.
- e. Tuesday, June 23rd-Rachel's Challenge, Workshop and Video Interviews with Participants @King and Queen (to be confirmed) 9:00am-2:00pm. Lunch Included.
- f. Wednesday, June 24th-Go Ape (Williamsburg) depart from Bridging Communities at 9:00am and return at 4:00pm.
- g. Thursday, June 25th-Closing Ceremony and Reception @ King and Queen (to be confirmed) 4:00pm-5:30pm. Families invited. Students provide own transportation.

Lt. Col. Lydon will confirm that we can meet on King and Queen and use their facility on Tuesday, June 23rd and Thursday, June 25th. Kim Waite will make a copy of schedule to distribute to students on our outing to CNU on Wednesday, April 1st. Adult Leaders should also send Kim the number of participants that they have who are 15 and under on June 24, 2015 so we can determine how many chaperones we will need for our GoApe outing. The meeting was adjourned.

Youth Development Academy 2014-2015

Student Criteria Checklist

Student Name _____

Grade _____

School _____ Division _____

Please use the following checklist as you consider candidates.

Academics- Student has a "C" Average or better. Y ____ N ____

Behavior- Student has no excessive behavior issues. Y ____ N ____

Attendance- Student meets division attendance requirements. Y ____ N ____

The student should demonstrate a wide array of strengths and weaknesses. Please note these below.

The student must also represent a cross-section of your school population. Please note the socioeconomic background, disabilities, or any other special circumstances you feel are relevant as you consider this candidate.

Please check:

_____ Student meets criteria.

_____ Student does not meet criteria at this time.

Dear

Congratulations! You have been selected as one of Middlesex County Public Schools' nominees to the Governor's Youth Development Academy (YDA), a regional program focusing on civics education, financial literacy, community service, preventive health, personal character development, and leadership. The goals of the program include: developing personal life skills to positively affect success at home, school, and work, building relationships with peers, identifying mentors to support students throughout the school year, providing leadership opportunities, and informing students about postsecondary opportunities and careers. Students will learn from community leaders and professionals from varying sectors through active participatory experiences to take advantage of resources in the region, the implementing division(s) will form partnerships with community organizations such as 4-H, the YMCA, local governments, and civic organizations.

The academy will be held during the spring over various school days and for the week of June 22-26, 2015. Participants will include fifty 9th and 10th grade students, staff, and leaders from the following divisions: King William County, King and Queen County, The Town of West Point, and Middlesex County. Since this is a state grant funded program, all costs of the program are covered under the terms of the grant. All participants will be expected to attend the spring events as well as the week in June.

Should you have any further questions, please feel to contact Danielle Norris, dnorris@mcps.k12.va.us, the Adult Youth Leader from your division. We look forward to your student's participation in the Youth Development Academy and will endeavor to keep you informed throughout the duration of the program. We are excited to offer this opportunity to students in our region and look forward to working with your child.

Best regards,

Kimberly Waite
Middlesex County Public Schools
Director, Governor's Youth Development Academy

Governor's Youth Development Academy

Kim Waite, Director
kwaite@mcps.k12.va.us
(804) 758-2277

Emergency Information and Medical Release - Must be on file to attend!

Student name: _____

School division: _____

Insurance Company: _____

Group Number: _____ Individual Number: _____

Family Physician: _____ Phone Number: _____

Please specify any allergies, medical conditions, or concerns:

Please list any medications to be administered: (Physician must verify this request in writing.)

Medication Name: _____ Dosage: _____

Medication Name: _____ Dosage: _____

Alternate Contact: _____

Alternate Phone Number: _____
Home Work

Emergency Phone Number: _____

Permission for Emergency Medical Treatment

I, _____, _____ of
Name Relationship

_____ give my permission for the staff of the
Governor's Youth Development Academy to authorize emergency medical
treatment for the above student.

Signature

Phone Number

Governor's Youth Development Academy

Kim Waite, Director

kwaite@mcps.k12.va.us

Phone: (804)758-2277

Code of Student Conduct and Disciplinary Procedures

The student will

1. Conduct him/herself in an appropriate manner,
2. Respect the rights of others,
3. Respect the property of the school and of others
4. Dress in an appropriate manner. Any messages on clothing must be in good taste.
5. Do nothing to jeopardize the safety of him/herself or others.

Should a student exhibit inappropriate behavior, he/she will be:

1. Warned by the Adult or Student Leader and reminded of appropriate behavior
2. Referred to the director upon severe or repeated offenses
3. Dismissed from the activity or withdrawn from the program, as deemed appropriate by the director.

In the event that the director feels it is in the best interest of the school to withdraw a student from the program, she will:

1. Notify the parent by phone and/or schedule a conference
2. Notify the local division administrator and division Adult Youth Leader of the student's behavior
3. Send a written follow-up letter to the parent and the local school official stating the student's behavior and the action taken by the director.

Policy on Cell Phones

Students will be allowed to have cell phones (portable electronic communications devices). However, unless otherwise approved for usage by a leader, **the devices must be turned off and must not be visible.**

If a student violates this policy, the director will take the device from the student and return it at the end of the session.

I understand and agree to the Code of Student Conduct and Disciplinary Procedures and the Policy on Cell Phones as outlined above.

Parent Signature

Student Signature

Governor's Youth Development Academy

Kim Waite, Director
kwaite@mcps.k12.va.us
(804) 758-2277

Refusal of Release Form

You have the right to object to the use of your child's name, picture, or voice in videotape, motion picture, audio recording, or still photography by either Governor's youth Development Academy or media agencies. You may do so by completing the appropriate section(s) and returning it to the director.

If you do not object to the release of the above information, please disregard this form.

To: Kim Waite, Director

Regarding: _____
Student's Name

Governor's Youth Development Academy Release

The Governor's Youth Development Academy may produce or participate in videotape, motion picture, audio recording, or still photograph productions that may involve the use of a student's name, likeness, or voice. Such productions may be used for news, educational, or exhibition purposes by the Governor's Youth Development Academy and may be copied, copyrighted, edited, and/or distributed by the school.

I object to my child's name, likeness, or voice being used in the manner described above.

Parent's Signature

Date

Media Agencies Release

The local media may wish to report on school functions, activities, events, and/or other programs as news events that may involve the use of a student's name, likeness, or voice. Certain school programs may be telecast on commercial channels, noncommercial channels, and/or origination channels, including cable.

I object to my child's name, likeness, or voice being used in the manner described above.

Parent's Signature

Date

YDA June Academy 2015 Schedule

Monday, June 15th	Tuesday, June 16th	Wednesday, June 17th	Thursday, June 18th	Friday, June 19th
		<p>Adult and Student Leaders Training @ Rappahannock Community College-Glenns 9:00am-12:30pm</p> <p>Lunch included@ <i>Something Different</i></p> <p>Student Participants not included</p>	<p>June Academy begins... Forensic Workshop and EarthDay Workshop @ RCC Glenns Campus 9:00am-2:00pm</p> <p>Lunch included in Amphitheater Chick-Fil-A</p>	<p>Mental and Physical Wellness Day Field Outing to Newport News 10:00am-3:00pm</p> <p>Panera Lunch included</p>
<p>Monday, June 22nd</p> <p>Financial Literacy and Military Presentation @ RCC Glenns Campus 9:00am-2:00pm</p> <p>Lunch included in Amphitheater Subway Boxed Lunches</p>	<p>Tuesday, June 23rd</p> <p>Rachel's Challenge Workshop and Video Interviews @ St. Clare Walker Middle School Locust Hill, VA</p> <p>9:00am-2:00pm Lunch included</p>	<p>Wednesday, June 24th</p> <p>GoApe Ropes Course Field Outing to Williamsburg 10:00am-3:00pm</p> <p>Lunch included</p>	<p>Thursday, June 25th</p> <p>Closing Ceremony and Reception @ St. Clare Walker Middle School 4:00pm-5:30pm</p> <p>Families Invited Students provide own transportation</p>	<p>Friday, June 26th</p>

Governor's Youth Development Academy Region 3 Schedule

Wednesday, June 17th -Student and Adult Leadership Training, 9:00am-12:30pm **RCC Glenns**

- 9:00-9:30am Welcome and Overview for Academy, Closing Ceremony, Lunch orders
- 9:30-10:30 Mentor Training with Virginia Inclusive Communities /Adult Leaders plan together
- 10:30-11:15 Student Leader Team Planning Time/set up for seminars
- 11:15-12:30 Travel to Lunch at *Something Different* in Urbanna, VA-depart from there

Thursday, June 18th -Forensic and EarthDay Presentations, 9:00am-2:00pm **RCC Glenns Campus**

- 9:00-9:30am Welcome- **Lecture Hall**
- 9:30-10:45am Break out Sessions
 - Forensics, 9:30-10:45 **Lab**
 - EarthCraft Presentation, 9:30-10:45 **classroom with smartboard**
 - Break 10:45-11:00
 - Forensics, 11:00-12:15 **Lab**
 - EarthCraft Presentation, 11:00-12:15 **classroom with smartboard**
- 12:15am-12:45 Chick-Fil-A Lunch (**Amphitheater**)
- 12:45-1:45 Team Time
- 1:45-2:00 Wrap up and Dismissal **Lecture Hall**

Friday, June 19th -Mental and Physical Well Being Field Outing- Tidewater Performance, 752 J Clyde Morris Blvd., Newport News, Va 23601 Split into 2 groups Group A/Group B (~30 kids per group)

- 10:00am-10:50am Group A – Nutrition Presentation (Conference Room)
Group B – Stretching/ Strength Training (Training Floor)
- 10:50am-11:00am Break
- 11:00am-11:50am Group A and B Switch
- 12:00pm-12:50pm Lunch
- 1:00pm-1:50pm Group A – Stress Presentation (Conference Room)
Group B - Metabolic Conditioning (Training Floor)
- 2:00pm-2:50pm Group A and B Switch
- 3:00pm Questions and Closing

Monday, June 22nd -Financial Literacy and Military Programs, 9:00-2:00pm **RCC Glenns Campus-Lecture Hall**

- 9:00-9:15am Welcome
- 9:15am-11:15am Financial Literacy Workshop
- 11:15-11:25 Break
- 11:25-12:15 Team Time
- 12:25-12:45 Lunch (Ampitheater)
- 12:45-1:45pm Military Programs
- 1:45-2:00pm Wrap up and Dismissal

Tuesday, June 23rd-Rachel's Challenge, 9:00am-2:00pm **St. Clare Walker Middle School, 6814 General Puller Highway Locust Hill, VA 23092**

- 9:00-10:00am Welcome, Details for GoApe, Team Time
- 10:00am-11:00am Rachel's Challenge Presentation
- 11:00am-11:15 Team Time
- 11:15-12:00 Lunch provided
- 12:00-12:30pm FOR Training
- 12:30-12:45 Team Time
- 1:45-2:00pm Wrap up

Wednesday, June 24th-**Go Ape, 5537 Centerville Road, Williamsburg, VA 23188**

- 10:00-3:00pm Ropes Course, lunch provided

Thursday, June 25th -Closing Ceremonies, **St. Clare Walker Middle School, 6814 General Puller Highway Locust Hill, VA 23092 (tentative)**

4:00-5:30pm Closing Ceremonies, Cake and Punch Reception-Families and School Administrators invited

Governor's Youth Development Academy

Region III

King William County, King and Queen County, West
Point, Middlesex County, and Bridging Communities
Career and Technical Center

2014-2015

Theme

The student / youth on top of the mountain did not FALL there!



Goals and Objectives

To help participating students~

- Develop personal life skills to positively affect success at home, school, and work.
- Build relationships with peers.
- Identify mentors to support students through-out the school year.
- Provide leadership opportunities.
- Inform students about postsecondary opportunities and careers.

Curriculum/Content Development & Delivery

Goal: Providing Life Skills & Tools for Future Succession

- Civics and Citizenship – The Laws & You
- Financial Literacy – Financial & Personal Well Being
- Community Service - Community Stewardship (Youth as Engaged Citizens)
- Preventative Health – Healthier Life/Healthier YOU
- Leadership – College & Career Preparation
- Character Education – Responsibility & Accountability

YDA June Academy 2015 Schedule

Monday, June 15th	Tuesday, June 16 th	Wednesday, June 17th	Thursday, June 18th	Friday, June 19th
		Adult and Student Leaders Training @ Rappahannock Community College-Glenns 9:00am-12:30pm Lunch included @ Something Different Student Participants not included	June Academy begins... Forensic Workshop and EarthDay Workshop @ RCC Glenns Campus 9:00am-2:00pm Lunch included in Amphitheater Chick-Fil-A	Mental and Physical Wellness Day Field Outing to Newport News 10:00am-3:00pm Panera Lunch included
Monday, June 22nd	Tuesday, June 23rd	Wednesday, June 24th	Thursday, June 25th	Friday, June 26th
Financial Literacy and Military Presentation @ RCC Glenns Campus 9:00am-2:00pm Lunch included in Amphitheater Subway Boxed Lunches	Rachel's Challenge Workshop and Video Interviews @ St. Clare Walker Middle School Locust Hill, VA 9:00am-2:00pm Something Different Lunch	GoApe Ropes Course Field Outing to Williamsburg 10:00am-3:00pm Lunch included	Closing Ceremony and Reception @ St. Clare Walker Middle School 4:00pm-5:30pm Families Invited Students provide own transportation	

Today's Schedule

Thursday, June 18th -

9:00-9:30am Welcome- Lecture Hall

9:30-10:45am Break out Sessions

Forensics, 9:30-10:45 Lab G173 (Teams 1&2)

EarthCraft Presentation, 9:30-10:45 G172 (Teams 3,4 &5)

Break 10:45-11:00

Forensics, 11:00-12:15 Lab G173 (Teams 3,4 &5)

EarthCraft Presentation, 11:00-12:15 G172 (Teams 1&2)

12:15am-12:45 Chick-Fil-A Lunch (Amphitheater)

12:45-1:45 Team Time

1:45-2:00 Wrap up and Dismissal Lecture Hall

Expectations

- Dress Appropriately
- Be Courteous and Respectful
- Participate Fully
- Have Fun!

Youth Development Academy- Region 3

2014-2015

Interest Survey

Name _____

School Division _____

Email _____

If you are a rising 10th grader, would you be interested in continuing with YDA next year?

_____ yes _____ no _____ not sure _____ n/a

If you are a rising 11th grader, would you be interested in being a YDA student leader next year?

_____ yes _____ no _____ not sure _____ n/a

Youth Development Academy- Region 3
2014-2015
Student Experience Survey

1. Overall, how do you feel about this experience?
2. What experience did you enjoy the most? Why?
3. What tools or ideas from the Academy will you use during the next school year and in life?
4. What are some topics you would have wanted to include in this Academy?

YDA Budget

Salaries		\$ 25,987.00
YDA Director	5000	
YDA Coordinator	3500	
MCPS Adult Youth Leader	1000	
KWC Adult Youth Leader	1000	
KWC Adult Youth Leader	1000	
WP Adult Youth Leader	1000	
K&Q Adult Youth Leader	1000	
MCPS Youth Counselor	500	
MCPS Youth Counselor	500	
KWC Youth Leader	500	
WP Youth Leader	500	
WP Youth Leader	500	
K&Q Youth Leader	500	
K&Q Youth Leader	500	
Speakers	7487	
Staff Development		\$ 7,500.00
Additional Pay	4000	
Speakers	3500	
Academy Expenses		\$ 26,500.00
FICA	1700	
Field Study and Outings	10000	
Student Incentives	3000	
Meals and Programs	10,000	
Supplies	1800	
Travel/Transportation		\$ 5,000.00
Total		\$ 64,987.00