



NNPS Governor's Youth Development Academy (GYDA)



2014 – 2015 End of Year Report

NNPS' GOVERNOR'S YOUTH DEVELOPMENT ACADEMY

Introduction

Newport News Public Schools (NNPS) is in Newport News, a city of 183,000 located in Southeastern VA. NNPS educates approximately 30,000 children, grades Pre-K to 12, of whom 53.6% are Black, 25.8% are White, 12.6% are Hispanic, 4.8% are Multi-Racial, 2.6% are Asian, and 0.6% are other races. NNPS' Special Education population is 12.1%, its Talented and Gifted population is 10.0%, and its Economically Disadvantaged population is 63.6%. Newport News Public Schools has five traditional high schools, and two smaller non-traditional high schools. The high schools offer a wide range of specialty program choices for students. There is an Arts and Communications Magnet Program at Woodside HS, a Governor's STEM Academy at Heritage HS, a University Magnet Program at Heritage HS, an International Baccalaureate Program at Warwick HS, a Governor's Health Sciences Academy at Warwick HS, and an Aviation Academy at Denbigh HS.

Overview

Newport News Public Schools (NNPS) has a strong commitment to ensuring that every student will graduate "college, career and citizen ready." The 2014-15 NNPS Youth Development Academy provided a Youth Development experience for 9th and 10th graders, intentionally aligned with Newport News Public Schools' mission of ensuring that every student graduates college, career and citizen ready. The NNPS Youth Development Academy connected students to a wide range of service projects and enrichment experiences at local businesses, community organizations, institutions of higher education, and within their schools that increased students' awareness of colleges, careers, and citizenship opportunities in their community.

Goals and Objectives

The Newport News Public Schools Governor's Youth Development Academy provided a year-long program of college, career, citizenship, and leadership experiences for 54 ninth and tenth grade students with an intentional design of exposing them to Science, Technology, Engineering, and Mathematics (STEM) enrichment experiences they may not otherwise have had access to. The NNPS Youth Development Academy engaged students in experiences that blended an understanding of career opportunities and programs offered at local colleges, with hands-on/minds-on activities for students.

The culminating activity was Community STEM Day 2015—a major partnership event held on May 30, 2015, sponsored by Christopher Newport University and Newport News Public Schools. <http://www.pcs.cnu.edu/STEMDay/> During STEM Day, GYDA participants applied their leadership skills, showcased what they had learned about STEM, and carried forward their commitment to serving their community. Youth participants took ownership of the planning of the STEM Day, and facilitated hands-on STEM lessons for children at STEM Day. In addition to being active participants in the execution of STEM Day, GYDA students were able to expand their understanding of college life by spending the night in a CNU dormitory on the eve of the event.

Objectives:

The NNPS Youth Development Academy...

- Promoted college, career, and citizen readiness through a wide range of engaging hands-on/minds-on experiences
- Provided opportunities that developed leadership skills through structured experiences provided by certified youth development professionals
- Provided opportunities for students to apply their leadership skills throughout the school year by leading youth development initiatives, activities, and events at their schools.
- Provided opportunities for students to explore college majors and interact with college students
- Provided opportunities for students to explore a wide range of college and career options in the STEM Career Cluster through excursions to local colleges, businesses, universities, and community organizations.
- Provided opportunities for students to make a difference in their community through service experiences facilitated by Youth Volunteer Corps of Hampton Roads, the only Virginia based branch of the national Youth Volunteer Corps organization.
- Connected students with college mentors with whom they connected throughout the school year.

Student Participation/Makeup

The NNPS Governor's Youth Development Academy was comprised of 54 ninth and tenth grade students, who represented all of the high schools in the school system. To help ensure that we had a diverse group of participants for GYDA, we planned to accept ten applicants from each high school, plus five students from our two smallest high schools that offer alternative programs. Of the many students who applied for admission to the program, 54 students consistently attended GYDA. The students' distribution across NNPS high schools is captured in the chart below.

High School	Enrollment
An Achievable Dream	5
Denbigh	3
Heritage	11
Menchville	9
Point Option	1
Warwick	13
Woodside	12
Total	54

For recruitment, all of the schools were notified of the opportunity through each school’s Youth Development Leads and Career Pathways Facilitators. Emails were sent to the leads and facilitators with information about the academy, along with links to the postings on the school system’s website. We created a Survey Monkey application (See Appendix C) for interested students to complete and submit electronically. We opted for online applications in order to mirror the “real world” of college and work, where applicants no longer complete paper applications. Students who did not have computer or internet access at home were supported at school in the completion of the applications. The application contained a short essay section in which students explained their aspirations and goals in high school and beyond. To reach the greatest number of students possible, we also used social media avenues to promote the opportunity. Electronic flyers for the Governor’s Youth Development Academy were posted on the Youth Development Facebook page and on the Career Pathways Facebook page. <https://www.smore.com/2kvck-gyda-returns-to-nnps>

Activities

While there was overlap among the different areas, activities in the NNPS Governor’s Youth Development Academy fell into one of three categories:

- Monthly Whole Group GYDA Meetings and Excursions (Supporting CCC Ready Mission)
- Monthly School Based Meetings for GYDA Participants to Plan Future Experiences and/or Debrief GYDA Whole Group. Meetings Facilitated by Team Leads at Each Site
- Leadership, Service, and STEM Experiences Leading to the STEM Community Day and Health & Wellness Fair

Below is a chart of the activities of the 2014-15 NNPS Governor’s Youth Development Academy. At the end of most descriptions is a link to Facebook albums with hundreds of pictures showcasing the year in GYDA for NNPS participants. The Appendix has sample school meeting agendas and minutes.

DATE	DESCRIPTION of GYDA EVENT
October 2014	Orientation —2 hour overview of GYDA to welcome participants, families, and staff.
November 2014	<p>Leadership Development and Service Experience - Members of the 2014-2015 Governor’s Youth Development Academy met on Saturday, November 22nd to help at an annual event called <i>Feed the 5,000</i>. The GYDA program day began with approximately 60 students, representing all NNPS high schools, engaging in team building activities. Following the teambuilding, Laurie Sepanski of the Youth Volunteer Corps of Hampton Roads led an eye opening workshop on hunger in America. The students then rode buses to the Feed the 5,000 event at a church in Newport News. GYDA students provided make and take crafts stations and face painting for the children in attendance. They also helped distribute meal tickets, welcomed guests, and provided support where needed.</p> <p>Feed the 5,000 https://www.facebook.com/media/set/?set=a.741083815971442.1073741828.741020875977736&type=3</p> <p>Teambuilding Activity https://www.facebook.com/media/set/?set=a.721795374574348.1073741939.179362385484319&type=3</p>

DATE	DESCRIPTION of GYDA EVENT
<p>December 2014</p>	<p>Leadership Development and Service— Members of the 2014-2015 Governor's Youth Development Academy met on Saturday, December 6, 201 for the Able R Us Holiday Party. Prior to attending the party, GYDA students participated in ice breakers and team building activities. In addition, Laurie Sepanski of the Youth Volunteer Corps of Hampton Roads led an interactive workshop on individuals with special needs, and the particular challenges they face. GYDA students got into the holiday spirit at this festive event by dressing as Santa's elves. The students welcomed attendees, served food, danced and spent time with more than 400 individuals with special needs and their families!</p> <p>Able R Us Holiday Party https://www.facebook.com/media/set/?set=a.749326251813865.1073741829.741020875977736&type=3</p>
<p>January 2015</p>	<p>Leadership Development, Team Building, and Planning— Students participated in team-building activities, including bowling at York Lanes. At the beginning of the day, students were given questions to find the answers to by the end of the day. The questions were designed to stimulate conversations, and help them learn more about fellow students and staff. After lunch, students broke out into teams and brainstormed how to create an interactive photo journal to capture what they had learned during their year in GYDA for their final presentation. Once students had finished their breakout brainstorming, they presented their ideas to the large group for feedback and questions. The groups thought of creative platforms to display their photos and posts, such as an Instagram, Tumblr, Edmodo and Flipagram.</p> <p>Team Building and Report Planning https://www.facebook.com/media/set/?set=a.853967161330831.1073741855.226668870727333&type=3</p>
<p>February 2015</p>	<p>STEM and Career Exploration—The Engineering Day experience at Old Dominion University was cancelled due to inclement weather and the subsequent closing of schools.</p>
<p>March 2015</p>	<p>Leadership Development and Service— Students in the Governor's Youth Development Academy (GYDA) participated in a day of service at the Gardens at Warwick Forest. Students began the day by learning about some of the challenges of growing older. Students participated in different situations that simulated decreased taste, sight, balance, and other senses. These stations helped students understand some of the experiences elderly individuals face. Later in the day at the Gardens at Warwick Forest, students volunteered in hands on projects. Some students helped with bingo, others made Easter treats, and some re-potted plants. A group of students even danced and sang with elderly residents.</p> <p>The Gardens at Warwick Forest https://www.facebook.com/media/set/?set=a.883937441667136.1073741861.226668870727333&type=3</p>
<p>April 2015</p>	<p>Leadership Development and Service— GYDA students assisted teams from their schools across Newport News in conducting food drives at their schools. Teams then competed at the annual CanStructure contest by building structures out of the collected cans using the theme, "Back to the Future!" The teams worked together to build their structures in Patrick Henry Mall, where they were on display for a week. This year, students in the competition collected more than 22,000 cans of food. All of the food was donated to the Food Bank of the Virginia Peninsula to serve needy families.</p> <p>https://www.facebook.com/media/set/?set=a.893811417346405.1073741862.226668870727333&type=3</p>

<p>May 16, 2015</p>	<p>STEM Community Day Planning Session On Saturday, May 16th, NNPS Governor's Youth Development Academy Students met to finalize the lessons they would be teaching at STEM Community Day 2015. GYDA students simulated what it would be like for STEM Day participants to construct pipe insulator roller coasters that illustrated some of the laws of physics. GYDA students built marshmallow towers for height, strength, and stability, and they developed marketing and publicity plans to maximize attendance at STEM Day. https://www.facebook.com/media/set/?set=a.949033158490897.1073741866.226668870727333&type=1</p>
<p>May 2015</p>	<p>CNU Visit and Overnight in the Dorms—May 29, 2015 Community STEM Day at CNU—May 30, 2015 https://www.facebook.com/media/set/?set=a.948412925219587.1073741865.226668870727333&type=1</p>
<p>June 2015</p>	<p>End of Program Celebration and Reflection—Participants' contributions to the community was celebrated at an event that included students, families, and community members. Participants made brief presentations showcasing what they learned during the year and their favorite moments.</p>

Due to extreme weather, some of the planned GYDA experiences were postponed or canceled.

GYDA Data

One of the most rewarding aspects of being involved with the NNPS Governor's Youth Development Academy is the realization that this experience changed students' lives for the better. Below is a sampling of some of the reflections and testimonies students shared about their year in GYDA.

A Sampling of Student Reflections

Before we worked at the 'Feed the 5,000' event, I had no idea what kind of cool things we were going to get to do as a part of the Governor's Youth Development Academy. I don't think I fully understood what types of things we were going to be doing. Then I worked at this event and I saw what it truly meant to be a part of GYDA. I watched the words 'making a difference' come to life. It was cool to me, because I didn't know there was something like this that helped people in need. I helped children do something fun and crafty instead of waiting in the massive line. I loved working with the little kids, because they were all so sweet and cute! I felt like I was really contributing to something amazing and helping a special act of kindness for people that were truly grateful. It was a really great day for me, I had an awesome time and I'll never forget it, or how it opened my eyes to what GYDA and just helping people was all about. It's amazing experiences like this that make me so happy. I am fortunate enough to get to be a part of this program! I feel like from this special experience, I understand a lot more than I used to. Like what it was like to be aging, and have vision or hearing problems, or for it to hurt to walk. What it is like to have a disability, and deal with the way people treat you. It has opened my eyes more to the world around me, and showed me what I can do to make an even better place!

A Sampling of Student Reflections (Continued)

Because of GYDA, I have learned as a person to communicate better. GYDA has also helped me establish myself more as a leader. I have learned that you shouldn't always take things for granted, and the things that I do have I should appreciate. I'm glad to be a part of GYDA, because it's fun giving back to the community for what they have given you, and how communicating with others can help solve problems.

I picked this picture for many reasons... First, I met this young man at our first event and he touched my heart, because he was such a sweet young man. Secondly, this picture reflects all of my GYDA experiences. GYDA has made me more empathetic and compassionate. I realize the simple things in life and the things we take for granted carry the most value. In life it may seem that a person with many material possessions and wealth has the life. I now know that it's not what you can take from the world, but what you are willing to give. I learned to take responsibility and act on the things that I see need to be changed, because even the slightest for the better can make a difference in someone's life. These experiences have given me leadership skills that I will continue to benefit from throughout my life.

I think that this picture sums up everything about my experience. It has shown how a lot of collaborative ideas can create fantastic outcomes. All of the meetings that I have attended, have helped me realize that I've gained leadership skills, more confidence, great friends, and been exposed to places that I've never heard of. At first when I found out that I got accepted into this program I was so nervous, but later throughout the meeting I was ecstatic about this program! I am glad I AM a GYDA member not just for the volunteer hours, but for what I have gained from this fantastic experience.

Throughout all my experiences in GYDA, one of the things I took away was using teamwork to reach our common goal. As a young person in this program I've learned that no one can be successful in the long run by working alone or being without anyone to help you along the road. This has helped me to realize that working together and asking others for help doesn't mean I'm behind or off course, but that I'm seeking help. Interacting with new people can make me a better partner and helper to them and others. I'm very happy to have been able to be in this program and participate in all these events. It made me feel good to know that I made a difference in several lives that were in need for the help and appreciated presence. Thank you!

A Sampling of Student Reflections (Continued)

I choose this picture because it was one of the first times I volunteered. GYDA taught me ways to help people in my community. Before GYDA I was very quiet, but throughout this program, I learned how to be more open. I learned how to be a leader and use my voice rather than just following others. GYDA allowed me to walk in someone else's shoes and gain a new perspective on life. GYDA, to me, means helping others while meeting friends and having fun.

GYDA made me a better leader and a better person. I am happy that I was able to help many people during this program. If it were for 11th graders, I would definitely try to be a part of it next year. I'm sad to leave.

I have grown as a person because of this experience in how I see leaders/leadership, how I treat others, how I see myself, and how I can improve myself and the community. I learned about disabilities at multiple events, and I learned about how to properly treat others with or without disabilities. I discovered that I will sometimes need to take the lead, and I have learned the proper way to do that. I learned a lot about how to interact with people who are different from me. I have met other teenagers from Newport News who share a similar mindset about our community. I have met many influential adults who may be able to help me succeed in the future. I am glad that I was chosen for GYDA, because it was an experience that I never want to forget, and one that I want to continue learning from.

I choose this picture for my reflection for many reasons. It showed how I felt about GYDA and my experience as a whole. Every time we got together either at school or at an event we had good time and laughed. I met people I usually wouldn't talk to at school and I'm happy I got the chance to meet them. Even though we had fun times, there were serious times too, like at Feed the 5000. This showed me that I can't take what I have for granted. I feel like I became a better leader and people person because of GYDA. Through this program I got to practice these skills throughout this experience I'm happy and grateful that I got to experience this. I Love My HHS GYDA FAMILY 😊😊

GYDA has molded me into a better person by teaching me morals and values in life. I'm learning to give more and stop always being worried about getting. This program taught me that giving people things doesn't always have to be a tangible gift. Sometimes all you need to give as a gift is your time. This program has filled my head with optimistic thoughts and with those, nothing is out of reach.

Because of GYDA, I have become more understanding and have gained more leadership skills. On many of our outings we learned what other people go through. The little things in life, I now take more value from them. I am an outgoing person and never afraid to take charge when I need to. Since GYDA had different experiences and activities, I know all leaders don't need to be in the front running things. By letting others takeover and show off their best is how to get the best outcome.

Plans for improvement/lessons learned

The students' reflections say it all—the NNPS Governor's Youth Development Academy is a powerful life changing experience. It is clear that GYDA participants were transformed by their year together. Our greatest regret is that it is available to a relatively small group of students each year.

If we are fortunate enough to be selected for GYDA next year, we will work with Hampton City Schools to include their students in the experience. We will also partner with school systems across the Peninsula for the planning and execution of 2016 STEM Community Day and Health & Wellness Fair. (The 2015 STEM Community Day was a resounding success.)

From a behind the scenes perspective, we learned that it is VERY difficult to have an event in June and still meet the deadlines for budget closeout. In the future, we would make sure our events and activities end early enough to ensure we are able to submit all reimbursements before the VDOE's deadline.

The structure of this year's GYDA was very different from the first year. In many ways, having GYDA run monthly throughout the school year turned out to be a very positive experience for all. The school based meetings were particularly valuable. Students were able to bond with their school mates—some of whom they would not have otherwise had the opportunity to meet. By working together towards a common goal, the school based groups and the GYDA group as a whole learned the importance of teamwork, cooperation, and service.

APPENDIX

NNPS 2014-15 Governor's Youth Development Academy (GYDA) Report

- GYDA Recruitment Flyer
- GYDA Email and Voicemail Recruitment Message
- Sample GYDA Meeting Agendas and Minutes (Heritage HS)
- 2015 STEM Community Day Postcard
- 2015 STEM Community Day Opening Ceremony
- 2015 STEM Community Day Exhibitor Flyer
- 2015 STEM Community Day Exhibitor List
- 2015 STEM Community Day Letter and Map
- 2015 STEM Community Day Bus Shuttle Schedule
- GYDA Students' Overnight Packet for CNU Dorms

GYDA Returns to NNPS!

THE GOVERNOR'S YOUTH DEVELOPMENT ACADEMY IS BACK!

CALLING ALL 9TH AND 10TH GRADERS!

Newport News Public Schools won a grant for a second year of GYDA, the Governor's Youth Development Academy! GYDA is **free** of charge to all selected students. **SPACE IS LIMITED!**

GYDA Includes:

- One Saturday GYDA Meeting & Excursion Per Month
- College, Career, and Citizenship Exploration
- Leadership Development and Community Engagement
- Monthly Team Building Events at Your Schools
- Major Role in NNPS-CNU Community STEM Day 2015
- Transportation Provided to All GYDA Meetings and Excursions
- Free GYDA T-Shirt + Meals and Snacks at GYDA Meetings and Excursions
- End of Program Overnight Stay in a CNU Dormitory!



APPLICATION OPENS AT NOON ON OCTOBER 31ST!

<https://www.surveymonkey.com/s/GYDA2014-2015>



NEED MORE INFORMATION?

Contact:

Brandon Jones at (757) 283-7850 x10318

brandon.jones2@nn.k12.va.us

Ann Ifekwunigwe at (757) 283-7850 x10526

ann.ifekwunigwe@nn.k12.va.us

Message and Email Sent to All NNPS 9th & 10th Graders

CALLING ALL STUDENT LEADERS!

You have probably seen the posters and flyers at your schools... Just a reminder that the deadline to apply for the 2014-2015 Governor's Youth Development Academy (GYDA) is this Friday, November 7th at 12:00 noon.

Visit the following link for more information about GYDA: <https://www.smore.com/2kvck>

Complete the GYDA application here: <https://www.surveymonkey.com/s/GYDA2014-2015>

Need more information?

Contact:

Brandon Jones at (757) 283-7850 x10318
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Ann Ifekwunigwe at (757) 283-7850 x10526
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Thank you!

GYDA Staff

Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

November 20th, 2014 Meeting Agenda

- Icebreaker (Two Truths and a Lie)
- Norms
- Expectations
- Team Building Activity (Magic Steps)
- Upcoming events and important dates:
 - November 22nd – Feed 5000
 - December 4th/5th – School Meeting
 - December 6th – Able 'R' Us
- Sharing Out
 - What is/are something(s) that you do in addition to GYDA?
 - How can GYDA help or support that activity?
- Purpose
 - What do you think the purpose of GYDA is?
 - What is your purpose of being in GYDA?
 - What can we do as a team to enhance our school culture?
- Team Needs
 - What do we need to accomplish our goals?
 - Materials?
 - Resources?
 - Supports?



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

November 20th, 2014 Meeting Minutes
(2:20pm-4:00pm)

- Icebreaker (Two Truths and a Lie)
- Norms
 - Students created group norms for the team keeping in mind the ideal group setting to get work accomplished
 - All students had input and once everyone agreed all members signed the poster of norms
 - Norms will be posted in every school meeting
- Expectations
 - Meetings and Excursions are mandatory
 - Be engaged while attending meetings and excursions
 - Work together; be a part of the not on the outside looking in
 - Contribute to activities or ideas
 - Speak-up
 - Be on time
 - No phones during meetings or activities unless using for activity
- Team Building Activity (Magic Steps)
 - The group participated in the experiential learning activity and debriefed with questions that on how the activity could apply to real life situations
- Upcoming events and important dates:
 - November 22nd –Feed 5000
 - December 4th/5th – School Meeting
 - December 6th – Able 'R' Us
- Sharing Out
 - What is/are something(s) that you do in addition to GYDA?

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- Students listed on their agenda other organizations he/she is involved in at HHS or within the community and then shared those out with the group
- How can GYDA help or support that activity?
 - Students listed on their agenda activities the organizations were planning and shared out with the group
 - Discussed how GYDA could help support or be a part of those activities
- Purpose
 - What do you think the purpose of GYDA is?
 - Students wrote their response on their agenda and then Miss Plecker read some information from page 4 of the objectives
 - What is your purpose of being in GYDA?
 - Students wrote their individual response on their agenda and then shared out information
 - What can we do as a team to enhance our school culture?
 - Did not get to on this agenda
- Team Needs
 - What do we need to accomplish our goals?
 - Materials?
 - Resources?
 - Supports?
 - Did not get to on this agenda



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

December 3rd, 2014 Meeting Agenda

- Icebreaker (Take as Much as You Need)
- Upcoming events and important dates:
 - December 6th – Able 'R' Us
- Team Building Activity (Skin The Snake)
- Photo Journal
 - What is your photo journal?
 - What is the purpose of your photo journal?
- Helping Out
 - What can we do as a team to enhance our school's culture?
- Team Needs
 - What do we need to accomplish our goals?
 - Materials?
 - Resources?
 - Supports?



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

December 3rd, 2014 Meeting Agenda (2:20pm-4:00pm)

- Icebreaker (Take as Much as You Need)
- Upcoming events and important dates:
 - December 6th – Able 'R' Us
- Team Building Activity (Skin The Snake)
 - Students participated in the experiential learning activity as well as participated in debriefing questions on: how problems have more than one solution, how can leaders overcome obstacles when they arise, and what helped to make the ideas work toward the solution
- Photo Journal
 - What is your photo journal?
 - What is the purpose of your photo journal?
 - Miss Plecker explained how HHS will implement the photo journals and what are the expectations of the journal
- Helping Out
 - What can we do as a team to enhance our school's culture?
 - Students listed on the back of their agenda words or phrase that came to mind or described the school culture
 - Students discussed potential ways to help solve/change the negative words/phrases/behaviors that were listed
- Team Needs
 - What do we need to accomplish our goals?
 - Materials?
 - Resources?
 - Supports?

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- We discussed what individual goals students have as a part of GYDA and what Miss Plecker's overall goal was for the GYDA participants
- Other Topics of Discussion
 - Students suggested having more than 1 school meeting each month and trying to accomplish the following during those extra meetings:
 - Volunteering with the Food Bank in some way
 - Volunteering and helping teachers
 - Possibly providing snacks for the less recognized sports in the building



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

January 27th, 2015 Meeting Agenda

- Icebreaker (Match Game)
- Team Building Activity (Human Knot)
- Bowling Outing
 - Debrief
 - What was your favorite part?
 - What did you take away from the experience?
 - Was this activity as important as the others; why or why not?
- ODU Field Trip- February 21st
 - Which event/activity are we going to participate in?
 - Amelia Earhart
 - Baby Baja
 - Egg Drop
 - Electric Boat
 - Model Span Bridge
 - Rube Goldberg Device
 - Hands-On Activities
- Photo Journal
 - Choose 5-6 pictures that you feel “something” about
 - Right a few sentences about each picture



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

January 27th, 2015 Meeting Agenda

- Icebreaker (Match Game)
- Team Building Activity (Human Knot)
- Bowling Outing
 - Debrief
 - What was your favorite part?
 - What did you take away from the experience?
 - Was this activity as important as the others; why or why not?
 - Each member shared their answers to all of the questions.
 - Answers varied for the most part on the first 2 questions. On the 3rd question there was a split decision on whether the event was as important. Some felt that it was so the group as a whole could create a stronger bond for working together. Other members felt that since students weren't helping someone out that it was more fun and less important.
- ODU Field Trip- February 21st
 - Which event/activity are we going to participate in?
 - ~~Amelia Earhart~~
 - ~~Baby Baja~~
 - ~~Egg Drop~~
 - ~~Electric Boat~~
 - ~~Model Span Bridge~~
 - ~~Rube Goldberg Device~~
 - ~~Hands-On Activities~~

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- Students narrowed the choices down to the egg drop or the model span bridge
- Students went and voted on edmodo and the final decision was the Egg Drop
- Photo Journal
 - Choose 5-6 pictures that you feel “something” about
 - Right a few sentences about each picture
 - Students worked in the computer lab on adding 4 different pictures (1 from each event and meeting) with a reflection statement of each
 - Students also had to comment on at least 3 other GYDA member's posts.
- Next Meeting: February 10, 2015



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Heritage High School *Coach Plecker*

March 18th, 2015 Meeting Agenda

- Snacks
- Group Discussion
 - What do you think we will be doing this Saturday at the Gardens of Warwick Forest?
 - What are your expectations for Saturday?
 - How well do you think you know the other GYDA participants from the other schools? How can we continue these relationships or help them grow?
- Gardens of Warwick Forest- March 21st, 2015 9:00 am to 3 pm
 - Transportation
 - Bus stops and times should be about the same
 - When I get the official list I will text stops and times to each of you
 - Attire
 - Jeans
 - T-shirt
 - Athletic Pants- NO sweat pants
- Photo Journal
 - Add 4 more pictures and reflections
 - Bowling Trip
 - Presentation
 - Human Knot- meeting
 - Any other meeting
 - Write a response to at least 3 other people that you have not responded to before



Governor's Youth Development Academy (GYDA)

Heritage High School

Coach Plecker

March 18th, 2015 Meeting Agenda
(2:20pm-4:20pm)

- Snacks
- Group Discussion
 - What do you think we will be doing this Saturday at the Gardens of Warwick Forest?
 - Students listed: gardening, helping the elderly, helping the elderly feel purposeful, and doing activities with the elderly.
 - What are your expectations for Saturday?
 - Each student shared what his/her expectations are for Saturday
 - James: good time working with the elderly
 - Aryah: to get to know an older generation better
 - Aniya: knowledge of the difficulties the elderly experience
 - Ashlee: help entertain people
 - Zoe: do things for them and set-up events
 - Ryan: entertain them
 - Asia: conversations, games, and eating with them
 - Dijuan: getting to know them and doing activities with them
 - Nate R: show them enjoyment
 - How well do you think you know the other GYDA participants from the other schools? How can we continue these relationships or help them grow?
 - A couple of students expressed that they felt shut off when trying to meeting or interact with the GYDA participants from the other schools. I tried to encourage mingling with

Governor's Youth Development Academy (GYDA)

others outside of just our school group and create relationships with those students. Hopefully the next time they try they won't have the same result.

- Gardens of Warwick Forest- March 21st, 2015 9:00 am to 3 pm
 - Transportation
 - Bus stops and times should be about the same
 - When I get the official list I will text stops and times to each of you
 - Attire
 - Jeans
 - T-shirt
 - Athletic Pants- NO sweat pants
- Photo Journal
 - Add 4 more pictures and reflections
 - Bowling Trip
 - Presentation
 - Human Knot- meeting
 - Any other meeting
 - Write a response to at least 3 other people that you have not responded to before
 - Any question that Miss Plecker posts on you picture you need to respond



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

May 13th, 2015 Meeting Agenda

- Snacks
- Ice Breaker
 - On a scale of 1-10 (1 being absolutely terrible and 10 being the best experience ever) How would you rate your experiences with GYDA, and why?
- Group Discussion
 - Did anyone attend Community STEM Day last year? If so what did you see or experience?
 - What are possible ideas advertising Community STEM Day?
 - What will bring in the most people?
- Planning Session- May 16th, 2015 9:00 am to 3:00 pm
 - Transportation
 - Bus stops and times should be about the same
 - When I get the official list I will text stops and times to each of you
 - Attire
 - Jeans
 - T-shirt
 - Athletic Pants- NO sweat pants
- Experiential Learning Activity
 - Survival
- Photo Journal
 - Add 4 more pictures and reflections (2 from each)
 - Gardens of Warwick Forest
 - Can-Structure
 - Write a response to at least 2 other people that you have not responded to before

Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

May 13th, 2015 Meeting Agenda

- Snacks
- Ice Breaker
 - On a scale of 1-10 (1 being absolutely terrible and 10 being the best experience ever) How would you rate your experiences with GYDA, and why?
 - Alyeah: 8.5; something different, volunteering, bowling, and more activities
 - James: 7; meet new people within school and helping prepare for college
 - Dijuan: 8; helping become a better person, building leadership skills
 - Nathan M: 9; occupied Saturdays with productive activities, able to see new places, and meeting new people
 - Ayrah: 8; Meeting new people and having new experiences
 - Zoe: 9; allowed to be creative, participated in different activities, but didn't like interactions with some students from other schools
 - Ashlee: 9; Would have been a 10 but didn't feel welcomed by all students from other schools
 - Asia: 10; kept busy, meeting new people, and volunteer hours
 - Aniya: 8; met a lot of new people, went new places
 - Kori: 7.5; met knew people, shared with old friends, felt like there weren't enough activities at times
- Index Card
 - List what you think could improve GYDA
 - Most activities during the month rather than just once a month
 - GYDA T-shirts

Governor's Youth Development Academy (GYDA)

- Different food options
- More meetings
- Less school rivalry
- Replacement events for missed opportunities (due to weather)
- More organized/reliable bus set-up
- Better communication between schools
- More interactive ideas to meet the GYDA members from other schools
- More ideas for activities within each individual school
- Longer program as a whole
- More leadership type activities
- More public speaking skill building
- Better trips
- More adventures
- GYDA Hoodies
- Group Discussion
 - Did anyone attend Community STEM Day last year? If so what did you see or experience?
 - No students attended last year
 - What are possible ideas advertising Community STEM Day?
 - What will bring in the most people?
 - Email blast
 - Phone blast
 - Social media
 - Morning and Afternoon Announcements
 - Posters
 - Flyers
 - Edmodo
 - Extra Credit Cards
- Planning Session- May 16th, 2015 9:00 am to 3:00 pm
 - Transportation
 - Bus stops and times should be about the same

Governor's Youth Development Academy (GYDA)

- When I get the official list I will text stops and times to each of you
- Attire
 - Jeans
 - T-shirt
 - Athletic Pants- NO sweat pants
- Experiential Learning Activity
 - Survival
 - Students were given a list of items and a scenario. Each student was give 5 minutes to decide what the top 5 items would be needed for survival. Once students were finished with their own list they were then split into groups to decide on what the best list of supplies would be. Students struggled on listening to everyone in the group at times. They also found after hearing the actual list that they should have listened to those they were not originally listening to.
- Photo Journal
 - Add 4 more pictures and reflections (2 from each)
 - Gardens of Warwick Forest
 - Can-Structure
 - Write a response to at least 2 other people that you have not responded to before



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

May 20th, 2015 Meeting Agenda

- Photo Journal
 - Add 2 more pictures and reflections
 - CNU/Planning Day (May 16th)
 - Write a response to at least 2 other people that you have not responded to before
 - Ideas for presenting OUR photo journal
 - -
 -
 -
 -
 -
 -



Governor's Youth Development Academy (GYDA)

Heritage High School *Coach Plecker*

May 20th, 2015 Meeting Agenda

- Photo Journal
 - Add 2 more pictures and reflections
 - CNU/Planning Day (May 16th)
 - Write a response to at least 2 other people that you have not responded to before
 - Ideas for presenting OUR photo journal
 - Movie Maker
 - Rap Video
 - Group Selfies
 - Individual with GYDA reflection
 - Pictures with people from events
 - Pictures from meetings
 -



CNU &
NNPS

STEM Community Day

and **Health & Wellness Fair**

Free & Open to the Public!

May 30, 2015

11 a.m. - 4 p.m.

**at Christopher Newport
University**




CHRISTOPHER NEWPORT
UNIVERSITY

 NEWPORT NEWS
PUBLIC SCHOOLS

Activities, Demos & Hands-On Fun for Children and Adults of All Ages!

Free & Open to the Public!

Activities for all ages!

- Fun and engaging hands-on activities
- STEM professionals from NASA, Newport News Shipbuilding, Virginia Living Museum, Joint Base Langley-Eustis, Jefferson Lab and many more!
- Interactive *Physics of Dance* performances
 - STEM Demonstrations
 - Robotics competitions
- Student displays, including electric cars and aviation projects
 - FREE health and wellness screenings and fitness classes
 - Maker Space and Minds on Lab
 - Mad Science Show
- Food and beverages from restaurants and vendors (for purchase)



FREE round-trip transportation for NNPS families
from schools across the City of Newport News

Questions? Contact Ann Ifekwunigwe
at 757-283-7850 x 10526 or ann.ifekwunigwe@nn.k12.va.us

CNU & NNPS

STEM

Community Day

and **Health & Wellness Fair**

Saturday, May 30, 2015

from 11 a.m. - 4 p.m.

**at The Freeman Center at
Christopher Newport University**

Rain or Shine!

Don't miss this exciting event showcasing
Science, Technology, Engineering, and Mathematics (STEM)
for children and adults of all ages!

For additional information visit:
www.pcs.cnu.edu/StemCommunityDay

CNU & NNPS
STEM
Community Day
and Health & Wellness Fair

Community STEM Day Opening Ceremony
May 30, 2015

Welcome

Lynn Lambert, Ph.D.

Associate Chair, Physics, Computer Science & Engineering Department
Christopher Newport University

National Anthem

Naya Marks

Student, Heritage High School

Introduction of Speaker

Brandon Rusk

Student, Christopher Newport University

Speaker

David Doughty, Ph.D.

Provost

Christopher Newport University

Introduction of Speaker

Tyshawn Dixon

Student, Woodside High School

Speaker

Ashby Kilgore, Ed.D.

Superintendent

Newport News Public Schools

Closing

Ann Ifekwunigwe, Ed.D.

Supervisor, Career Pathways

Newport News Public Schools

CNU & NNPS STEM Community Day



Saturday, May 30, 2015

11:00 a.m. to 4:00 p.m.

Christopher Newport University

Join us for a regional STEM Community Day featuring:

- Newport News Shipbuilding Boat Building Contest
- LEGO Robot Competitions
- MakerSpace Expo with Make and Take Stations
- Health, Wellness & Fitness Fair
- Virtual Reality Experiences
- College and STEM Career Information
- **Your Organization!**



For FREE Exhibitor Registration, Visit:

www.pcs.cnu.edu/STEMDay2015

Don't miss out. Thousands of families will be there!

Be part of an exciting event showcasing Science, Technology, Engineering and Mathematics (STEM) and Health education for children and adults of all ages!



2015 STEM Community Day Exhibitors

1 OSS/Weather Flight
4-H
A Plus Tutorial
AAUW American Association of University Women
Abundant Life Massage Therapy
Achievable Dream Academy
AFCEA (Armed forces communications and electronics association)
Arts Ballet Academy
Beyond Bricks
Bryant & Stratton
Centura College
Chick-fil-A at Christopher Newport
CNU Physics
Cricket Wireless
Department of Atmospheric and Planetary Sciences, Hampton University
DimensionU, Inc.
Discovery STEM Academy
ECPI University
Finch Robotics
FIRST
FIRST Tech Challenge
Fleet and Family Support Center
FRC 2028
FRC1137, Mathews FIRST Robotics Team
Gildersleeve Middle School
GYDA
Heavenly Kettle Corn
Heritage HS Governor's STEM Academy
HRSD
Jazzercise
Jefferson Lab
Jungle Gym
Life Power Music Mentoring
MadScience (placeholder)
NASA Langley Research Center
Navy School Liason Officer
New Horizons Regional Education Centers -
Butler Farm
Newport News Public Schools Crittendon STEM
Newport News schools/Aviation
Newport News Waterworks
Newport News Bomb Sniffing Robot
NN Shipbuilding
NNPS Booker T Washington Middle School
NNPS Elementary Engineering Design Challenges
NNPS STEM Curriculum
NNPS Telecom Center
NNPS--Governor's Youth Development Academy
Old Dominion University Undergraduate Admissions
Organo Gold (Healthy Gourmet Coffee, Tea and Hot Chocolate)
Panera Bread LLC
Peninsula health district VDH
Peninsula SPCA
Physics Fun Park
Red Hat
Regalia Image Wear
Riverside College of Health Careers
Robotics Team
Sentara College of Health Sciences
Small Hall Makerspace
SPAWAR Systems Center Atlantic
The Bunny Hutch, Zoological n
Thomas Nelson Community College
Tidewater SeaPerch
Triple Helix, the Menchville High School Robotics Team
Twisted Sisters Cupcakes
US Coast Guard Training Center Yorktown
VA-DC FIRST Lego League
Virginia Cooperative Extension
Virginia Living Museum
WormWatcher and Tape Genie



CNU & NNPS
STEM
Community Day
and Health & Wellness Fair

May 22, 2015

Dear STEM Community Day Exhibitors,

We look forward to seeing you next week at STEM Community Day at CNU!

As promised, we are sending you attachments with the following information about the day:

- A Map of the Freeman Center, with the Location of Your Table(s)
- Directions to the Freeman Center and Parking Instructions
- Times When the Freeman Center Will Be Open for You to Set Up Exhibits

The Freeman Center will be open for you to set up on **Friday, May 29th** from 3:00 to 6:00 p.m. We will have volunteers available on Friday, May 29th from 4:00 to 6:00 p.m. to help you transport equipment from your vehicles to your tables.

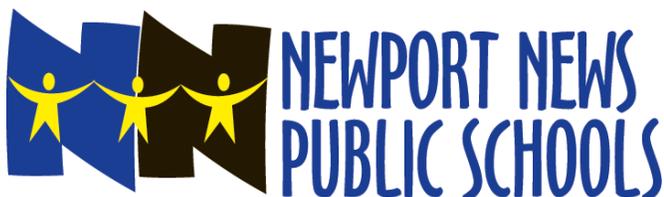
The Freeman Center will be open for you to set up on **Saturday, May 30th** starting at 7:30 a.m. Set up must be completed no later than 10:00 a.m. We will have volunteers available on Saturday, May 30th from 8:00 to 10:00 a.m. to help you transport equipment from your vehicles to your tables. Your table will be labeled with the name of your organization and the corresponding letter on the map key.

Lunch will be available for you to purchase from food trucks and vendors. However, water and snacks will be provided free of charge. Please let us know if you have awards, raffle prizes, or other giveaways that you would like us to announce at the closing ceremony.

Sincerely,

Dr. Lynn Lambert, Mr. Brandon Jones, Dr. Ann Ifekwunigwe, Ms. Veronica Hurd

STEM Community Day Planning Committee
(757) 594-7826; (757) 283-7850 x10318 or x10526



CNU & NNPS

STEM

Community Day

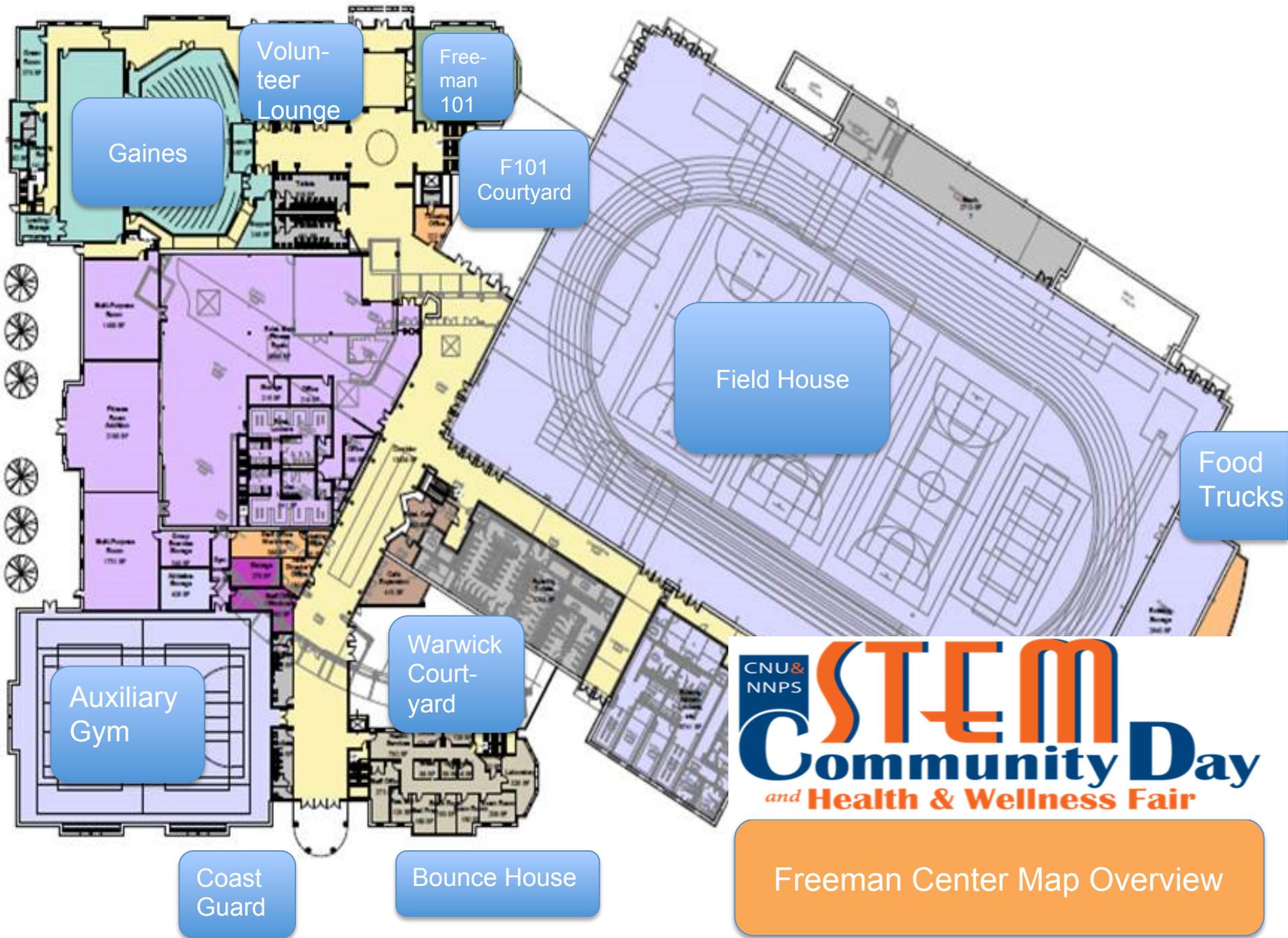
and Health & Wellness Fair

Thanks to our sponsors

Raytheon



All Events at The Freeman Center at Christopher Newport University Key for Exhibitors	
Event Summary	Location (shown on next page)
Main Display Hall for most exhibitors	Field House
Fitness Classes (Jazzercise, Zumba, MixFit)	Freeman 101
ArtsBallet, Liquid Nitrogen, MadScience	Gaines Theater
Boat Building, Underwater Robots with pools for robots, Outdoor Adventures, GYDA	Warwick Courtyard
First Lego League, First Tech Challenge, Jr. FLL	Auxiliary Gym
Telescope, Virginia Living Museum, Bunny Hutch, SPCA	Freeman101 Courtyard
Bounce House, Coast Guard Boat	Front of Freeman
Room for Volunteers and Exhibitors to relax	Volunteer Lounge



CNU & NNPS **STEM** Community Day
and Health & Wellness Fair

Freeman Center Map Overview



PARKING KEY

- CNU Apartments, CNU Landing, Greek Village
- CNU Village/Parking Deck
- Main Campus Residents
- Main Campus Residents, Faculty/Staff
- Day Student, Faculty/Staff
- Rappahannock River Hall Parking Deck
- Faculty/Staff
- Open Parking with any valid CNU decal
- Visitor
- Retail Parking Only

CAMPUS BUILDINGS:

1. Admission Welcome Center*
2. Bell Tower
3. Campus Mail
4. Captain's Locker*
5. CNU Apartments
6. CNU Landing
7. CNU Village
8. Commonwealth Hall
9. Counseling Services †
10. David Student Union
11. Ferguson Center for the Arts
12. Forbes Hall
13. Freeman Center
14. Gaines Theatre †
15. Gosnold Hall
16. Greek Village
17. Grounds Department
18. Hiden-Hussey Commons

19. James River Hall
20. Luter Hall
21. McMurrin Hall
22. Military Science Building
23. Parking Deck/Parking Services
24. Physical Plant/Warehouse
25. POMOCO Stadium
26. Pope Chapel
27. Potomac River Hall
28. Rappahannock River Hall
29. Ratcliffe Hall
30. Residential Housing Support

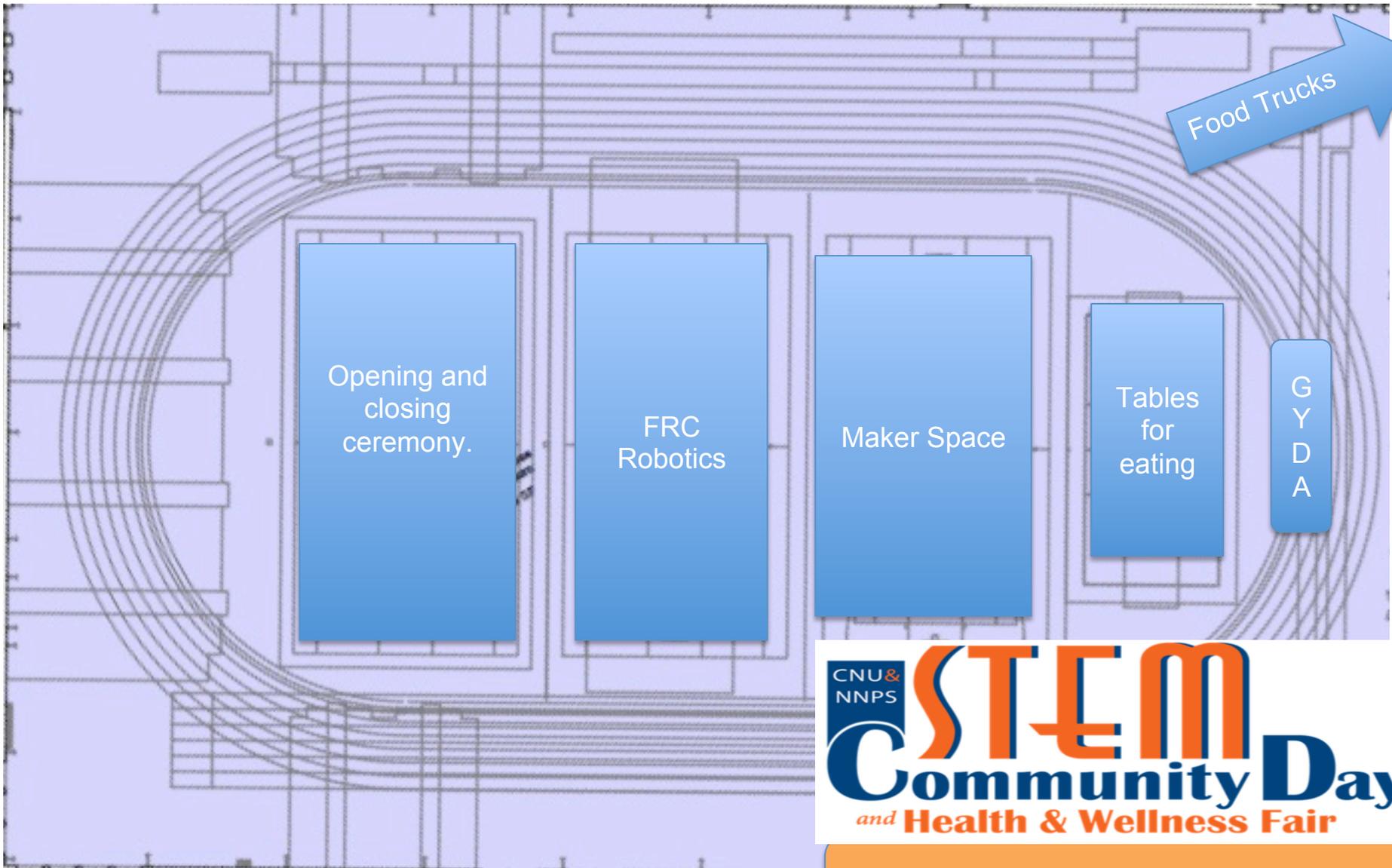
31. Santoro Hall
32. CNU/SunTrust Building
33. Triple Library
34. Triesmann Health and Fitness Pavilion †
35. University Architect †
36. University Health Center †
37. University Police
38. Warwick River Hall
39. York River Hall

* Inside David Student Union
 † Inside Freeman Center
 † Inside CNU/SunTrust Building



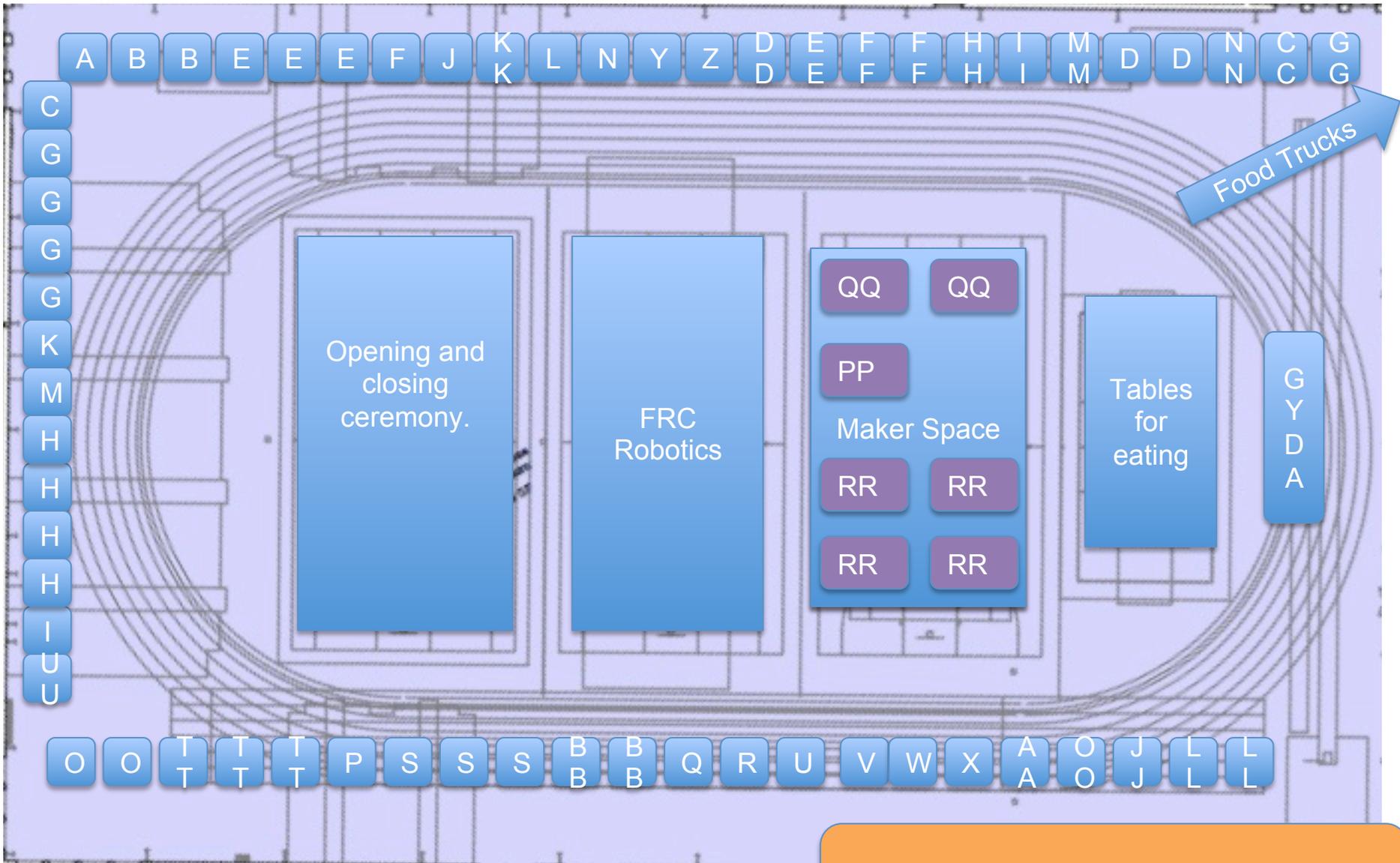
CNU & NNPS
STEM
Community Day
 and **Health & Wellness Fair**

In the Freeman Center at Christopher Newport University



CNU & NNPS
STEM
Community Day
and **Health & Wellness Fair**

Field House Map Overview



Field House Map Detail

CNU & NNPS STEM Community Day

and Health & Wellness Fair

Field House Map Detail Key

1 OSS/Weather Flight	W	Navy School Liason Officer	GG
4-H	F	New Horizons Regional Education Centers - Butler Farm	N
A Plus Tutorial	M	Newport News schools/Aviation	Z
AAUW American Association of University Women	NN	Newport News Waterworks	OO
Abundant Life Massage Therapy	A	NN Shipbuilding	O
Achievable Dream Academy	L	NNPS Elementary Engineering Design Challenges	II
AFCEA (Armed forces communications and electronics association)	U	NNPS STEM Curriculum	HH
Beyond Bricks	RR	NNPS Telecom Center	EE
Bryant & Stratton	Q	NNPS--Governor's Youth Development Academy	T
Centura College	X	Old Dominion University Undergraduate Admissions	P
Cricket Wireless	CC	Organo Gold (Healthy Gourmet Coffee, Tea and Hot Cholcolate)	KK
Department of Atmospheric and Planetary Sciences, Hampton University	AA	Physics Fun Park	LL
DimensionU, Inc.	G	Red Hat	PP
Discovery STEM Academy	D	Regalia Image Wear	JJ
ECPI University	H	Riverside College of Health Careers	J
Finch Robotics	MM	Sentara College of Health Sciences	B
Fleet and Family Support Center	V	Small Hall Makerspace	QQ
Gildersleeve Middle School	Y	SPAWAR Systems Center Atlantic	R
Heritage HS Governor's STEM Academy	DD	Thomas Nelson Community College	I
HRSD	UU	Virginia Cooperative Extension Virginia Tech Virginia State University	E
Jefferson Lab	S	WormWatcher and Tape Genie	BB
Life Power Music Mentoring	C	Youth Career Café	FF
Mad Science	K		
NASA Langley Research Center	TT		



Bus Schedules for Saturday, May 30th

Bus #	School	School Pick Up	CNU Departure
1	Achievable Dream Elem.	9:45; 11:15; 12:45; 2:15	10:30; 12:00; 1:45; 4:15 (Last Bus)
1	Magruder Primary	10:00; 11:30; 1:00; 2:30	
1	Newsome Park Elementary	10:15; 11:45; 1:15; 2:45	
2	Carver Elementary	9:45; 11:15; 12:45; 2:15	10:30; 12:00; 1:45; 4:15 (Last Bus)
2	Sedgefield Elementary	10:00; 11:30; 1:00; 2:30	
3	McIntosh Elementary	9:45; 11:15; 12:45; 2:15	10:45; 12:15; 2:00; 4:15 (Last Bus)
3	Epes Elementary	10:00; 11:30; 1:00; 2:30	
3	Sanford Elementary	10:15; 11:45; 1:15; 2:45	
3	Jenkins Elementary	10:30; 12:00; 1:30; 3:00	

Bus #	School	Pick Up Times	Drop Off Times
4	Greenwood Elementary	9:45; 11:15; 12:45; 2:15	10:30; 12:00; 1:45; 4:15 (Last Bus)
4	Lee Hall Elementary	10:00; 11:30; 1:00; 2:30	
5	Dozier Middle	9:45; 11:15; 12:45; 2:15	10:30; 12:00; 1:45; 4:15 (Last Bus)
5	Passage Middle	10:00; 11:30; 1:00; 2:30	

Bus #	School	Pick Up Times	Drop Off Times
6	Watkins Early Childhood	9:45; 11:15; 12:45; 2:15	10:30; 12:00; 1:45; 4:15 (Last Bus)
6	Saunders Elementary	10:00; 11:30; 1:00; 2:30	
7	Huntington Middle	9:45; 11:15; 12:45; 2:15	10:45; 12:15; 2:00; 4:15 (Last Bus)
7	Booker T. Washington MS	10:00; 11:30; 1:00; 2:30	
7	Heritage High	10:15; 11:45; 1:15; 2:45	
7	Crittenden Middle	10:30; 12:00; 1:30; 3:00	
8	Denbigh High	9:45; 11:15; 12:45; 2:15	10:30; 12:00; 1:45; 4:15 (Last Bus)
8	Menchville High	10:00; 11:30; 1:00; 2:30	

We look forward to seeing you at CNU!

Please note, all times are approximate.



CNU Overnight Packet

Please review and return the necessary documents from this packet to assigned GYDA coach by **Wednesday, May 27, 2015.**

If this packet is not completed and returned, the GYDA participant is unable to attend the overnight field trip at Christopher Newport University (CNU).





Christopher Newport University Overnight Agenda

Friday, May 29th and Saturday, May 30th

Christopher Newport University

Students must find their own way to CNU on Friday, May 30th.
All students who wish to stay overnight MUST arrive no later than 4:30 PM

Friday, May 29th

Drop-Off Time: 4:30 p.m. **(Please Arrive On Time)**

Drop-Off Location: Warwick River Hall (University Place and Warwick Blvd)

4:30 PM

Registration and Room Assignments

5:00 PM

Overview and Group Discussion

5:30 PM

Dinner

6:20 PM

Video Journal Presentations

7:30 PM

Prepare for STEM Day—Lesson Practice and Materials Sort

9:00 PM

Group Fun and GYDA Games

9:30 PM

Prepare for Bed

10:30 PM

Lights Out

Saturday, May 30th

7:30 AM

Wake Up and Breakfast

8:30 AM

Check Out and Walk to Freeman Center

3:00 PM

Pick Up from CNU **(Parents are encouraged to attend STEM Day!)**



Medical Emergency Form

Student's Name: _____ Birth Date: _____
(Please print)

Home Address: _____ City: _____ Zip: _____

Primary Contact Person: _____ Relationship to Student: _____

Home Phone: _____ Work Phone: _____ Cell: _____

List current medical problems and illnesses:

Medical Conditions	Medications/Prescriptions

List allergies and allergic reactions: _____

Other information about the student that relates to his/her health: _____

Insurance Co.: _____ **Policy/Group number:** _____

If not insured, please complete "Non-Insured Medical Form" in addition to the above

Should a medical emergency arise, the student will be cared for first and the parents/guardian will be notified as quickly as possible thereafter.

I have been informed that should a medical emergency occur during the overnight, my son or daughter will be treated by the medical staff at the closest emergency treatment facility. I, (print name) - _____ as the parent/legal guardian do hereby release Newport News Public Schools from any and all medical liability and understand and authorize the medical care as outlined above and I further understand that medical care will be administered only by an accredited and licensed physician/nurse or hospital. I warrant that the medical information provided is current and correct.

Parent/Legal Guardian: _____
(Signature)

Date: _____



Supplemental Medical Emergency Form for Non-Insured Student

Governor's Youth Development Academy Overnight at CNU on May 29, 2015

Student's name: _____

(Please print)

If no medical insurance is available to the student, the parent/guardian must provide the following information in a specific, detailed written statement:

1) What actions should be taken in the case of a Medical Emergency? (use back of form or attach additional page if needed)

2) Who is responsible for the financial liability of any emergency medical care?

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Phone Number(s): _____

Relationship to student: _____

Parent/guardian name: _____ Date: _____

(Please print name)

Parent/guardian signature: _____



General Field Trip/Event Expectations

Newport News Public Schools sponsors field trips and special events for students as a means of providing a comprehensive and diverse learning experience. Field trip/event participants and leaders are expected to conduct themselves in a professional and positive manner as representatives of Newport News public schools. All students must adhere to and are responsible for The Student Code of Conduct as part of their enrollment in the Newport News Public School system. Failure to follow operating guidelines, instructor/staff directives, and the Student Code of Conduct may result in disciplinary action.

1. Anyone with a history of medical problems should consult with their physician prior to the field trip/event to be sure that they are in condition to make the trip or participate in the event. Any student with a medical problem and/or under the care of a physician may be required to provide a medical release prior to the field trip/event.
2. Any prescription medications required should be in the original container clearly indicating the patient and medication information. (Medication must be given to Ms. Veronica Hurd) Be sure to take sufficient quantity for the duration of the field trip.
3. No drugs or alcohol are permitted on the field trip/event. Possession, use, sale, distribution, and/or transportation of alcohol, any controlled substance, illegal drug, or drug paraphernalia is prohibited conduct.
4. No firearms, explosives (including fireworks), or other weapons are permitted on the field trip/event.
5. Sexual harassment, sexual misconduct, lewd or indecent behavior, or sexual assault is prohibited conduct.
6. Physical abuse, threats, intimidation, harassment, coercion and/or other conduct, which threatens or endangers the health or safety of any person, is prohibited conduct.
7. Interfering with normal school activities including studying, teaching, research and recreation is prohibited.
8. **No student** is permitted to leave the field trip at any time.
9. **No student** is permitted to leave with or entertain relatives or friends
10. Failure to comply with instructor directives, engaging in prohibited conduct, or violation of any laws will result in disciplinary and/or legal action.



GYDA Overnight at CNU Packing Checklist

Toiletries

- Pillow
- Bath Towels and Washcloth
- Toothbrush and Toothpaste
- Hairbrush
- Hair accessories (if needed)
- Shampoo and/or conditioner
- Body wash or soap
- Shower slippers
- Sunscreen

Clothing

- Pajamas/sleep attire
- Jeans/pants/shorts (one per day)
- Tops (one for each day)
- Undergarments (one pair per day)
- Socks (one pair per day)
- Sweatshirt
- Outerwear (as needed)

Miscellaneous

- Books to read
- Phone Charger
- Homework assignments
- Journal and pen/pencil
- Favorite stuffed animal or toy
- Medication (**Contact Veronica Hurd at (757) 218-4263 if Student Will Be Bringing Medication**)

