



Virginia Intercommunity Transition Council  
A COMMUNITY OF PRACTICE

# VITC

Transition Services for Students with Disabilities

## STUDENT VOICE



### We need to:

- Participate in all of our IEP meetings. When we fully participate, we become advocates for ourselves and have more control.
  - Understand and be able to talk about the accommodations in our IEPs. These supports will help us when we begin working or go to college.
  - Have a “student friendly” version of our IEPs.
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- Know what we want and speak up about what we want in our IEPs.
  - Know who to ask when we need help.
  - Be willing to take on responsibility and deal with consequences.
  - Find out what careers interest us and learn more about them. Then we can answer, “Is it right for me?”
  - Learn about job skills and vocational training.
  - Learn about basic life management skills:
    - ✓ Money management
    - ✓ Being healthy
    - ✓ Communicating needs
    - ✓ Reading
    - ✓ Sexuality
    - ✓ Social conduct
  - Learn about housing.
  - Get state identification cards while in high school.
  - Speak to our parents about letting go!



**We are ready for adult life!!!**

Take the steps to person-centered thinking  
**ASK, LISTEN, RESPECT, COMMIT!**