

APPENDIX D: REQUIRED FORMS

- ◆ School Entrance Health Form: Health Information Form/Comprehensive Physical Examination Report/ Certificate of Immunization (MCH-213D, Rev.1/99).
- ◆ School Entrance Physical Examination and Immunization Certification Form (MCH-213C, Rev.10/91).
- ◆ Immunization Record, Virginia Department of Health (MCH-213C-Supplement).
- ◆ Certificate of Religious Exemption, Commonwealth of Virginia (CRE-1).
- ◆ Student Immunization Status Report (Form SIS-1).
- ◆ School Entrance Health Information Form (HPE-h12 12/83).
- ◆ Athletic Participation Parental Consent Physical Examination Form.
- ◆ Cumulative Health Record (Form LF.009).
- ◆ Summary of Vision and Hearing: Report to the Principal (Form LF.011, 3/95).
- ◆ Summary of Screening of Vision and Hearing: School Division Report (LF.010, 3/95).
- ◆ Scoliosis Report, Virginia Department of Education.

**COMMONWEALTH OF VIRGINIA
SCHOOL ENTRANCE HEALTH FORM**
Health Information Form / Comprehensive Physical Examination Report / Certification of Immunization

Part I - HEALTH INFORMATION FORM

Part I to be completed by parents or guardians of entering students. Ref. Code of Virginia § 22.1-270, I.

Student's Name: _____

Student's Date of Birth: Sex: Male Female Number of Children in Family: State or Country of Birth: _____

Student's Social Security #: - - or I.D. #: _____

Student's Address: _____ City: _____ State: _____ Zip: _____

Name of School: _____ Grade _____

Name of Mother or Legal Guardian: _____

Home Phone: - - Work Phone: - -

Name of Father or Legal Guardian: _____

Home Phone: - - Work Phone: - -

In case of emergency—if parent or guardian cannot be contacted—contact the following:

- Name: _____ Complete Phone Number: - -
- Name: _____ Complete Phone Number: - -

Birth History (weight, premature, and any other problems at birth): _____

ALLERGIES (food, medicine, insect bites, and any other allergies): _____

Equipment Used and Specialized Health Care Needed <i>(Check all that apply and explain below. *)</i>		Chronic, Recurring, and Special Health Conditions <i>(Check all that apply and explain below. *)</i>	
Equipment Used by Child:	Catheterization	Arthritis (rheumatoid)	
Glasses / Contact Lens	Clean Intermittent Catheterization	Asthma	
Hearing Aid	External Catheter	Attention-Deficit/Hyperactivity Disorder	
Helmet	Other:	Behavioral or Developmental Problems	
Wheelchair / Walker	Medical Support Systems	Cerebral Palsy	
Other:	Hickman / Broviac / IVAC / IMED	Cystic Fibrosis	
	Mechanical Ventilator	Dental Problems	
	Oxygen	Diabetes	
Specialized Health Care Needed:	Ventricular Peritoneal Shunt	Encopresis (involuntary discharge of stool)	
Activities of Daily Living	Other:	Enuresis (involuntary discharge of urine)	
Bowel / Bladder Training	Ostomies	Head or Spinal Injury	
Diapering / Toileting	Ostomy Care	Hearing Impairment	
Lifting / Positioning	Other:	Heart Disease	
Other:	Respiratory Assistance	Kidney Disease	
Feeding	Percussion	Muscular Dystrophy	
Gastrostomy Feeding	Postural Drainage	Seizures	
Jejunostomy Tube Feeding	Suctioning	Sickle Cell Disease (not trait)	
Naso-Gastric Feeding	Other:	Spina Bifida	
Oral Feeding	Specimen Collecting / Testing	Visual Impairment	
Total Parenteral Feeding	Blood Glucose	Other:	
Other:	Other:		

*Explanation: _____

Describe any family history of chronic illnesses or genetic concerns (please list family member in relation to child [e.g., mother] and name of condition [e.g., anemia, arthritis, cancer, diabetes, heart disease, high blood pressure, kidney disease, mental illness, stroke, tuberculosis]): _____

List names of medical specialists or special clinics caring for your child: _____

Has your child ever been seen by a dentist? Yes: , No: . If yes, date of last appointment: _____ Name of dentist: _____

List all prescription and over-the-counter medications taken regularly by your child: _____

Describe your child's operations and hospitalizations, if any (reason and date): _____

Describe any other important health-related information about your child: _____

Check here if you want to discuss confidential information with school nurse or other school authority: Yes , No .

Check here if you give permission for the school nurse or other school authority to contact the examining physician to discuss any information contained on this form: Yes , No .

Signature of Parent or Legal Guardian: _____ Date (Mo., Day, Yr.): _____

Part II - COMPREHENSIVE PHYSICAL EXAMINATION REPORT

Part II to be completed by a qualified licensed physician. All components, unless otherwise indicated, are to be performed no earlier than twelve months prior to the date child enters kindergarten or elementary school. Ref. Code of Virginia § 22.1-270, A-H.

Student's Name: _____

Date of Birth: / / Height: _____ Weight: _____ Head Circumference: _____ Blood Pressure: _____
Mo. Day Yr. Last First Middle

Hemoglobin: _____ gms or Hematocrit: _____%. Urine: Albumin _____, Sugar _____, Other _____

Results of Mantoux tuberculin skin test, optional (may be required in high-risk groups): _____ mm. Date of test: / /

If performed, date of most recent blood lead level: / / Results: _____ µg/dL
Mo. Day Yr.

Vision Screening

Distance visual acuity screening results, without correction: Right Eye 20/ _____ Left Eye 20/ _____ Both Eyes 20/ _____

Distance visual acuity screening results, with correction: Right Eye 20/ _____ Left Eye 20/ _____ Both Eyes 20/ _____

If performed, stereopsis screening results: Pass _____ Fail _____

Child to be rescreened? Yes , No Child to be referred? Yes , No

Hearing

Hearing screening results: Right Ear _____ Left Ear _____ Equipment used: _____

If performed, hearing evaluation results: Right Ear _____ Left Ear _____

If indicated, Tympanogram: Normal _____ Abnormal _____

Child to be rescreened? Yes , No Child to be referred? Yes , No

Systems Examination		Examined	Not Examined	Comments About Findings
General Appearance				
Nutritional Status				
Posture / Motor Behavior				
Skin				
Head				
Eyes:	External			
	Fundi			
Ears:	External and Canal			
	Tympanic Membrane			
Nose				
Throat				
Mouth / Teeth				
Neck				
Heart				
Lungs				
Abdomen				
Genitalia (Tanner Stage)				
Bones, Joints, Muscles				
Neurological				
Estimated Developmental Level:	Cognitive Development			
	Speech / Language Development			
	Social / Emotional Development			
	Health Behaviors / Health Habits			
Other:				

Summary of abnormal physical findings, if any: _____

Medical diagnoses: _____

Describe specifically what, if any, conditions are found that would identify the child as having a disability, including conditions that might require (1) educational evaluation, (2) environmental adjustment, or (3) activity limitation: _____

Assessment: _____

Recommendations and referrals made, if any: _____

Physician's Address: _____ City: _____ State: _____ Zip: _____

Physician's Name (print): _____ Phone No. _____ - _____ - _____

Signature of Physician: _____ Date (Mo., Day, Yr.): _____

PART III - CERTIFICATION OF IMMUNIZATION

Part III to be completed by a physician or health department official.

Student's Name: _____ Date of Birth: _____
Last First Middle Mo. Day Yr.

Student's Social Security #: _____ or I.D. #: _____

Name of Parent/Guardian: _____

IMMUNIZATION	RECORD COMPLETE DATES (month, day, year) OF VACCINE DOSES GIVEN				
Diphtheria, Tetanus, Pertussis (DTP, DTaP)	1	2	3	4	5
Diphtheria, Tetanus (DT) or Td (given after 7 years of age)	1	2	3	4	5
Poliomyelitis (OPV or IPV)	1	2	3	4	5
Haemophilus influenzae Type b (Hib Conjugate Vaccine)	1	2	3	4	
Measles (Rubeola)	1	2	Serological Confirmation of Measles Immunity :		
Rubella	1	2	Serological Confirmation of Rubella Immunity :		
Mumps	1	2	Other (List type and date received):		
Measles, Mumps, Rubella (MMR vaccine)	1	2			
Hepatitis B Vaccine (HBV)	1	2	3	Other:	
Varicella Vaccine	1	2	Other:	Other:	
Rotavirus Vaccine	1	2	3	Other:	

MEDICAL EXEMPTION: As specified in the Code of Virginia § 22.1-271.2, C (ii), I certify that administration of the vaccine(s) designated below would be detrimental to this student's health. The vaccine(s) is (are) specifically contraindicated because (please specify):

DTP/DTaP: [] ; DT/Td: [] ; OPV/IPV: [] ; Hib: [] ; HBV: [] ; Measles: [] ; Mumps: [] ; Rubella: [] ; Varicella: []

This contraindication is permanent: [] , or temporary [] and expected to preclude immunizations until: Date (Mo., Day, Yr.): [] [] [] .

Signature of Physician or Health Department Official: _____ Date (Mo., Day, Yr.): [] [] []

RELIGIOUS EXEMPTION: The Code of Virginia allows a child an exemption from receiving immunizations required for school attendance if the student or the student's parent/guardian submits an affidavit to the school's admitting official stating that the administration of immunizing agents conflicts with the student's religious tenets or practices. Any student entering school must submit this affidavit on a CERTIFICATE OF RELIGIOUS EXEMPTION (Form CRE-1), which may be obtained at any local health department, school division superintendent's office or local department of social services. Ref. Code of Virginia § 22.1-271.2, C (i).

I certify that this student has received at least one dose of each of the vaccines required by the State Board of Health for attending school and that this student has a plan for the completion of his/her requirements within the next 90 days (conditional enrollment):

Signature of Physician or Health Department Official: _____ Date (Mo., Day, Yr.): [] [] []

I certify that this student is **ADEQUATELY IMMUNIZED** in accordance with the MINIMUM requirements for attending school prescribed by the State Board of Health's Regulations for the Immunization of School Children (For information or questions on immunization regulations, please call your local health department or the Virginia Department of Health, Division of Immunization, at 1-800-568-1929):

Signature of Physician or Health Department Official: _____ Date (Mo., Day, Yr.): [] [] []

PART II

CERTIFICATION OF SCHOOL HEALTH EXAMINATION

PART II TO BE COMPLETED BY A PHYSICIAN

(Reverse to be completed by parent/guardian)

Student's Name: _____; Birth Date: _____
LAST FIRST MI MO DAY YR

Height: _____; Weight: _____; Head Circumference: _____; BP: _____

Hemoglobin or Hematocrit: _____ gm%; Urine Albumin: _____; Sugar: _____; Other: _____

Most recent Tuberculin Test Date: _____; Results: _____; Hearing R: _____; L: _____
Mo Day Yr

Vision (w/out glasses) R20/ _____; L20/ _____; Hearing test performed? Audiogram _____; Voice _____

Vision (with glasses) R20/ _____; L20/ _____; Tympanogram (if indicated): normal _____; abnormal _____

Systems Examination	Exam.	Not Exam.	Comments About Findings
General Appearance, Nutrition			
Posture, Gait			
Skin			
Head			
Eyes: External			
Fundi			
Ears: External & Canal			
Tympanic Membrane			
Nose			
Throat			
Teeth			
Neck			
Heart			
Lungs			
Abdomen			
Genitalia (Tanner Stage)			
Bones, joints, muscles			
Neurological			
Other:			
Est. of developmental level			
Behavioral Observations:			
Cooperation			
Emotional tone			
Activity level			

Summary of abnormal conditions which may require: (a) Educational evaluation, (b) Environmental adjustment, or (c) Activities to be limited:

Referrals made: _____

Physician (print): _____; Signature: _____; Date: _____

Address: _____; Phone: (_____) _____

PART III

CERTIFICATION OF IMMUNIZATION

Part III to be Completed by a Physician or Health Department Official

Student's Name: _____ DOB: / /
LAST FIRST MI MO DAY YR

Student's S.S. #: _____ ; I.D. #: _____

Parent/Guardian: _____

IMMUNIZATIONS	RECORD COMPLETE DATES (month, day, year) OF VACCINE DOSES ADMINISTERED				
Diphtheria/Tetanus/Poliovirus (DTP)	/ /	/ /	/ /	/ /	/ /
Diphtheria/Tetanus (DT or Adult Td)	/ /	/ /	/ /	/ /	/ /
Poliovirus (OPV or IPV)	/ /	/ /	/ /	/ /	/ /
Measles (Rubella)	/ /	/ /	Serological Confirmation of Measles Immunity		/ /
Rubella	/ /	/ /	Serological Confirmation of Rubella Immunity		/ /
Mumps	/ /	/ /	Child Entered School Before 08/01/81		/ /
Measles, Mumps, Rubella (MMR)	/ /	/ /			
Hepatitis B Vaccine	/ /	/ /	/ /	Other	/ /

Haemophilus influenzae Type b (Hib Conjugate): PLEASE COMPLETE THE APPROPRIATE SECTION BELOW.

- Has received complete series of Hib vaccine in accordance with current recommendations of the AMERICAN ACADEMY OF PEDIATRICS OR THE U.S. PUBLIC HEALTH SERVICE.
- Has received the AGE-APPROPRIATE doses of Hib vaccine as recommended by the AMERICAN ACADEMY OF PEDIATRICS OR THE U.S. PUBLIC HEALTH SERVICE, the series will be completed on (RECORD COMPLETE DATE (month, day, year):
 Series Completion Date: / /
MO DAY YR
- Hib vaccine is not indicated because this child has had Hib disease at 24 months of age or older.
- Being over 30 months of age, this child is not required by law to have proof of immunization against Hib.

MEDICAL EXEMPTION: DTP / / ; Td / / ; OPV / / ; Hib / / ; Measles / / ; Mumps / / ; Rubella / / .
 As specified in 22.1-271.2.c(11) of the Code of Virginia, I certify that administration of the vaccine(s) designated above would be detrimental to this student's health. The vaccine(s) is (are) specifically contraindicated because (please specify): _____

This contraindication is permanent / / , or temporary / / and expected to preclude immunization until _____

Signature of PHYSICIAN or HEALTH DEPT. OFFICIAL: _____ Date: / /

RELIGIOUS EXEMPTION: The Code of Virginia allows a child an exemption from receiving immunizations required for school attendance if the student or the student's parent/guardian submits an affidavit to the school's admitting official stating that the administration of immunizing agents conflicts with the student's religious tenets or practices. Any student entering school for the first time after July 1, 1983, must submit this affidavit on a CERTIFICATE OF RELIGIOUS EXEMPTION (Form CRE-1) which may be obtained at any local health department, school division superintendent's office or local department of Social Services. Ref. Code 22.1-271.2, C(1), CODE OF VIRGINIA

*I certify that this student has received at least one dose of each of the vaccines required by the State Board of Health for attending school and that this student has a plan for the completion of his/her requirements within the next 90 days (conditional enrollment).

Signature of Physician or Health Dept. Official: _____ Date (mo, day, yr): / /

**I certify that this student is ADEQUATELY IMMUNIZED in accordance with the MINIMUM requirements for attending school prescribed by the State Board of Health on the reverse side of this form.

PART IV**MINIMUM IMMUNIZATIONS REQUIRED OF NEW STUDENTS BY THE
STATE BOARD OF HEALTH
FOR
*SCHOOL ATTENDANCE**

DTP: THREE (3) doses of DTP with one (1) of the three (3) administered after the fourth birthday. If any of these doses must be administered on or after the seventh birthday, ADULT Td should be used instead of DTP.

OPV: THREE (3) doses of trivalent OPV with one of the three administered after the fourth birthday or three (3) doses of eIPV with one of the three administered after the fourth birthday.

MEASLES: TWO (2) doses of live virus measles (rubeola) vaccine, one dose given at 12 months of age or older and a second dose administered prior to entering KINDERGARTEN or first grade, whichever occurs first, effective JULY 1, 1991.

RUBELLA: ONE (1) dose of rubella vaccine received at 12 months of age or older.

MUMPS: ONE (1) dose of mumps vaccine received at 12 months of age or older for students entering school on or after AUGUST 1, 1981.

***SCHOOL DEFINITION:** a) Any public school from kindergarten through grade 12 operated under the authority of any locality within this Commonwealth; b) Any private or parochial school that offers instruction at any level or grade from kindergarten through grade 12; c) Any private or parochial nursery school or preschool, or any private or parochial child care center licensed by this Commonwealth; and d) Any preschool handicapped classes or Head Start classes operated by the school divisions within this Commonwealth.

If there are questions please call your local health department.

S.S #: _____

IMMUNIZATION RECORD

VIRGINIA DEPARTMENT OF HEALTH

Name: _____ DOB: _____

	<u>DATE</u>	<u>DATE</u>	<u>DATE</u>	<u>DATE</u>	<u>DATE</u>
<u>DATE</u> Diphtheria/Tetanus/ Pertussis (DTP)	_____	_____	_____	_____	_____
Diphtheria/Tetanus (DT or Adult Td)	_____	_____	_____	_____	_____
Poliomyelitis (OPV or eIPV)	_____	_____	_____	_____	_____
Measles (Rubeola)	_____	_____	_____	_____	_____
Rubella	_____	_____	_____	_____	_____
Mumps	_____	_____	_____	_____	_____
Measles, Mumps, Rubella (MMR)	_____	_____	_____	_____	_____
Hepatitis B Vaccine	_____	_____	_____	_____	_____
Haemophilus Influenza type b (Hib)	_____	_____	_____	_____	_____

Serological Confirmation of Measles Immunity _____

Serological Confirmation of Rubella Immunity _____

*Child Entered School Before 08/01/81 _____

*(Mumps vaccine is not required if the child entered school before 08/01/81)

This is an official replication of the vaccination record for the above patient. Dates of immunizations listed above either dates of vaccinations given or dates recorded with the Virginia Department of Health by the Patient.

Public Health Official
MCH 213C-SUPPLEMENT

_____ Date

COMMONWEALTH OF VIRGINIA CERTIFICATE OF RELIGIOUS EXEMPTION

Name _____ Birth Date _____

Student I.D. Number _____

The administration of immunizing agents conflicts with the above named student's/my religious tenets or practices. I understand, that in the occurrence of an outbreak, potential epidemic or epidemic of a vaccine-preventable disease in my/my child's school, the State Health Commissioner may order my/my child's exclusion from school, for my/my child's own protection, until the danger has passed.

Signature of parent/guardian/student

Date

I hereby affirm that this affidavit was signed in my presence on

this _____ day of _____

Notary Public Seal

**COMMONWEALTH OF VIRGINIA
STUDENT IMMUNIZATION STATUS REPORT**

PLEASE TYPE OR PRINT ALL INFORMATION!

FACILITY: _____

MAILING ADDRESS: _____

CITY: _____ ZIP: _____

LOCATION: STREET: _____

COUNTY: _____ CITY: _____

PERSON PREPARING REPORT (PRINT): _____ TITLE: _____

SIGNATURE: _____ DATE: _____ PHONE: _____

TYPE OF FACILITY REPORTING

Please check one of the following:

PUBLIC SCHOOL ___ PRIVATE SCHOOL ___ PAROCHIAL SCHOOL ___ HEAD START ___ CHILD CARE CENTER ___

INSTRUCTIONS

- (1) Please complete this report using information in each student's school medical record.
- (2) Please refer to the back section of this form for the MINIMUM IMMUNIZATIONS REQUIRED BY THE CODE OF VIRGINIA
- (3) ALL SCHOOLS Please submit to the ADDRESS BELOW by _____

**VIRGINIA DEPARTMENT OF HEALTH
BUREAU OF IMMUNIZATION
1500 E. MAIN STREET, SUITE 120
RICHMOND, VIRGINIA 23219
PHONE (804) 786-6246**

COMPLETE THE SECTION(S) APPLICABLE TO YOUR FACILITY

Please note in each section, numbers in columns (b) through (f) should add together to equal the total number of students in column(s).

**SECTION I
CHILD CARE CENTERS, HEAD STARTS OR PRESCHOOLS**

(a) Number of Student Enrolled	(b) Number Adequately Immunized	© Number of Medical Exemption	(d) Number of Religious Exemptions	(e) Number of Conditionally Enrolled	(f) Number Without Records

**SECTION II
KINDERGARTEN OR FIRST GRADE IF THERE IS NO KINDERGARTEN (PUBLIC, PRIVATE,
PAROCHIAL)**

(a) Number of Students Enrolled	(b) Number Adequately Immunized	© Number of Medical Exemptions	(d) Number of Religious Exemptions	(e) Number Conditionally Enrolled	(f) Number Without Records

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Form SIS-2, Rev. 4/99

MINIMUM IMMUNIZATIONS REQUIRED OF NEW STUDENTS BY THE STATE BOARD OF HEALTH FOR SCHOOL ATTENDANCE

For more information, please refer to the Code of Virginia 22.1-271, Immunization Requirements and Section 3.00 of the Rules and Regulations for the Immunization of School Children.

DTP: THREE (3) doses of DTP with one (1) administered after the fourth birthday. If any of these doses must be administered on or after the seventh birthday, ADULT Td vaccine should be used instead of DTP.

OPV: THREE (3) doses of trivalent OPV or THREE (3) doses IPV (when OPV is medically contraindicated) with one administered after the fourth birthday.

MEASLES: TWO (2) doses of live virus measles (rubeola) vaccine, one (1) dose given at 12 months of age or older and a second dose administered prior to entering KINDERGARTEN or first grade, whichever occurs first, effective JULY 1, 1991. Two (2) doses of live measles vaccine shall also be required of students enrolling in grade six (6) in 1992 and thereafter. All other students should have received on (1) dose of live measles vaccine.

RUBELLA: ONE (1) dose of rubella vaccine received at 12 months of age or older.

MUMPS: ONE (1) dose of mumps vaccine received at 12 months of age or older for students entering school on or after August 1, 1981.

HEPATITIS B: For children born on or after January 1, 1994, three (3) doses of hepatitis B vaccine.

HAEMOPHILUS INFLUENZAE TYPE b (Hib): For children through 30 months of age, Hib conjugate vaccine should be administered as recommended by the American Academy of Pediatrics or the U.S. Public Health Service.

CONDITIONAL ENROLLMENT: In order for a student to be CONDITIONALLY ENROLLED, the student must have proof of having received at least one (1) dose of each of the required immunizations (DTP, OPV, MEASLES, MUMPS, and RUBELLA) and have a schedule on file to receive the remainder of the required doses within 90 DAYS.

RELIGIOUS EXEMPTIONS: The student or his parent or guardian submits a CERTIFICATE OF RELIGIOUS EXEMPTION (FORM CRE-I), to the admitting official of the school to which the student is seeking admission. Form CRE-I is an affidavit stating that the administration of immunizing agents conflicts with the student's religious tenets or practices. The CRE-I must be signed by a NOTARY PUBLIC AND STAMPED WITH THE NOTARY'S SEAL.

MEDICAL EXEMPTIONS: The school must have written certification from a physician or a local health department on FORM MCH213C that one or more of the required immunizations may be detrimental to the

student's health. Such certification of medical exemption shall specify the nature and probable duration of the medical condition or circumstance that contraindicates immunization.

If there are questions regarding immunizations please call your local health department or the Bureau of Immunization at (804) 786-6246.

NUTRITION

- Yes No Abdominal pain
- Yes No Underweight or overweight for age
- Yes No Allergies related to foods: identify food and reaction

-
- Yes No Problems with elimination (bowel movement and/or urination)
-

OPERATIONS

- Yes No Appendectomy
 - Yes No Hernia
 - Yes No Tonsillectomy
 - Other _____
-

HANDICAPPING CONDITION

- Yes No Scoliosis
 - Yes No Spina bifida
 - Other _____
-

ORTHOPEDIC DEVICES

- Yes No Wheelchair
- Yes No Special shoes
- Yes No Crutches
- Yes No Braces
- Yes No Helmet

BLOOD DISORDERS

- Yes No Anemia
- Yes No Leukemia
- Yes No Hemophilia
- Yes No Sickle Cell Anemia

HEARING

- Yes No Frequent ear aches
- Yes No Running ear
- Yes No Hard of hearing
- Yes No Uses hearing aid

HABITS

- Yes No Sleeps/Rests well
- Yes No Exercises daily
- Yes No Eats well
- Yes No Bathes regularly
- Yes No Brushes teeth regularly

COMMUNICATION

- Yes No Speech understandable
- Yes No Stutters/stammers
- Yes No Lisps

VISION

- Yes No Wears glasses
- Yes No Rubs eyes frequently
- Yes No Squints
- Yes No Color blind

DENTAL

- Yes No Cavities
- Yes No Cleft lip or palate
- Yes No Gum disease
- Yes No Lost some or all baby teeth
- Yes No Permanent teeth appearing
- Yes No Wears dental braces

SKIN AND HAIR

- Yes No Visible scars
- Yes No Hives
- Yes No Scabies
- Yes No Body lice
- Yes No Head lice

MENTAL AND EMOTIONAL

- Yes No Bullies others
- Yes No Cries often
- Yes No Lethargic (slow/lazy)
- Yes No Short attention span
- Yes No Toilet trained
- Yes No Very sensitive
- Yes No Very shy
- Yes No Generally happy

Were there any prenatal or birth complications which affected the child?

Please indicate any other health conditions(s) your child has that is not covered on form.

Signed: _____
(Signature by parent/guardian)

Date: _____

VIRGINIA HIGH SCHOOL LEAGUE, INC.
1842 State Farm Blvd., Charlottesville, Va. 22911

Athletic Participation/Parental Consent/Physical Examination Form

Separate examination and certification required for each school year May 1 of the current year through June 30 of the succeeding year. File in the Office of the Principal.

For School _____

Part 1 - ATHLETIC PARTICIPATION

Male _____

Year _____

(To be filled in and signed by the student)

Female _____

Name _____ Social Security # _____

(Last) (First) (Middle Initial)

Home Address _____

City/Zip Code _____

Home Address of Parents _____

City/Zip Code _____

Date of Birth _____ Place of Birth _____

This is my _____ semester in _____ High School, and my _____ semester since first entering the ninth grade. Last semester I attended _____ School and passed _____ credit subjects, and I am taking _____ credit subjects this semester. I have read the condensed individual eligibility rules and risk statement of the Virginia High School League that appear below and believe I am eligible to represent my present high school in athletics.

INDIVIDUAL ELIGIBILITY RULES

Attention athlete (includes cheerleader)! To be eligible to represent your school in any VHSL interscholastic athletic contest, you—

- ◆ must be a regular bona fide student in good standing of the school you represent.
- ◆ must be enrolled in the last 4 years of high school. (Eighth-grade students may be eligible for junior varsity competition.)
- ◆ must have enrolled not later than the fifteenth day of the current semester.
- ◆ must have passed at least five credit subjects the immediately preceding year and must be currently taking not fewer than five credit subjects for participation during the first semester.
- ◆ must have passed at least five credit subjects the previous semester and must be currently taking not fewer than five credit subjects for participation during the second semester.
- ◆ must not have reached your nineteenth birthday on or before the first day of August of the current school year.
- ◆ must have been in residence at your present high school, or at a junior high school from which your high school receives its students during the entire semester immediately preceding the one in which you wish to participate.
- ◆ must not, after entering the ninth grade for the first time, have been enrolled in or been eligible for enrollment in high school more than eight consecutive semesters. [This rule also applies to a student who becomes "ungraded" for failure to earn a Literacy Passport. For this student, the eight consecutive semesters shall be counted continuously beginning with his/her first semester in the ninth grade or the first semester in which he/she become classified as "ungraded," whichever comes first.]
- ◆ must have submitted to your principal before any kind of participation, including tryouts or practice as a member of any school athletic or cheerleading team, an Athletic Participation/Parental Consent/Physical Examination Form, completely filled in and properly signed attesting that you have been examined during this school year and found to be physically fit for athletic competition and that your parents consent to your participation.
- ◆ must be an amateur as defined by the Virginia High School League: "An amateur is an athlete who engages in VHSL athletics solely for the educational, physical, mental, and social benefits he derives therefrom and to whom VHSL athletics are nothing more than an avocation.*"
- ◆ must not have received in recognition of your ability as a high school athlete any award not presented or approved by your school or the League.*
- ◆ must not be in violation of the VHSL all-star rule.*
- ◆ must not have been a member of a college team in the sport in which you wish to participate.*

*Italicized item does not apply to cheerleaders.

Eligibility to participate in interscholastic athletics is a privilege you earn by meeting not only the above-listed minimum standards, but also all other standards set by your League, district, and school. If you have any question regarding your eligibility or are in doubt about the effect an activity might have on your eligibility, check with your principal or athletic director for interpretations and exceptions provided under League rules. Meeting the intent and spirit of League standards will prevent you, your team, school, and community from being penalized.

LOCAL SCHOOL DIVISIONS AND VHSL DISTRICTS MAY REQUIRE ADDITIONAL STANDARDS TO THOSE LISTED ABOVE.

 Student Signature

 Date:

Providing false information will result in ineligibility for one year.

PART II – MEDICAL HISTORY

This form should be completed by parent and athlete prior to time of the physical examination and should be taken with physical examination form for review by the physician during the examination.

YES	NO	1.	Please explain any YES answers
_____	_____	Have you ever had any of the following?	_____
_____	_____	heart murmur	_____
_____	_____	high blood pressure	_____
_____	_____	other heart problems	_____
_____	_____	broken bones	_____
_____	_____	weak joints - ankles, knees	_____
_____	_____	contusion	_____
_____	_____	operation	_____
_____	_____	seizures or epilepsy	_____
_____	_____	2. Have you ever fainted or passed out?	_____
_____	_____	3. Have you ever been knocked out?	_____
_____	_____	4. Have you ever been hospitalized?	_____
_____	_____	5. Have you ever had to stop running after ¼ to ½ miles for chest pain or shortness of breath?	_____
_____	_____	6. A. Have you ever had significant allergies to:	_____
_____	_____	bee stings - On medication- yes ___ no ___	_____
_____	_____	foods	_____
_____	_____	medicine	_____
_____	_____	others	_____
_____	_____	B. Do you have prescription for use of:	_____
_____	_____	Adrenalin	_____
_____	_____	Inhalers	_____
_____	_____	Other allergy medicine	_____
_____	_____	C. Do you have asthma?	_____
_____	_____	7. Do you take any medicine regularly?	_____
_____	_____	8. Have you any illnesses lasting a week or more such as mononucleosis, etc?	_____
_____	_____	9. Have you had any blood disorders, including sickle cell trait, anemia, etc.?	_____
_____	_____	10. Has any family member had a heart attack, heart problems or sudden death before the age of 50?	_____
_____	_____	11. Do you wear contact lenses, eyeglasses or dental appliance?	_____
_____	_____	12. Do you have any missing or non-functioning organs such as testes, eye, kidney, etc.?	_____
_____	_____	13. Menstrual History: Have you begun menses yet?	_____
_____	_____	14. Do you have any other significant health problems?	_____
_____	_____	15. DATE OF LAST TETANUS IMMUNIZATION?	_____

PART III - PHYSICAL EXAMINATION

(To be completed and signed by examining physician)

NAME _____ SCHOOL _____

HEIGHT _____ SEX _____ AGE _____ GRADE _____

*Tanner Stage of Maturation Index _____ BP _____

*Percent Body Fat _____ *Pulse (rest) _____

(Exercise) _____

(Recovery) _____

*Vision: Corrected (L) _____ (R) _____ Both _____

Uncorrected (L) _____ (R) _____ Both _____

*Audiogram: _____ Cervical spine/neck _____

Back _____

Eyes _____ Shoulders _____

Ears _____ Arm/elbow/wrist/hand _____

Nose _____ Knees/hips _____

Throat _____ Ankle/feet _____

Teeth _____

Skin _____

Lab:

Lymphatics _____ *Urine _____

Lungs _____ *Hemoglobin or HCT _____

Heart _____ and/or Fe Stores _____

Abdomen _____

Genitalia/hernia _____

Peripheral pulses _____

***WHEN MEDICALLY INDICATED**

I have reviewed the data above, reviewed his/her medical history form and make the following recommendations for his/her participation in athletics:

_____ Full Participation

_____ Limited Participation

_____ No Participation

_____ Needs Additional Evaluation

If not full participation give reasons & recommendations: _____

Any recommendations or concerns on such items as:

a. Weight loss or gain or restrictions of weight loss: _____

b. Slow and careful monitoring of conditioning because of being overweight or show an abnormal exercise testing: _____

c. Other _____

Physician Signature _____, M.D.* Date _____

Physician Name (print) _____

Address _____

City/Zip Code _____

Telephone Number _____

*Doctor of Medicine, Doctor of Osteopathy or Licensed Nurse Practitioner

PART IV -- ACKNOWLEDGEMENT OF RISK AND INSURANCE STATEMENT

(To be completed and signed by parent/guardian)

I give permission for _____ to participate in any of the following sports that are
(name of child/ward)
~~not~~ crossed out: baseball, basketball, cheerleading, cross country, field hockey, football, golf, gymnastics, lacrosse, soccer, softball, swimming/diving, tennis, track, volleyball, wrestling, other (identify sports) _____

I have reviewed the individual eligibility rules and I am aware that with the participation in sports comes the risk of injury to my child/ward. I understand that the degree of danger and the seriousness of the risk varies significantly from one sport to another with contact sports carrying the higher risk. I have had an opportunity to understand the risk inherent in sports through meetings, written handouts, or some other means. He/She has student accident insurance available through the school (yes ___ no ___); has football insurance coverage through the school (yes ___ no ___); is insured by our family policy with:

 (Name of Company)

Policy Number _____ Name of Insured _____

I am aware that participating in sports will involve travel with the team. I acknowledge and accept the risks inherent in the sport and with the travel involved and with this knowledge in mind, grant permission for my child/ward to participate in the sport and travel with the team.

I also give my consent and approval for my child/ward to receive a physical examination, as required in Part IV, Physical Examination, of this form, by _____ M.D., O.D. or LNP as recommended by the named student's school administration.

Additionally I give my consent and approval for the above named student's picture and name to be printed in any high school or VHSL athletic program.

Signature of parent/guardian _____ Date _____

PART V - EMERGENCY PERMISSION FORM*

(To be completed and signed by parent/guardian)

STUDENT'S NAME _____ GRADE _____ AGE _____

HIGH SCHOOL _____ CITY _____

EMERGENCY AUTHORIZATION: In the event I cannot be reached in an emergency, I hereby give permission to physicians selected by the coaches and staff of _____ High School to hospitalize, secure proper treatment for and to order injection and/or anesthesia and/or surgery for the person named above.

Daytime phone number (where to reach you in emergency) _____

Evening time phone number (where to reach you in emergency) _____

Signature of parent or guardian _____ Date _____

Relationship to student _____

*Emergency Permission Form may be reproduced to travel with respective teams and is acceptable for emergency treatment if needed.

MEDICAL AND DENTAL EXAMINATIONS

YEAR	RECOMMENDATIONS BY PHYSICIAN OR DENTIST	NAME OF PHYSICIAN OR DENTIST
19		Physician
		Dentist
19		Physician
		Dentist
19		Physician
		Dentist
19		Physician
		Dentist
19		Physician
		Dentist
19		Physician
		Dentist
19		Physician
		Dentist

COMMONWEALTH OF VIRGINIA

**Summary of Screening of Vision and Hearing
Report to Principal**

School: _____ Year: _____

Person Preparing Data: _____ Signature: _____
Principal or Designee

Check Level: _____ Elementary (Grade 3) Total student population _____
 _____ Secondary (Grade 7) Total student population _____
 _____ Secondary (Grade 10) Total student population _____

SCREENING	# SCREENED	NUMBER REFERRED FOR SUSPECTED DEFECT			NO REPORT FOLLOWING REFERRAL			NUMBER OF THOSE REFERRED THAT WERE SEEN BY HEALTH CARE PROVIDERS			NUMBER OF THOSE SEEN WITH CONDITION DIAGNOSED BY HEALTH CARE PROVIDER (Includes those seen once as well as those receiving ongoing active care)		
		BOY	GIRL	TOTAL	BOY	GIRL	TOTAL	BOY	GIRL	TOTAL	BOY	GIRL	TOTAL
VISION													
HEARING													

* Screener should submit separate summaries for each designated grade level.

SUMMARY OF SCREENING OF VISION AND HEARING

School: Self explanatory

Year: School year - example: 1991-92

Person Preparing Data: The name and title of person who is collecting data.
Example: Mary Smith, RN, or Julia Brown, Teacher

Signature of Principal: Self Explanatory

Check Level: Check appropriate grade level.

Total Student Population: Total number of students in grade level checked above

Number Screened: Total number screened

Number Referred for Suspected Defect: (reported by gender and total) This is the number of suspected defects out of the total number screened.

No Report Following Referral: (reported by gender and total) This equals all those referred that no report or follow-up has been done.

Number of Those Referred That Were Seen By Health Care Providers:

This reflects those who were seen by an ophthalmologist, physician, optometrist or other health care provider for the suspected defect.

Number of Those Seen With Condition Diagnosed by Health Care Provider:

(reported by gender) This includes those seen once as well as those who may continue to receive ongoing care. This number reflects those with corrections even though it may take several visits or years to complete care. Once the child is under care for condition, the primary goal has been met.

Submit to Superintendent or Designee for compilation of the local school division's cumulative report.

COMMONWEALTH OF VIRGINIA
 Summary of Screening of Vision and Hearing
 School Division Report

School Division: _____ Year: _____

Person Preparing Data: _____

Check Level: _____ Elementary (Grade 3) Total student population _____
 _____ Secondary (Grade 7) Total student population _____
 _____ Secondary (Grade 10) Total student population _____

SCREENING	# SCREENED	NUMBER REFERRED FOR SUSPECTED DEFECT			NO REPORT FOLLOWING REFERRAL			NUMBER OF THOSE REFERRED THAT WERE SEEN BY HEALTH CARE PROVIDERS			NUMBER OF THOSE SEEN WITH CONDITION DIAGNOSED BY HEALTH CARE PROVIDER (includes those seen once as well as those receiving ongoing active care)		
		BOY	GIRL	TOTAL	BOY	GIRL	TOTAL	BOY	GIRL	TOTAL	BOY	GIRL	TOTAL
VISION													
HEARING													

Filed locally for administrative purposes.

L.F.010

3/95

COMMONWEALTH OF VIRGINIA
DEPARTMENT OF EDUCATION
SCOLIOSIS REPORT

SCHOOL DIVISION: _____ DATE _____

NAME OF SCHOOL: _____

PERSON COMPLETING FORM: _____

TITLE OR POSITION: _____

RESULTS OF MEDICAL EXAMINATION OF REFERRED STUDENTS FROM THIS YEAR'S SCREENING PROGRAM.

GRADE LEVEL, AND SEX	NUMBER SCREENED	NUMBER SCREENED WITH SUSPECTED FINDINGS AND REFERRED THIS SCREENING	NUMBER OF RESPONSE TO REFERRAL	NUMBER SEEN BY PHYSICIAN AND REPORT INDICATES NO SIGNIFICANT FINDINGS	RESULTS OF MEDICAL EXAMINATION OF REFERRED STUDENTS								PREVIOUSLY DIAGNOSED AS SCOLIOSIS AND UNDER TREATMENT AT THIS TIME. IDENTIFY TYPE OF TREATMENT ON BACK OF FORM.	NO RESPONSE TO REFERRAL
					NUMBER SCOLIOSIS CASES DIAGNOSED	NO TREATMENT PRESCRIBED	REVIEW AS REQUESTED BY PHYSICIAN	EXERCISE AND/OR PT	BRACING	SURGERY	OTHER CONDITIONS DIAGNOSED (LIST ON BACK)			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	
5M														
5F														
6M														
6F														
7M														
7F														
8M														
8F														
9M														
9F														
TOTAL														

Numbers in columns 7, 8, 9, 10, and 11 should equal number in column 6.
Numbers in columns 5, 6, and 12 should equal the number in column 4.

COLUMN HEADING DEFINITIONS

Column 2 - The number in this column does not include those students having had surgery, braces, or undergoing treatment at this time. These should be included in column 13.

Column 3 - The number in this column are students with suspected findings and referred to a physician during this year. A student may be counted who was referred last year and did not receive treatment and was screened again this year and referred again. This includes those students whose physicians recommended no treatment last year but requested continued monitoring.

Column 6 - The number in this column includes all the students diagnosed as having scoliosis after being referred from column 3.

Column 12 - The number in this column includes all the students who have postural conditions and diagnosed as a condition other than scoliosis by the physician. List these conditions below:

_____	_____
_____	_____
_____	_____
_____	_____

Column 13 - No student in this column should have been included in any other column on this report.

_____	_____
_____	_____
_____	_____

Please compile and return to designated person within local school division.

Disposition: To be maintained and filed locally.