



Mental Health in Schools Conference

**"Promoting Wellness,
Building Resilience, and
Improving Outcomes"**

August 8-9, 2017

The Williamsburg Lodge

310 S. England Street, Williamsburg, VA 23185

Virginia Department of Education, Office of Student Services

VIRGINIA DEPARTMENT OF EDUCATION

Mental Health in Schools Conference

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and Improving Outcomes”

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Tuesday, August 8, 2017

7:30 a.m. – 8:30 a.m. Registration and Check-in ~ ~ ~ ~ ~ Virginia Foyer

8:30 a.m. – 9:00 a.m. Welcome and Opening ~ ~ ~ ~ ~ Virginia Room ABCD
Mr. Joseph Wharff, School Counseling Specialist
Virginia Department of Education

9:00 a.m. - 10:30 a.m. Advancing High Impact School Behavioral Health in Virginia
Mark. D. Weist, Ph.D., Professor, Clinical-Community and School Psychology,
University of South Carolina
In 2009, leaders in education and school mental health initiated the development of an Interconnected Systems Framework (ISF) for embedding evidence-based mental health practices within multi-tiered behavioral systems in schools in the U.S. The ISF joins investments from more comprehensive mental health services in schools and positive behavioral interventions & supports (PBIS) toward greater depth, quality and impact of multi-tiered prevention, early intervention and intervention. In this session, Dr. Weist will review the development of the ISF and present key themes of improving diverse stakeholder involvement and the functioning of teams; implementing high quality, evidence-based practices; and effectively using data for decision-making. He will describe efforts in the Southeastern United States to build capacity for the ISF building from a Community of Practice Framework.

10:30 a.m. – 10:45 a.m. Break ~ ~ ~ ~ ~ Virginia Foyer

Presenters

Jamie Albers

Jamie Albers has been a School Liaison Officer for 8 years, both stateside and overseas. Previous to that, she worked in Child Protection Services as an Investigator and a Therapist in an Adolescent Residential Hospital. She has been married for 25 years to an Active Duty Air Force member and are on their 11th assignment. They have two daughters, 21 and 23 years old, who during their 11 assignments have attended 9 and 11 schools respectively.

Dr. Dede Bailer

Dr. Bailer is currently the coordinator of School Psychology Services for Fairfax County Public Schools (FCPS). In her role as coordinator, Dr. Bailer has supervisory responsibility for over 160 school psychology practitioners in FCPS and works with county government and community partners to develop and implement wellness and prevention strategies that contribute to healthy children and communities. Dr. Bailer is part of the FCPS team implementing a tiered system of support for mental wellness and social emotional learning and is a division representative to the State Management Team. She is also the FCPS liaison to VDOE for Military Connected Youth.

Dr. Tasheka Cox

Dr. Tasheka Cox is a Licensed Clinical Social Worker and Psychotherapist who has served students and clients in both the education system and in private practice. She is also a certified Mindful Schools Instructor and a Yoga Instructor specializing in treating anxiety, depression, and PTSD. She has over 15 years of professional counseling experience including working as a field supervisor for master level Social Work students. She has presented at numerous local and national conferences on Mindfulness, Self-Care, Trauma, and Stress Management. In addition, she has developed and implemented social-emotional learning curriculum in local Alternative School settings. Dr. Cox is a very

dedicated professional whose passion is to help students, individuals, families, and groups learn mindfulness techniques, self-regulations and self-management skills to relieve pain, suffering, and cope with everyday life stressors.

Dr. Emily Goodman-Scott

Dr. Emily Goodman-Scott is an Assistant Professor and School Counseling Coordinator in the Counseling and Human Services department at Old Dominion University in Norfolk, Virginia. Before working at ODU, Dr. Goodman-Scott worked in the public schools as a school counselor and special education teacher, as well as in several mental health counseling settings primarily serving youth. She has published over a dozen articles in national journals such as *Professional School Counseling* and *Counselor Education and Supervision*. Her areas of research include school counseling related topics: (a) preparation, (b) roles, (c) practices within Positive Behavioral Interventions and Supports, (d) elementary school counseling, and (e) counseling children with exceptional needs in and out of the schools. Dr. Goodman-Scott enjoys advocating for the school counseling profession through scholarly publications and presentations, preparing the next generation of school counselors, and professional service. Dr. Goodman-Scott holds a number of service positions including seven years as a board member for the Virginia School Counselor Association; secretary of the ACES School Counseling Interest Network; Research Grant Chair for the Association for Child and Adolescent Counseling; and is a faculty advisor for ODU's chapter of Chi Sigma Iota. Further, she is on the editorial review board for the *Professional School Counseling* journal and the *Journal of Child and Adolescent Counseling*. She earned both a Ph.D. and M.A.Ed. from Virginia Tech and a B.S. from James Madison University. Dr. Goodman-Scott is a licensed school counselor in Virginia, a Licensed Professional Counselor in Virginia, a Nationally Certified Counselor, a Nationally Certified School Counselor, and an Approved Clinical Supervisor.

Dr. Cliff Hatt

Cliff Hatt, Ed.D., ABPP (School), NCSP is the retired administrative coordinator for psychological services with Virginia Beach City Public Schools and former director of the APA-accredited doctoral internship program in professional psychology. He has a doctorate in school psychology from the University of Northern Colorado, a master's in educational foundations (school psychology) from Florida Atlantic University, and a bachelor's degree in psychology from Canisius College. He is a licensed clinical psychologist (Virginia Board of Psychology), holds specialty board certification in school psychology from the American Board of Professional Psychology (ABPP) and is a Nationally Certified School Psychologist (NCSP). He is currently on the board of directors of the American Board of School Psychology and a fellow of American Academy of School Psychology. He is past president of the Virginia Psychological Association and the Virginia Academy of School Psychologists. He was appointed to the Virginia Board of Psychology and served as chair of the Board and chair for the Discipline Committee of the Board. Dr. Hatt also teaches graduate courses for the Virginia Consortium Program in Clinical Psychology and recently co-taught a graduate course on ethics and law for the school psychology program at the College of William and Mary. He is a frequent presenter for the Virginia Department of Education.

Ron Hertel

Ron Hertel, is a Program Supervisor for Social/Emotional Learning in Student Support at the Office of Superintendent of Public Instruction (OSPI), Washington's State Education Agency. In 1975, he began teaching in a secure inpatient psychiatric facility for adolescents and part time in a public middle school in Minnesota prior to beginning a 10 year career as a social worker for Boulder County Dept. of Social Services in Boulder, Colorado. In 1989, Ron moved to Washington State and has supervised a county child welfare office, managed the statewide residential care program for adolescents, and served as program administrator of Children's

Mental Health Services for the Department of Social and Health Services in Washington State. In 2000 he moved to OSPI to bring together his careers as teacher and social worker. As Program Supervisor, he led the development of the Compassionate School Initiative which began in 2008. He was a co-author of a book published in 2009 entitled, *The Heart of Learning and Teaching; Compassion, Resiliency, and Academic Success*. He also coauthored, *Supporting and Educating Traumatized Students: A Guide for School-Based Professionals* published by Oxford University Press (2012), and *Optimizing Learning Outcomes: Proven Brain-Centric, Trauma Sensitive Practices*, published in the spring of 2017 by Routledge (Taylor and Francis Books).

Carolyn Lamm

Carolyn Lamm is the Supervisor for Student Support for Fauquier County Public Schools (FCPS) and serves as the Division Coordinator for schools implementing Virginia Tiered System of Supports (VTSS). She has provided professional development, consultation, and coaching with the VTSS and PBIS state projects in Virginia for the past 12 years. She contributes presentations at local, state, and national conferences on multi-tiered systems incorporating positive behavioral practices with social emotional learning and mental wellness supports. She provides professional development on evidence-based practices which improve self-management, engagement, and performance. Carolyn serves as project director for the Project AWARE grant providing oversight of Youth Mental Health First Aid trainings in Fauquier County. Carolyn Lamm also serves as project director for a DCJS Juvenile Justice grant in support of the Restorative Pathways program designed to integrate Restorative Justice and Trauma Informed practices into evidence-based PBIS tiered supports in schools. Previously, Carolyn served as PBIS/Behavior Support Division Coordinator in Chesterfield County Schools and Prince William County Schools. Carolyn has coordinated implementation of PBIS and VTSS in over 80 schools in Virginia and extensive experience in aligning supports and networking effective practices for division-wide systems change.

Carolyn has a strong track record in helping educators to provide a rich menu of supports that result in success stories for students.

Dr. Kristen Nicholson

Dr. Nicholson is a Licensed Clinical Social Worker and is certified as a Mindful Schools Instructor. She has served as a School Social Worker with Baltimore City Public Schools for the past eleven years, as well as a Field Supervisor to both graduate and undergraduate social work students. She also maintains a private practice in Towson, Maryland. Dr. Nicholson has completed extensive training in utilizing mindfulness-based interventions with both children and adults and enjoys teaching students how to use mindfulness practices to tap into their inner strengths to enhance their overall well-being. She has presented at both local and national conferences on the topic of mindfulness, as well as facilitated numerous trainings with both educators and mental health professionals on the topic of mindfulness and self-care.

Wendy O'Sullivan

Wendy O'Sullivan is the spouse of an Active Duty Army Service Member who has served for 25 years and continues to serve. She has worked for the Department of the Army for over eight years as both a Program Coordinator and a School Liaison Officer. Her previous experience as a Teacher and Counselor spans working in four countries in three continents.

Dr. James (Jim) Russo

Jim Russo, Ed.D., Coordinator of Psychological and Diagnostic Services, Chesterfield County Public Schools, is a licensed clinical and school psychologist with 36 years of experience in education. He earned his doctoral degree from the College of William and Mary and has been employed by the Chesterfield County Public Schools since 1985. During that time, he has provided comprehensive psychological services to elementary, middle, and high school students. In addition to his public school practice, Dr. Russo has engaged in a private clinical practice in Richmond and was an adjunct instructor for

Mary Baldwin College in the Masters of Arts in Teaching program. Dr. Russo is entering his seventh year as Coordinator of Psychological and Diagnostic Services in Chesterfield. His interests include Restorative Practices, as an alternative to traditional school discipline; social emotional development of young children; and training school professionals in responding to children's grief and loss.

Dr. Allison Sampson-Jackson

Allison Sampson-Jackson, Ph.D., LCSW, LICSW, CSOTP is a Licensed Clinical Social Worker and a Certified Sex Offender Practitioner in the State of Virginia and a Licensed Independent Clinical Social Worker in the District of Columbia. Her clinical practice and research has focused on advancing effective trauma informed treatment practices for persons who experience significant conduct related behavior problems. Her areas of specialty include attachment based models of treatment; sexual abusiveness in children and adolescents; neuropsychology; and the use of neuroscience to inform work with children and adults with complex trauma disorders. Dr. Sampson-Jackson is a person of lived experience as well as being a professional who has provided services to "at-promise" youth and their families via the Department of Social Services, Public Mental Health Clinics, as well as within Juvenile Detention and Correctional facilities. For 13 years, Dr. Sampson-Jackson worked for Providence Service Corporation. During her time with Providence, she moved from working with children and families as a mentor and therapist to serving as a Vice President of Clinical Operations and National Trauma Informed Service Line Leader. In her final year with Providence, she co-led 17 National Trauma Informed Teams with Providence through the National Council of Behavioral HealthCare's Trauma Informed Learning Collaborative. Today, Dr. Sampson-Jackson works independently as the CEO of Integration Solutions, providing trauma informed care consultation, education and technical assistance to human service organizations interested in furthering their integration of trauma informed child and family service systems. For more information about Dr. Sampson-Jackson's work you can visit <http://integrationsolutions.org>

Vickie Shoap

Vickie Shoap is a Restorative Justice Specialist for Fairfax County Public Schools in Fairfax Virginia. With over 20 years' experience in the restorative justice field Vickie Shoap is a national restorative justice practitioner and trainer in the principles and practice of restorative justice in education and in Virginia's juvenile courts. Vickie has been involved in leading restorative justice program initiatives in Virginia since 2000, including writing guidelines and a facilitator manual for the Supreme Court of Virginia Office of Dispute Resolution. Vickie Shoap is the former Restorative Justice Coordinator for the Prince William County Virginia 31st Judicial Circuit and Juvenile Courts.

Jennifer Ward

Jennifer Ward has been working with refugee youth since 2006. She holds a Master of Arts in Professional Counseling and a Bachelor of Science in Counseling with a minor in Special Education. Originally planning to be a special education teacher, Jennifer was drawn to the Unaccompanied Refugee Minor (URM) Program after interning with Commonwealth Catholic Charities in 2006. She worked as a refugee school liaison for CCC as she completed her Master's Degree with a concentration in Refugee Mental Health. Jennifer is a Resident in Counseling with the state of Virginia and worked as a therapist in the URM Program until becoming a clinical supervisor with the Foster Care Program. Her passion is working with refugee and immigrant youth in foster care and helping them adjust and thrive in their new homes. Jennifer has worked with youth from countries all over the world including: Sudan, Somalia, Vietnam,

Haiti, Cuba, Bangladesh, China, Honduras, El Salvador, Guatemala, Mexico, Eritrea, Guinea, Cameroon, and Russia. She has provided training to organizations, agencies, and school systems throughout central Virginia on such topics as cultural competence, behavior management, refugee mental health, unaccompanied children, working with youth in foster care, and working with victims of human trafficking.

Jennifer lives in Chesterfield, Virginia with her husband of 23 years and their three children.

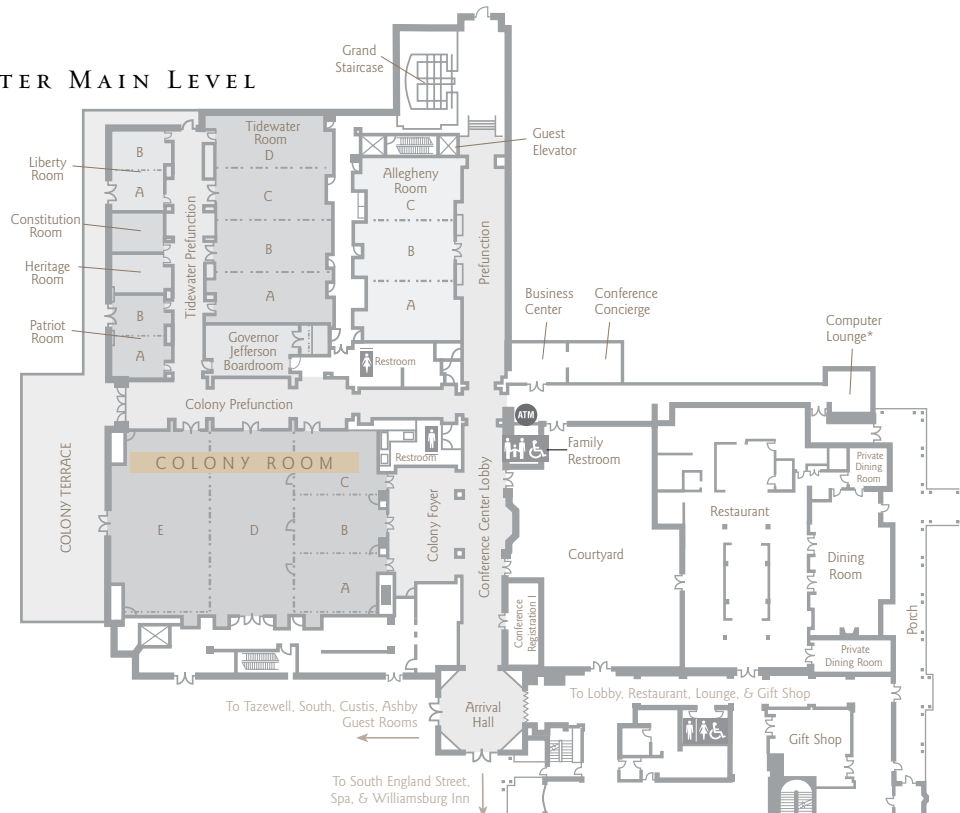
Dr. Mark D. Weist

Mark D. Weist received a Ph.D. in clinical psychology from Virginia Tech in 1991 after completing his internship at Duke University, and is currently a Professor in Clinical-Community and School Psychology in the Department of Psychology at the University of South Carolina. He was on the faculty of the University of Maryland for 19 years where he helped to found and direct the Center for School Mental Health (<http://csmh.umaryland.edu>), one of two national centers providing leadership to the advancement of school mental health (SMH) policies and programs in the United States. He has edited ten books and has published and presented widely in SMH and in the areas of trauma, violence and youth, evidence-based practice, cognitive behavioral therapy, Positive Behavioral Interventions & Supports (PBIS), and on an Interconnected Systems Framework (ISF) for SMH and PBIS. He is currently co-leading a regional conference on school behavioral health (reflecting integrated SMH and PBIS, see www.schoolbehavioralhealth.org) and leading a randomized controlled trial on the ISF.

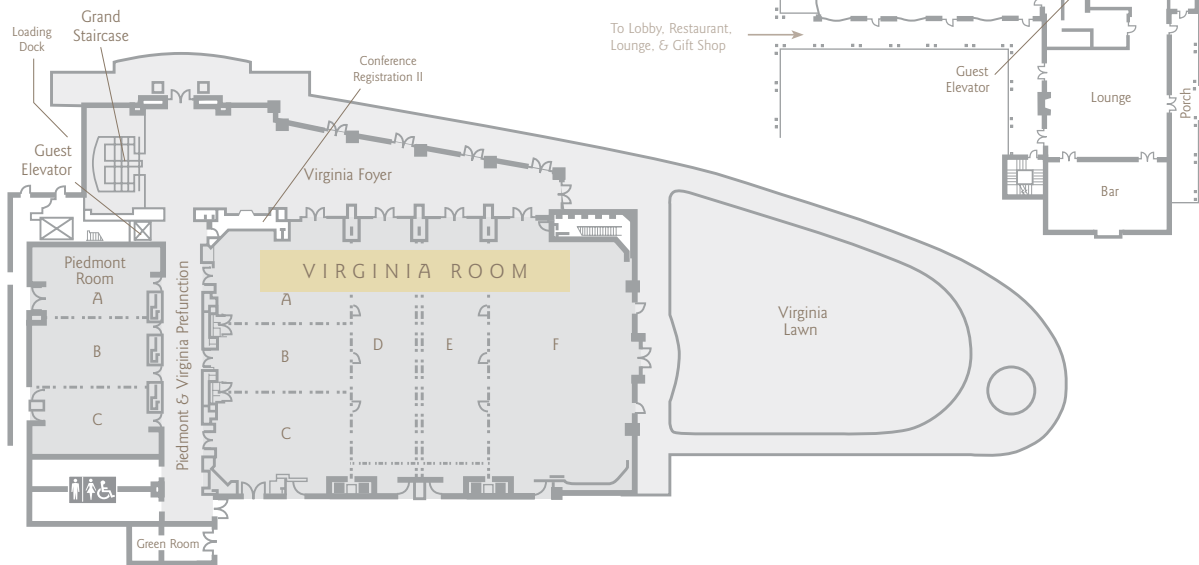
Notes

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CONFERENCE CENTER MAIN LEVEL



CONFERENCE CENTER LOWER LEVEL



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