REGIONAL SCHOOL NUTRITION PROGRAM SPECIALISTS

VDOE Regions

There are eight regions in the state of Virginia with a specialist assigned to each region. The specialists are a valuable resource for school divisions. You may find the specialist for your school division by clicking on the regional map below.

Region 1 Central Virginia – Denise Clark 804-786-7055
View Region Map
Counts: Charles City, Chesterfield, Dinwiddie, Goochland, Hanover, Henrico, New Kent, Prince George, Powhatan, Surry and Sussex
Independent Cities: Colonial Heights, Hopewell, Petersburg and Richmond

Region 2 Tidewater – Suzanne Wood 804-225-2695
View Region Map
Counts: Accomack, Isle of Wight, Northampton, Southampton and York
Independent Cities: Chesapeake, Franklin, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach and Williamsburg

Region 3 Northern Neck – Suzie Kollaja 804-225-2662
View Region Map
Counts: Caroline, Essex, Gloucester, King and Queen, King George, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, Spotsylvania, Stafford and Westmoreland
Independent City: Fredericksburg
Independent Towns: West Point and Colonial Beach

Region 4 Northern Virginia – Karen Howard 804-371-2337
View Region Map
Counts: Arlington, Clarke, Culpeper, Fairfax, Fauquier, Frederick, Loudoun, Orange, Madison, Page, Prince William, Rappahannock, Shenandoah and Warren
Independent Cities: Alexandria, Falls Church, Manassas, Manassas Park and Winchester
Region 5 Valley – Casey Dickinson 804-786-2695
View Region Map
Counties: Albemarle, Amherst, Augusta, Bath, Bedford, Campbell, Fluvanna, Greene, Highland, Louisa, Nelson, Rockbridge and Rockingham
Independent Cities: Buena Vista, Charlottesville, Harrisonburg, Lexington, Lynchburg, Staunton and Waynesboro

Region 6 Western Virginia – Tom Patrick (804) 225-2081
View Region Map
Counties: Alleghany, Botetourt, Craig, Floyd, Franklin, Henry, Montgomery, Patrick, Pittsylvania and Roanoke
Independent Cities: Covington, Danville, Martinsville, Roanoke and Salem

Region 7 Southwest – Sara Silvernail 276-706-8330
View Region Map
Independent Cities: Bristol, Galax, Norton and Radford

Region 8 Southside and Residential Child Care Institutions – Rasa Lakas 804-225-2433
View Region Map
Counties: Amelia, Appomattox, Brunswick, Buckingham, Charlotte, Cumberland, Greensville, Halifax, Lunenburg, Mecklenburg, Nottoway and Prince Edward